



Allergy & Immunology Associates of Ann Arbor



Medications to Discontinue before Skin Testing

These are the most common medications that may interfere with skin testing

Antihistamines:

Discontinue for 1 week

Zyrtec (Cetirizine)	1 week
Xyzal (Levocetirizine)	1 week
Claritin (Loratadine)	1 week
Allegra (Fexofenadine)	1 week
Atarax (Hydroxyzine)	1 week
Clarinox (Desloratadine)	1 week
Periactin (Cyproheptadine)	1 week
Sinequan (Doxepin)	1 week
Tavist (Clemastine)	1 week

Discontinue 72 Hours:

Benadryl (diphenhydramine)	72 hours
Chlorpheniramine Maleate	72 hours
Phenergan (Promethazine)	72 hours

***Check any cold medications to make sure they contain NO Diphenhydramine**

Medication that CAN be continued:

All asthma Inhalers
Flonase, Nasacort, Qnasl, Veramyst, and Zetona
Prednisone (all steroids okay)
Singulair (Montelukast)
Theophylline
Vicks Formula 44
Creams are OKAY, not on back day of appt.

Antacids:

Discontinue for 72 hours

Cimetidine	72 hours
Pepcid (Famotidine)	72 hours

Eye Drops:

Bepreve	24 hours
Optivar	24 hours
Pataday	24 hours
Patanol	24 hours
Zaditor	24 hours

Nasal Spray:

Astelin (Azelastine)	72 hours
Astepro	72 hours
Dymista	72 hours
Patanase (Olopatadine)	72 hours