



Amazing Smiles

FAMILY DENTISTRY



December Newsletter 



Thank you

Thanks to your generous donations, our November Can-a-thon was a success! We were able to donate several boxes of canned goods to families in need. Thank you!

Annual Toy Drive

 *It's the most wonderful time of the year!*  Or at least it is at Amazing Smiles – and that's because we finally get to participate in our annual toy drive again! We are so elated to be in a position to make a difference in someone's life, and we would like to extend that privilege to our wonderful patients as well.

Until December 13th, we will be accepting toys to gift to the children at the Children's Healthcare of Atlanta! Your gift can help brighten the holidays for a much deserving pediatric patient.

*As an additional thank you, when you donate a gift at the time of your appointment, you'll also have the opportunity to spin our holiday wheel to win a guaranteed discount towards your appointment.

Interested but not sure what to get? Below are some gift ideas for patients of all ages:

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➤ **Infants and Toddlers (0-3 years):**

Rattles, Teething Rings, Shape Stackers, Plastic building blocks, Stackable rings, Mamaroo baby swing, Wubbanub pacifier animals, Sound machines

➤ **Pre-school (4-6 years):**

Baby dolls (all ethnicities), Action figures, Medical play kits, Tool play sets, Pre-school learning laptop, Play-doh, Toy phones and cameras, Play food sets

➤ **School age (7-12 years):**

Slime, Legos, Barbies (all ethnicities), Jewelry kits, Art kits, Playing cards, Hot wheel cars, Crayola crayons, Markers, New release DVDs, "I-Spy" books

➤ **Adolescents and young adults (13-21 years):**

Advanced level coloring books, Fidget toys, Advanced level art/painting kits, Headphones, Bath n' Body works products, Journals, Sketchbooks, Chargers, PlayStation 4 & Xbox ONE games (no mature ratings) and controllers

Please keep in mind that, for safety purposes, all gifts must be new and unwrapped.

Holiday Closure Dates

Our office will be closed for a holiday break on the following dates. If you need to contact our office, please do so before Thursday, December 23rd. Thank you!

December 23rd – January 4th

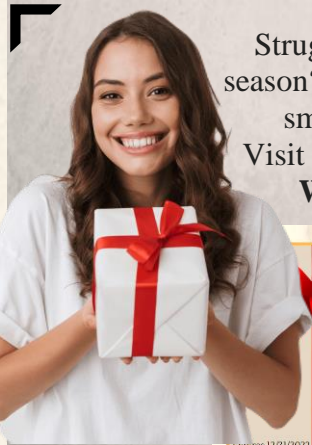
We will return to normal business hours on Wednesday, January 5th, 2022.

We had some great times in 2021, and now the year is through . . .

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Here's to a happy, healthy 2022!



Struggling to find a gift this holiday season? Don't worry! A bright, beautiful smile is always the perfect gift! Visit our office to pick up your **Teeth Whitening Gift Certificate!**



It Should Be About You, too!

Although this time of year can be joyous for many, for others, it can be quite stressful. And while there's emphasis on doing for others this time of year, it's important that you do for yourself as well. Easier said than done, right? Well just in case you're stumped for ideas on how you can treat yourself this holiday season, we thought we'd offer some of our favorite inexpensive self-care gifts:

Epsom Salt Bath

Epsom salt baths have many benefits such as soothing and exfoliating skin, reducing soreness and pain, reducing stress, etc. You can buy Epsom salt at most stores near you (including Target, Walmart, Walgreens and others) and they normally sell for less than \$5. Nothing beats a nice warm bath with relaxing music and soft lighting.

Face Mask Sets

We carry a lot of our stress in our face which can dull the appearance of our skin and leave us feeling less confident. Try investing in a good face mask and enjoy some relaxing quiet time while you have it on. You can get soothing face masks at places like Target for just \$1 each!

A Day Off

We understand that this one might be difficult for some, but if you're able – take a day to yourself, by yourself to do some of the things that bring you joy. We become so overwhelmed by our responsibilities that we forget to actually enjoy life. Trust me, you deserve it!

Thank you

Thank you for another year of trust, loyalty, and amazing smiles as you allow us to care for you, your family, and friends. I know we always say this but that's because we don't want you to forget – your health, happiness, and smiles make even the longest of days worth it.
See you in 2022!