

April Newsletter

www.amazingsmilespc.com



Spring is here! For many of you, this is the time to thoroughly clean your homes of dust and cobwebs, get rid of clutter and let a breath of fresh air into your life. But what about your smile? Even with regular daily brushing and flossing, routine cleanings, or “prophylaxis” (literally “preventive treatment of disease”) at the dentist should be an important part of your spring routine. A twice-annual examination, check-up, and cleaning are highly recommended. In fact, according to the Academy of General Dentistry, getting a professional cleaning a least twice a year has a significant impact on the quality of a person’s long-term oral health. In the case of professional teeth cleaning, an ounce of prevention is worth a pound of cure.

It Makes a Difference!

Regular cleanings, including scaling and polishing by your dentist or hygienist, will remove plaque and tartar (mineralized plaque) which builds up over time and is nearly impossible to remove with regular brushing or flossing. Dentists use special tools or ultrasonic sound waves to help remove plaque or tartar. Without a regularly scheduled cleaning, plaque and tartar can attack the gums, which can lead to gingivitis and a number of other complications.

Professional cleanings and routine exams can also bolster your at-home dental hygiene routine and give your dentist a chance to take a close look at your mouth to ensure that you don’t have any problems that have gone undetected.

On top of keeping your smile squeaky clean and making sure your oral health is in check, a professional cleaning appointment gives you the opportunity to have a conversation with your dentist about your daily dental routine or any concerns you may have. Regular exams and cleanings can give your dentist a good idea of what your habits are, allowing them to suggest changes you can make to improve your oral health. Take time for yourself and your teeth – schedule a spring cleaning appointment with Amazing Smile Family Dentistry and keep your smile bright!

April 16-22nd
Downtown Newnan Restaurant Week

April 20 8pm-10pm
Meteor Shower - Downtown Newnan

April 21 5pm-9pm
Senolia Alive After Five

April 22nd 8:30am - 1:30pm
Senolia Farmers Market

April 22nd 10:30am- 12:00pm
Fashion Faux Paw Show & Brunch
Senolia

www.mainstreetnewnan.com/events

BE A PART OF THE CLUB!!! The Cavity FREE Kids Club

Now you can get rewarded for doing your dental homework - Brush, Floss and use Listerine!
If you get a good checkup with NO CAVITIES, you can enter in our monthly drawing (divided into 2 age groups) for an awesome prize. You will also receive a certificate.

It's BACK!

We've Missed Providing our patients our monthly newsletter.

The newsletter is intended to inform, educate, and definitely be FUN too.



Hygienists, *Janet & Susan* recently attended the Hinman Dental Society Annual Meeting. Amazing Smiles Family Dentistry is dedicated to keeping up with all the latest in dental techniques ensuring our patients receive only the best.

Fun Fact: *The average human produces 100,000 gallons of saliva during their lifetime!*

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