

Amazing Smiles FAMILY DENTISTRY

January Newsletter

Upcoming National Days in January

Monday, January 24th Compliment Day

Make someone feel special with this simple act of kindness. A single compliment can better someone's entire day.

Wednesday, January 26th National Spouses Day

Show your spouse how much you appreciate them with a small gift or gesture.

Friday, January 28th National Blueberry Pancake Day

Who doesn't love a good excuse to stuff your face with sweet deliciousness?



In This Issue >>>

Welcome, 2024! page 1

o Get to Know Your Hygienist page 2

o Amazing Smiles Game! Word Search page 3

o And more!

Follow us on social for updates, promotions, results photos and more!





AmazingSmilesPC @amazingsmilesnewnan

Welcome 2024!

Welcome, 2024! We still have no idea how we got here so quickly, but we're glad to be here nonetheless. And we all know what a new year means... new resolutions! And because we want to encourage you all to meet your personal goals, we'll share our "secrets to success":

1. Slow and Steady Wins the Race

As cliché as this may be, there is truth behind it. It can sometimes be difficult to stick with our resolutions because we aim to make immediate drastic changes in our lives that significantly differ from our normal routines and habits. However, in order to adopt new habits and remain consistent, we have to gradually increase our tolerance for this new behavior. For example, if you never went to the gym in 2023, is it realistic that you'll go every day in 2024? Probably not. But that doesn't mean it has to be all or nothing. Start by going 2-3 times a week until that becomes habitual – then move up to 3-4 times, then 4-5 times, and so on.

2. Be Kind to Yourself

Every step forward puts you closer to your goal. Celebrate your accomplishments, big or small. You'll increase your morale, continue to grow, and establish a better relationship with yourself.

So, here's to a great year! We can't wait to see all of your amazing smiles again!!



"Amaz ing experience. Very friendly and ac commo dating.
Dr. Chubb and her team answered all my questions. Very thorough on everything. I was in great hands. Overall just awesome."

- Google Review, 5 stars





Susan "The Friend"

Susan is Amazing Smiles'

newest hygienist. Her
relatable personality often
leaves patients feeling like
they're talking to a good
friend. When Susan's not at
the office, she enjoys playing
tennis, visiting the beach, or
spending time with her three
pups: Copper, Little Bit, and
Charlie!





Janet is Amazing Smiles'

Jokester – her humorous
personality and banter causes
laughter heard throughout
the office. On her free time,
she enjoys baking, shopping,
and taking an occasional
relaxing nap. She is originally
from New York.

水水水水水

"Love Dr. Chubb and her practice. Everyone is very professional, nice and caring. My husband and I have been patients for 13+ years, simply the best dentist I have ever had and trust me I don't enjoy going to the dentist, but I know every time I'm in such a great hands. Dr. Chubb has the softest hands a dentist can have. She is truly an artist and the best at what she does.

150% Recommended!"

- Google Review, 5 stars





Jennifer"The Sweetheart"



Jennifer is the sweetheart of
Amazing Smiles! "Thank you,
thank you" is her catch
phrase so make sure to listen
out for it if you have the
privilege of meeting her.
Jennifer loves food, sweets,
and tattoos – would you
believe she has 9 of them?!





If you enjoyed your experience at our practice, and would like to share that with others, please leave us a review on Google! Your reviews help us to better meet your needs, and put smiles on more faces.



Word Search

Do you have what it takes to solve the puzzle below?

Use the key below to find the words in the word search. (Hint: words can be up, down, and even diagonal).

CAVITIES SEALANT
DENTIST SMILE
FLOSS TEETH
FLUORIDE TOOTHBRUSH
GUMS TOOTHPASTE

G 8 S E M M Ξ ī 00 \mathbb{W} W Ũ M G Z S S M S B M

