

# OCTOBER 2023 NEWSLETTER

## Amazing Smiles

### FAMILY DENTISTRY



#### Halloween Candy Tip...

It's often said that eating too much sugar will give you cavities - but would you be surprised to learn that sugar itself is not the culprit?

Cavities form when the bacteria in your mouth uses the carbohydrates left over from your food to create plaque. Plaque erodes your enamel (your teeth's protective barrier) allowing the decaying process to begin - making plaque the real culprit. However, candy and other hard sugars can get stuck on and in between your teeth, making it harder for your saliva to wash away those plaque causing carbohydrates.

So, whereas your Halloween sweets might not be the direct culprit behind your tooth decay, they certainly play a large role. Brushing and flossing regularly will help prevent plaque buildup, thus helping to prevent the process of decay.



## Happy Dental Hygiene Month

October is Dental Hygiene Month!

Dental hygiene is essential for ensuring your overall health and well-being, and we just want to say thank you to our amazing patients for continuously prioritizing it.

**To celebrate Dental Hygiene Month, we will be giving away a FREE Health-Tec Sonic Power Toothbrush! When you come into the office for an appointment in the month of October, you can enter the raffle to win this helpful dental hygiene tool!**

### Follow Us on



Amazing Smiles Fabulous Hygienists

## WHAT'S HAPPENING

### *2nd Annual Trunk or Treat*

Sat., Oct. 14th 5-8

Detail Garage & Auto Detailing  
172 Bullsboro Dr.

### *Ghouls Night Out*

### *Halloween Costume Party*

Fri., Oct 27th 7-10

Line Creek Brewing the reserve  
18 Savannah Street

### *2nd Annual Halloween Party*

### *& Costume Contest*

Friday, Oct. 20th 4-6

Newnan Carnegie Library

### *Witches Night Out*

Fri., Oct 27th 5-9

Downtown Newnan

### *Toddler Halloween Craft Day*

Thurs., Oct. 26th 10-11

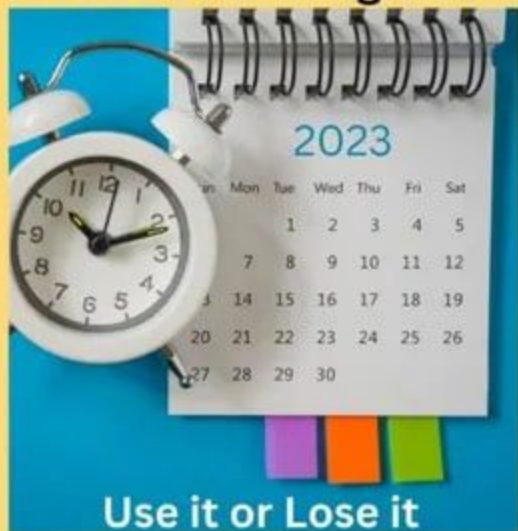
Newnan Carnegie Library

### *2023 Trunk & Treat*

Sat., Oct. 28th 9-11am

Senoia Police Dept.

### **Time's Running Out**



Don't Let Your Unused  
2023 Dental Benefits Go  
to Waste!

### *Munchkin Masquerade*

Tues., Oct. 31st 10-12

Downtown Fashion 50 Bullsboro Dr.



Our office will be open 2 Fridays a month to allow  
patients ability to be seen before years' end.  
Limited Availability