



at

Hildebrand Care Center

Recovery & Better Living

Powerback Rehabilitation offers outpatient therapy services to the community so you can get back to doing what you love most.

Physical Therapy helps with:

- Balance, walking issues
- Preventing falls
- Improved joint mobility and less pain
- Increased activity capacity
- Easier movements/transfers
- Reducing assistance needs
- Pain management



Occupational Therapy helps with:

- Activities of Daily Living (ADLs) like bathing and dressing
- Instrumental Activities of Daily Living (iADLs) like cooking and medication management
- Home safety concerns and modifications
- Adaptive equipment needs
- Regaining independence at home and in the community
- Return to safe driving



Speech Therapy helps with:

- Swallowing difficulties
- Speech and hearing problems
- Memory and orientation issues
- Changes in vocal quality or volume of voice
- Cognitive challenges: word-finding, direction-following, problem-solving



To learn more about insurance eligibility or to schedule an appointment, contact us today.

Hildebrand Care Center
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