

## Iowa – Mobile Crisis Care Options

When someone is experiencing a severe mental health crisis, they may need face-to-face response urgently. Mobile crisis providers will respond to wherever the crisis is occurring in the local community and will work to stabilize individuals in their home setting.

The providers listed below represent all available mobile crisis providers in the state – areas they operate in, phone number, hours of operation, and ages served. Areas without mobile crisis services are not listed.

|                                         |                |                                           |                |
|-----------------------------------------|----------------|-------------------------------------------|----------------|
| <b>Hillcrest Family Services</b>        |                | <b>Inside Out Wellness and Advocacy</b>   |                |
| <b>Contact</b>                          | 1-855-800-1239 | <b>Contact</b>                            | 1-844-428-3878 |
| <b>Hours of Operation</b>               | 24/7           | <b>Hours of Operation</b>                 | 24/7           |
| <b>Ages Served</b>                      | All ages       | <b>Ages Served</b>                        | All ages       |
| <b>Plains Area Mental Health Center</b> |                | <b>Seasons Center</b>                     |                |
| <b>Contact</b>                          | 1-888-696-2896 | <b>Contact</b>                            | 1-844-345-4569 |
| <b>Hours of Operation</b>               | 24/7           | <b>Hours of Operation</b>                 | 24/7           |
| <b>Ages Served</b>                      | All ages       | <b>Ages Served</b>                        | All ages       |
| <b>Siouxland Mental Health Center</b>   |                | <b>Southern Iowa Mental Health Center</b> |                |
| <b>Contact</b>                          | 1-888-696-2896 | <b>Contact</b>                            | 1-855-581-8111 |
| <b>Hours of Operation</b>               | 24/7           | <b>Hours of Operation</b>                 | 24/7           |
| <b>Ages Served</b>                      | All ages       | <b>Ages Served</b>                        | All ages       |
| <b>Your Life Iowa</b>                   |                |                                           |                |
| <b>Contact</b>                          | 1-855-581-8111 |                                           |                |
| <b>Hours of Operation</b>               | 24/7           |                                           |                |
| <b>Ages Served</b>                      | All ages       |                                           |                |

## Counties Served

| County      | Provider Name                      | County    | Provider Name                      |
|-------------|------------------------------------|-----------|------------------------------------|
| Adair       | Inside Out Wellness and Advocacy   | Iowa      | Your Life Iowa                     |
| Adams       | Inside Out Wellness and Advocacy   | Jackson   | Your Life Iowa                     |
| Allamakee   | Your Life Iowa                     | Jasper    | Your Life Iowa                     |
| Appanoose   | Southern Iowa Mental Health Center | Jefferson | Your Life Iowa                     |
| Audubon     | Inside Out Wellness and Advocacy   | Johnson   | Your Life Iowa                     |
| Benton      | Your Life Iowa                     | Jones     | Your Life Iowa                     |
| Black Hawk  | Your Life Iowa                     | Keokuk    | Your Life Iowa                     |
| Boone       | Your Life Iowa                     | Kossuth   | Your Life Iowa                     |
| Bremer      | Your Life Iowa                     | Lee       | Your Life Iowa                     |
| Buchanan    | Your Life Iowa                     | Linn      | Your Life Iowa                     |
| Buena Vista | Plains Area Mental Health Center   | Louisa    | Your Life Iowa                     |
| Butler      | Your Life Iowa                     | Lucas     | Inside Out Wellness and Advocacy   |
| Calhoun     | Plains Area Mental Health Center   | Lyon      | Seasons Center                     |
| Carroll     | Plains Area Mental Health Center   | Madison   | Your Life Iowa                     |
| Cedar       | Your Life Iowa                     | Mahaska   | Southern Iowa Mental Health Center |
| Cerro Gordo | Your Life Iowa                     | Marion    | Inside Out Wellness and Advocacy   |

| County     | Provider Name                      | County     | Provider Name                      |
|------------|------------------------------------|------------|------------------------------------|
| Cherokee   | Plains Area Mental Health Center   | Marshall   | Your Life Iowa                     |
| Chickasaw  | Your Life Iowa                     | Mitchell   | Your Life Iowa                     |
| Clarke     | Inside Out Wellness and Advocacy   | Monroe     | Southern Iowa Mental Health Center |
| Clay       | Seasons Center                     | Muscatine  | Your Life Iowa                     |
| Clayton    | Your Life Iowa                     | O'Brien    | Seasons Center                     |
| Clinton    | Your Life Iowa                     | Osceola    | Seasons Center                     |
| Crawford   | Plains Area Mental Health Center   | Palo Alto  | Seasons Center                     |
| Dallas     | Inside Out Wellness and Advocacy   | Plymouth   | Seasons Center                     |
| Davis      | Southern Iowa Mental Health Center | Pocahontas | Plains Area Mental Health Center   |
| Decatur    | Inside Out Wellness and Advocacy   | Poweshiek  | Your Life Iowa                     |
| Delaware   | Your Life Iowa                     | Ringgold   | Inside Out Wellness and Advocacy   |
| Des Moines | Your Life Iowa                     | Sac        | Plains Area Mental Health Center   |
| Dickinson  | Seasons Center                     | Scott      | Your Life Iowa                     |
| Dubuque    | Hillcrest Family Services          | Sioux      | Seasons Center                     |
| Emmet      | Seasons Center                     | Story      | Your Life Iowa                     |
| Fayette    | Your Life Iowa                     | Tama       | Your Life Iowa                     |
| Floyd      | Your Life Iowa                     | Union      | Inside Out Wellness and Advocacy   |
| Franklin   | Your Life Iowa                     | Van Buren  | Your Life Iowa                     |
| Greene     | Your Life Iowa                     | Wapello    | Southern Iowa Mental Health Center |
| Grundy     | Your Life Iowa                     | Warren     | Your Life Iowa                     |
| Guthrie    | Inside Out Wellness and Advocacy   | Washington | Your Life Iowa                     |
| Hamilton   | Your Life Iowa                     | Wayne      | Inside Out Wellness and Advocacy   |
| Hancock    | Your Life Iowa                     | Webster    | Your Life Iowa                     |
| Hardin     | Your Life Iowa                     | Winnebago  | Your Life Iowa                     |
| Henry      | Your Life Iowa                     | Winneshiek | Your Life Iowa                     |
| Howard     | Your Life Iowa                     | Woodbury   | Siouxland Mental Health Center     |
| Humboldt   | Plains Area Mental Health Center   | Worth      | Your Life Iowa                     |
| Ida        | Plains Area Mental Health Center   | Wright     | Your Life Iowa                     |