



Get started with Teladoc

It's quick and easy to set up your account online. Visit the Teladoc® website and click "Set up account". Then follow the instructions below.

The screenshot shows the Teladoc registration process. At the top, there's a 'CANCEL REGISTRATION X' button and a progress bar with three steps: '1. Check Eligibility', '2. Enter Account Information', and '3. Next Steps'. The main heading is 'Let's begin with a few basics'. The form includes fields for 'FIRST NAME', 'LAST NAME', 'EMAIL ADDRESS', 'DATE OF BIRTH', 'PHONE NUMBER', 'GENDER', and 'PREFERRED LANGUAGE'. There are two callout boxes: one for 'Where can I find my username?' and another for 'I cannot find my employer or insurance provider.' At the bottom, there are 'CANCEL' and 'CONTINUE >' buttons.

STEP 1:

Provide your name, contact information, and date of birth.

STEP 2:

If you have a username, choose "Yes" and enter it here. If you don't have a username, choose "No, I don't have a username."

Not all members have a username, so don't worry if you need to select "No."

STEP 3:

Select one of the four options that detail how you found out about Teladoc and enter the requested information.

 [Teladoc.com](https://www.teladoc.com)

 [Facebook.com/Teladoc](https://www.facebook.com/Teladoc)

 [1-800-Teladoc](tel:1-800-Teladoc)

 [Teladoc.com/mobile](https://www.teladoc.com/mobile)