

Anti Cancer Juice

Recipe for 12-16 ounces of Juice

- 1 cucumber
- 2 carrots
- 2 to 3 celery sticks
- 1 apple
- 1 broccoli stem
- ½ beet
- 2 slices of ginger (size of a nickel)
- 4 garlic cloves
- 2 handfuls of spinach or kale
- 1-2 ounces of wheat grass

Gall Bladder Juice (6x a day) + bone broth (1 to 2 quarts a day)

- 2 apples
- 1 beet
- 1 lemon