

MARCH 2026

Monday	Tuesday	Wednesday	Thursday	Friday
9:15-10:00 SMILE 9:15-10:00 Asian Exercise 9:15-10:00 Bodyweight Basics 9:30-2:00 Sawdust for Beginners 10:15-11:00 Functional Training 10:30-11:30 What Do Jesus, Lao Tzu, Buddha & Krishna Have in Common? 12:30 Bridge 12:30 Hand & Foot 12:30 Poker 1:00-3:00 Quilters	9:20-11:30 Attorney 9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dance 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15 Memory Loss Support Group 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-12:30 AARP Tax Prep (by appointment) 9:30-11:30 Open Woodshop 10:00 - Creative Crafts 10:15-11:00 Functional Training 10:30-11:30 Beginners Yoga 12:00 Mah Jongg 1:30 UH Hot Topic: Spring Cleaning Your Medicine Cabinet	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-10:30 Beginner Tap Dancing 10:00-11:30 Bunco 10:30-11:30 Intermediate Tap Dancing 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00 ILR: <u>The Birth of Flight; The Wright Brothers Story</u> 1:00-3:00 Knit/Crochet 1:30-2:30 Chair Yoga	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-1:30 AARP Driving Safety Program 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo
2	3	4	5	6
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 9:30-2:00 Sawdust for Beginners 10:15-11:00 Functional Training 10:30-11:30 What Do Jesus, Lao Tzu, Buddha & Krishna Have in Common? 12:30 Movie Matinee: <u>Song Sung Blue</u> 12:30 Bridge 12:30 Hand & Foot 12:30 Poker No Quilters	Historical Churches of Cleveland Trip 9:15-1:00 Medicare Counseling 9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00 Hearing Aid Service 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing/10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 AARP Tax Prep (by appointment) 9:30-3:00 Virtual Dementia Tour (by appointment) 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30 Pilates for Seniors 12:00 Mah Jongg 1:00-3:30 Beginners Drawing (New) 1:15-1:35 Mobile Post Office	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-10:30 Beginner Tap Dancing 10:00-11:30 Bunco 10:30-11:30 Intermediate Tap Dancing 10:45-11:45 Yoga 11:30-1:00 St. Patrick's Drive-Thru Lunch 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00 Zentangle 1:30-2:30 Chair Yoga	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15 Benefits Check Up 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo
9	10	11	12	13
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 10:30-11:30 What Do Jesus, Lao Tzu, Buddha & Krishna Have in Common? 12:30 Bridge 12:30 Hand & Foot 12:30 Poker 1:00-3:00 Quilters	No Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-12:30 AARP Tax Prep (by appointment) 10:00 Outback Ray Animal Show 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30-11:30 Beginners Yoga 12:00 Mah Jongg 1:00 Tech with Teens 1:00-3:30 Beginners Drawing	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 9:30-10:30 Beginner Tap Dancing 10:00-11:30 Bunco 10:30-11:30 Intermediate Tap Dancing 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:30-2:30 Chair Yoga	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo
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9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:00 Pokeno 10:15-11:00 Functional Training 10:30-11:30 What Do Jesus, Lao Tzu, Buddha & Krishna Have in Common? 12:30 Movie Matinee: <u>Wicked for Good</u> 12:30 Bridge/Hand & Foot 12:30 Poker 1:00-3:00 Quilters 2:30 Book Discussion (Strongsville Library)	9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00 The Joyful Home (Organizing) 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 School Bond Lunch 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-2:30 Low Vision Connection	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-12:30 AARP Tax Prep (by appointment) 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30 Pilates for Seniors 12:00 Mah Jongg 12:00 Cook with Chef Fred 1:00-3:30 Beginners Drawing	9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00 Zentangle 1:30-2:30 Chair Yoga	Let's Hang On: Frankie Valli Tribute Trip 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor Painting 10:00-11:20 Attorney 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30 Poker 12:30-3:00 Bingo
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9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:00 Webinar: History of Food 10:15-11:00 Functional Training 12:30 Bridge 12:30 Hand & Foot 12:30 Poker 1:00-3:00 Quilters	9:15-10:00 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00-10:30 Beginner Line Dancing 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers			
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