



DECEMBER 2025



Monday	Tuesday	Wednesday	Thursday	Friday
9:15-10:00 SMILE 9:15-10:00 Asian Exercise 9:15-10:00 Bodyweight Basics 10:15-11:00 Functional Training 10:30-11:30 The Cost of Resistance 12:30 Movie Matinee - "It's a Wonderful Life" 12:30 Bridge 12:30 Hand & Foot 12:30-4:30 AARP Driver Safety Class 1:00-3:00 Quilters	9:20-11:30 Attorney 9:30-10:15 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00 Beginner Line Dancing 10:30-11:30 Line Dance 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15 Memory Loss Support Group 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 - Creative Crafts 10:15-11:00 Functional Training 10:30-11:30 Beginners Yoga 12:00 Mah Jongg 1:30 UH Hot Topic: Holiday Health Tips	9:30-10:15 Express Circuit 9:30-11:30 Open Woodshop No Watercolor Painting 10:00-11:30 Bunco 10:00-11:30 Mini Health Screening Clinic 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00 Webinar: For the Love of Mars (pre-recorded showing at Senior Center) 1:00 Zentangle 1:00-3:00 Knit/Crochet 1:30-2:30 Chair Yoga	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop No Watercolor Painting 10:15-11:00 Functional Training 11:00 Rotary Christmas Lunch (Doors open at 10:30am) 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30-3:00 Bingo 1:00-3:30 Beginners Drawing
1	2	3	4	5
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 10:30-11:30 The Cost of Resistance 12:30 Bridge 12:30 Hand & Foot 1:00-2:30 Silver Mustangs Holiday Event (Doors open at 12:45pm) No Quilters	No Medicare Counseling 9:30-10:15 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00 Hearing Aid Service 10:30-11:30 Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 12:40 Mobile Post Office 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	JKL Holiday Lights Tour 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30 Pilates for Seniors 12:00 Mah Jongg	9:30-10:15 Express Circuit 9:30-11:30 Open Woodshop No Watercolor Painting 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00 Zentangle 1:30-2:30 Chair Yoga 7:00 Celebration Handbell Choir	9:15-10:00 SMILE 9:15 Benefits Check Up 9:15-10:00 Bodyweight Basics 10:00-11:30 Attorney 9:30-11:30 Open Woodshop No Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30-3:00 Bingo
8	9	10	11	12
Olgebay & Casino Trip 9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 12:30 Movie Matinee - "Miracle on 34 th Street" 12:30 Bridge 12:30 Hand & Foot 1:00-3:00 Quilters	9:30-10:15 Express Circuit 9:30 Pinochle Instruction (by appointment) 10:00 History of Cleveland Media 10:30-11:30 Yoga 10:30-11:30 Line Dancing 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop 10:00 Creative Crafts 10:15-11:00 Functional Training 10:30-11:30 Beginners Yoga 12:00 Mah Jongg 1:00 TechKNOWledgy with TEENS	9:30-10:15 Express Circuit 9:30-11:30 Open Woodshop No Watercolor Painting 10:00-11:30 Bunco 10:45-11:45 Yoga 11:30-12:15 SMILE 12:30-1:15 Flex, Movement & Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:30-2:30 Chair Yoga	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop No Watercolor Painting 10:15-11:00 Functional Training 11:00-12:00 Mah Jongg Instruction (by appt.) 12:30 Open Play 12:30 Mexican Train 12:30-3:00 Bingo
15	16	17	18	19
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:00 Pokeno 10:15-11:00 Functional Training 12:30 Bridge 12:30 Hand & Foot 1:00-3:00 Quilters No Book Discussion (Strongsville Library)	9:30-10:15 Express Circuit 9:30 Pinochle Instruction (by appointment) No Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers No Low Vision Connection	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop No Creative Crafts 10:15-11:00 Functional Training 10:30 Pilates for Seniors No Mah Jongg No Medicare Counseling Lunch pick up by 12 noon Senior Center Closes at 1pm 		
22	23	24	25	26
9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:15-10:00 Asian Exercise 10:15-11:00 Functional Training 12:30 Bridge 12:30 Hand & Foot 1:00-3:00 Quilters	9:30-10:15 Express Circuit 9:30 Pinochle Instruction (by appointment) No Line Dancing 10:30-11:30 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Flex, Movement & Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers	9:15-10:00 SMILE 9:15-10:00 Bodyweight Basics 9:30-11:30 Open Woodshop No Creative Crafts 10:15-11:00 Functional Training 10:30 Pilates for Seniors No Mah Jongg Lunch pick up by 1:00pm 		
29	30	31		