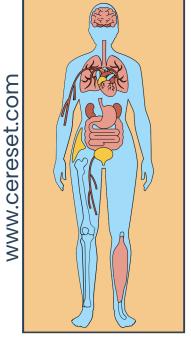






and why the brain may be your best defense against health risks

75%-90% of all doctor's office visits are for stress-related ailments and illnesses. - WebMD



Medical textbooks attribute **50%-90%** of all diseases to stress-related origins.

-Stanford Medical



03

**48%** of people have trouble sleeping due to stress.

- American Institute of Stress

77% of people experience stress that affects their physical health.
- American Institute of Stress

04



O5 Stress is regulated by the brain. Cereset helps the

brain to release stress and reset, which naturally supports overall health and brain function.

we help your brain help you.