

Alpine Meadows Assisted Living  
1695 S. Locust Grove Road  
Meridian, Idaho 83642

Postage  
Information

Paws and Purrs



It doesn't get any cuter than March 23, when it is both Cuddly Kitten Day and National Puppy Day. The debate between cat people and dog people rages on. At the Westminster Dog Show, dog authorities argue that they are outgoing while cat people are more aloof. Cat owners over at the Black Diamond Cat Show say they are more intelligent and independent than their dog-owning counter parts. According to researchers, dog people are more extroverted and agreeable. Cat lovers are a bit less traditional and more artistic. Though both parties love to cuddle.



March Birthdays

Those born from March 1–20 are Pisces, the Fish. Like fish, Pisces like to go with the flow in an easygoing manner, but on the inside, they are intuitive, intensely spiritual, and deeply emotional. If you were born between March 21–31, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders. Their enthusiasm and confidence mean they have big and outgoing personalities.

- Dr. Seuss (author) – March 2, 1904
- Lou Costello (comedian) – March 6, 1906
- Sam Donaldson (journalist) – March 11, 1934
- Glenn Close (actress) – March 19, 1947
- Gordie Howe (hockey player) – March 31, 1928
- Mary Lou Fermentel – March 2<sup>nd</sup>
- Harriet Mitchel – March 9<sup>th</sup>
- George Bodensteiner – March 14<sup>th</sup>
- Gladys Childers – March 25<sup>th</sup>

March 2024

Alpine Meadows

www.alpinemeadowsidaho.com

208-888-0090

Welcome Spring



Celebrating March

Irish American Heritage  
Month

Scenic Treasures  
March 6

Folk Song Favorites with  
Gayle Chapman  
March 6

Sheri's Craft Club  
March 9

Country Store and Auction  
March 15

Kilarney's Irish Dance!  
March 16

Majestic Movies  
March 20

Wii Bowling Tournament  
March 21

Radio Days presents:  
The Life of Riley  
March 23

Delightful Dining  
March 27

Easter Egg Hunt!  
March 29

"Pi" Party Prep

March 14 marks a unique celebration—Pi Day! It honors the mathematical constant pi ( $\pi$ ) because the first three digits, 3.14, match the date. It is also recognized as the International Day of Mathematics, a celebration of the universal language of numbers. In addition, this busy day also pays homage to the genius behind the theory of relativity, Albert Einstein, who was born on March 14, 1879. Ironically, the fact that Einstein's birthday is widely celebrated might not have pleased the esteemed scientist, who once said, "It is a known fact that I was born, and that is all that is necessary."

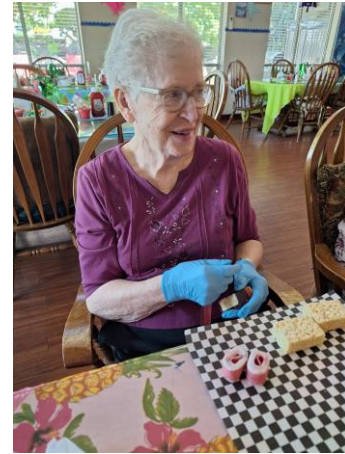
This celebration is a chance to marvel at how math permeates our world. From the spirals of galaxies to the curves of flower petals, mathematical principles govern the very fabric of nature. March 14 is a day to appreciate the sheer delight of numbers, which transcend cultural and language barriers. It's a reminder that math isn't just about calculus or algebra, endless equations to mind-bending theories; it's about the joy of patterns, puzzles, and the universal language that connects us all. It is the basis of the wonders of the universe—the rhythm of the stars, the shapes of nature, and the logic that powers innovation.

As you munch on a piece of banana cream or homemade blueberry pie to celebrate Pi Day, raise a glass and toast to Einstein's legacy.





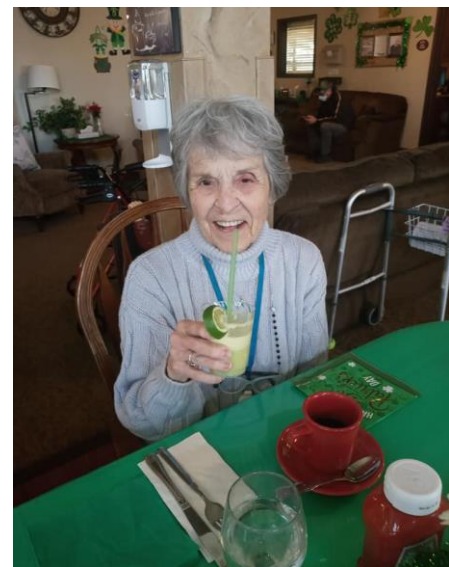
## Senior Shenanigans



### Notable Quotable

*"Today was good. Today was fun. Tomorrow is another one."*

~ Dr. Seuss (born March 2, 1904)



## Resident of the Month: Meredith L. Henry Sr.

Meredith was born in 1940 to John and Fern Henry in Minnesota. Meredith is the 3<sup>rd</sup> son of 7 boys that John and Fern reared. No girls in the bunch. 😊

In 1955, the Henry's moved to Nampa, Idaho, where Meredith attended Nampa Christian High School and began dating Connie Pilcher. The two soon married and started a family, raising 3 children: Kandis, JoAnn and Meredith, Jr. (aka Butch). They divorced in 1968.

Meredith met and married Mary of Payette in 1969. Mary has a daughter Marci and they brought the two groups of children together. In 1972, Meredith and Mary moved to New Meadows, Idaho where they had long careers in the timber and food service/tavern industries. Mary tended to the Pineridge Store and Meredith owned and operated his logging truck and snow removal business.

As retirement neared, they moved to their home in Payette to be closer to family and health care providers in early 2000. Mary passed away in 2011 and Meredith has been retired and living at their home in Payette until early 2024.

Meredith has a lot of things he has enjoyed in retirement; including playing his guitar and singing true country songs his entire adult life. He is also a skilled mechanic and woodworking fanatic and has retained two of his many auto restoration projects, a 1923 Model T Ford and a 1953 Ford Coupe. Don't try and wrangle the keys away from him for those two babies!

