

NJ Homemaker-Home Health Aide (CHHA) Training Program

NJ CHHA Courses

About Advance Directives	Common Respiratory Conditions in the Older Adult
About Infection Control and Prevention	Commonly Used Mobility Devices
About Infection Control and Prevention Proficiency Check	Communication and Professional Relationships
About Postmortem Care	Companion Homemaker: Roles and Responsibilities
About Privacy and Confidentiality for Non-HIPAA Covered Entities	Companion Homemaker: Safety and Housekeeping
About the Cardiovascular System	Core Values and Teamwork for the Caregiver
About the Nervous System	Cultural Diversity and the Older Adult
About the Urinary System	Customer Service in Home Health
About Vision Loss	Dementia Care: Effective Communication
Abuse: Preventing, Recognizing, and Reporting	Dementia: An Overview for Home Caregivers
Abuse: Preventing, Recognizing, and Reporting Proficiency Check	Diabetes: An Overview
Aging and Body Systems	Dietary Considerations and Meal Preparation for Older Adults
Alternative Feeding Methods in the Home	Discussions on Grief, Loss, Death, and Dying
Assisting Individuals with IADLS	Disposing of Medical Waste in the Home
Assisting with Personal Care	Doing the Right Thing: Ethical Conduct in the Home
Assisting with Proper Positioning	Duties of a Home-Based Caregiver
Assisting with Toileting - Bedpan	Effectively Communicating With Individuals Who are Hard of Hearing
Assisting with Transfers and Ambulation	Elimination and Toileting
Basics of Fire Safety	Emergency Preparedness: Home-Based Care Providers
Basics of Medication Management	Fire Safety: The Basics Proficiency Check
Basics of Personal Protective Equipment	First Aid for Home Caregivers
Basics of Personal Protective Equipment Proficiency Check	First Aid: Section 1
Basics of Tuberculosis	First Aid: Section 2
Bed Rest Essentials	Flexibility and Mobility: A Guide to Range of Motion
Bias in Healthcare	Following Plans of Care
Care and Treatment at End of Life	Food Safety in the Home
Caring for Individuals with Epilepsy and Seizures	Grief and Loss: Caregivers and Family
Caring for Individuals with Heart Failure	Growth and Development Through the Lifespan
Caring for Those with Cognitive Impairment	Hand Hygiene Basics
Common Chronic Conditions in the Geriatric Population	Handling Aggressive Behaviors
Common Diseases of the Digestive System	HIV: The Basics
Common Disorders of the Immune System	Home Care: Assisting with Self-Administration of Medications
Common Infectious Conditions in LTC	Home Electrical Safety

Current course listing. Course listing is subject to change as updates are made. Individual courses may appear in multiple categories.

Home Health Essentials: Recognizing and Responding to Behaviors
 Home Health Regulatory Compliance
 Home Health Regulatory Requirements
 How to Recognize and Report Skin Conditions
 Importance of Rest and Sleep
 Infant and Child Care: Basic Physical Needs
 Infant and Child Care: Family Dynamics
 Infant and Child Care: Safety
 Infant and Child Care: The Role of the Home Care Aide
 Infection Control for Home-Based Care Providers
 Infection Control: Key Concepts and Practices
 Introduction to Healthcare Settings
 Introduction to Home Health for the Non-Licensed Direct Care Worker
 Introduction to the Integumentary System
 Maintaining a Safe Home Environment
 Managing Aggressive Behaviors
 Managing Malnutrition and Dehydration
 Managing Malnutrition and Dehydration Self-Paced
 Managing Urinary Incontinence
 Measuring and Recording Vital Signs
 Measuring Urinary Output From a Drainage Bag
 Natural Disasters and the Workplace: Hurricanes
 New Jersey CHHA Final Test
 Nutrition and Hydration Basics
 Observation and Reporting for the Home Caregiver
 Observing, Reporting, and Documenting
 Palliative Care at End of Life
 Performing Safe Transfers
 Personal Care
 Preventing and Managing Accidents
 Preventing Constipation and Fecal Impaction
 Preventing Hepatitis Infections
 Prevention of Back Injuries
 Promoting Independence for Older Adults
 Promoting Mobility in the Home
 Proper Application of Elastic Stockings
 Proper Use of Oxygen
 Protecting Client Rights in Home Care
 Protecting the Rights of Clients in Home-Based Care
 Providing Care at End of Life

Reporting Incidents
 Respecting Boundaries: Professional Conduct in the Home
 Restorative Nursing: Framework for CNAs
 Role of the Home Care Caregiver
 Routines and Consistency for Comfort in the Home
 Safe Use of Mechanical Lifts
 Safeguarding Resident Rights in Nursing Facilities
 Skills for Effective Communication
 Skin and Foot Care in Diabetes
 Staying Safe in the Kitchen
 The Home Health Aide: More Than a Job
 Understanding HIV/AIDS
 Understanding Nutrition and Hydration
 Understanding the Digestive System
 Understanding the Endocrine System
 Understanding the Musculoskeletal System
 Understanding the Reproductive System
 Understanding the Respiratory System
 Understanding the Skin and Pressure Injuries
 Understanding Why Falls Happen at Home
 Use of Cultural Competence in Home Care
 Use of DME in the Home
 Working with Families and Children
 Working with Individuals after a Stroke
 Workplace Emergencies and Natural Disasters: An Overview
 Workplace Emergencies and Natural Disasters: An Overview
 Proficiency Check
 Workplace Harassment for Home Care Employees
 Workplace Safety: Identify Hazards in the Home
 Workplace Violence for the Home Caregiver

NJ CHHA Skills Checklists

Assist with Walker
 Assisting with Range of Motion (ROM)
 Back Rub
 Bathing - Perineal Care Female
 Bathing - Perineal Care Male
 Bathing - Shower
 Bathing- Complete Bed Bath
 Bathroom Assistance - Bedpan
 Change Adult Brief
 Communicating with a Person

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Compression Socks Application
Eating Assistance
Foot Care - Clean/Cut Toenails
Gait Belt Application and Use
Hand Care - Clean, Cut, and File Fingernails
Infection Control: Handwashing
Make an Occupied Bed
Make an Unoccupied Bed
Measure and Record Radial Pulse
Measure and Record Rectal Temperature with a Digital Thermometer
Measure and Record Respiration
Measuring and Recording Axillary Temperature with a Digital Thermometer

Measuring and Recording Tympanic Temperature
Mouth Care
Performing Denture Care
Providing Dressing Assistance
Providing Postmortem Care
Record and Report Condition Changes
Repositioning a Person in Bed
Shaving - Electric Razor
Shaving - Safety Razor
Skin Care - Applying Lotion to Prevent Pressure Injuries
Transfer Person from Bed to Chair
Urinal Assistance