

FAMILY PRACTICE ASSOCIATES OF LEXINGTON, PSC

Medicare GLP-1 Bridge Program

Patient Information & Frequently Asked Questions

Effective July 1, 2026

What is the Medicare GLP-1 Bridge Program?

The Medicare GLP-1 Bridge Program may provide coverage for certain weight-loss medications for eligible Medicare patients.

Who Qualifies?

You must:

Have Medicare Part D prescription coverage and **not** have received GLP-1 medication previously through your Medicare Part D.

You must NOT have:

Type 2 Diabetes
Moderate-to-Severe Sleep Apnea
Metabolic Dysfunction-Associated Steatohepatitis (MASH)

You must meet ONE of the following criteria:

BMI 35 or higher; or

BMI 30 or higher plus one of these conditions:

Heart Failure with Preserved Ejection Fraction (HFpEF)
Uncontrolled High Blood Pressure
Chronic Kidney Disease (Stage 3a or higher)

BMI 27 or higher and one of these conditions:

Prediabetes
Prior Heart Attack
Prior Stroke
Symptomatic Peripheral Artery Disease (PAD)

Your provider can help you determine if you meet all program requirements.

Covered Medications

Wegovy® injections and tablets

Zepbound® KwikPen® *******Single-dose Zepbound pens and vials are not covered.***

Foundayo® tablets

Frequently Asked Questions

Do I need an appointment?

Yes. An appointment with your provider is required before starting a GLP-1 medication or for any dose changes. This visit may be completed **in person, by telephone, or through telehealth**. The appointment will be **billed to your insurance according to your plan benefits**, and any applicable copays, deductibles, or coinsurance may apply.

Will I need follow-up appointments?

Yes. Monthly follow-up appointments are required to monitor your progress and provide medication refills.

Please schedule your next appointment at the end of your initial visit or contact our office before your medication runs out to avoid any interruption in treatment.

In addition, an **in-person visit every 3 to 6 months** will be required to evaluate your progress and obtain any necessary laboratory testing.

Can I discuss other health concerns during these visits?

No. These appointments are specifically for weight management and GLP-1 medication follow-up only. Any additional concerns will require a separate appointment.

How long does the process take?

Medicare must first determine your eligibility. If eligible, it may take up to two weeks before the prior authorization is submitted. Once prior authorization is submitted, decisions are typically returned within 72 hours.

Who should I contact for updates?

Please contact your pharmacy directly for updates regarding your prescription.

How often can my medication be filled?

Only 28-day or 30-day prescriptions are covered through the program.

Will I need another prior authorization?

Usually, a new prior authorization is only required if you switch to a different covered GLP-1 medication.

Questions?

Please contact Family Practice Associates of Lexington, PSC at 859-278-5007 or via Sophie, the ChatBot on the website at www.fpalex.com to schedule an appointment with a provider to discuss whether you qualify for the Medicare GLP-1 Bridge Program.

7/2/2026

