

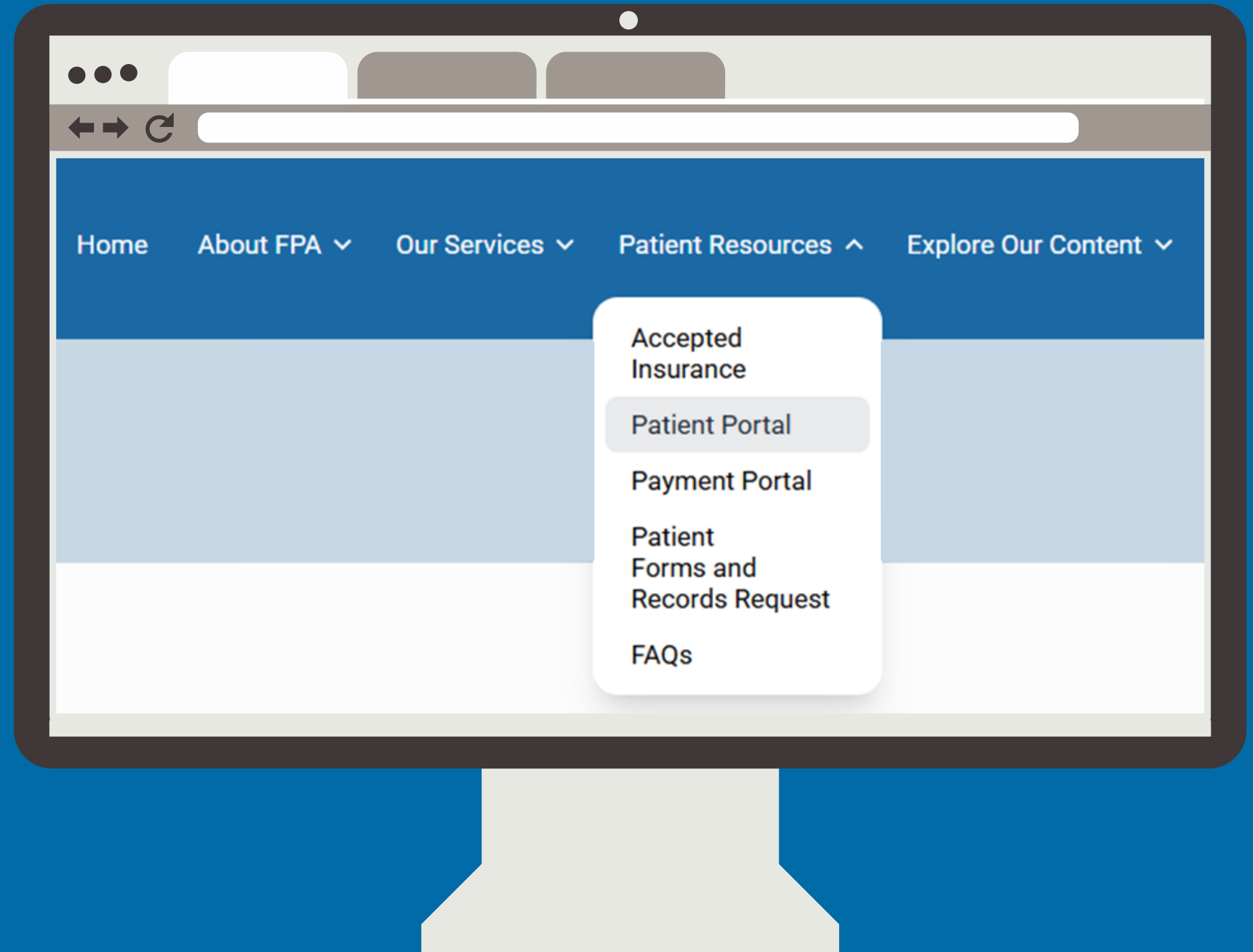
ACCESSING THE FPA HEALTH PORTAL

HOW TO CREATE YOUR FOLLOW MY HEALTH
ACCOUNT



Step 1

To get access to Follow My Health, you need to create an account. Create an account by going to fpalex.com and clicking on Patient Resources, then Patient Portal.



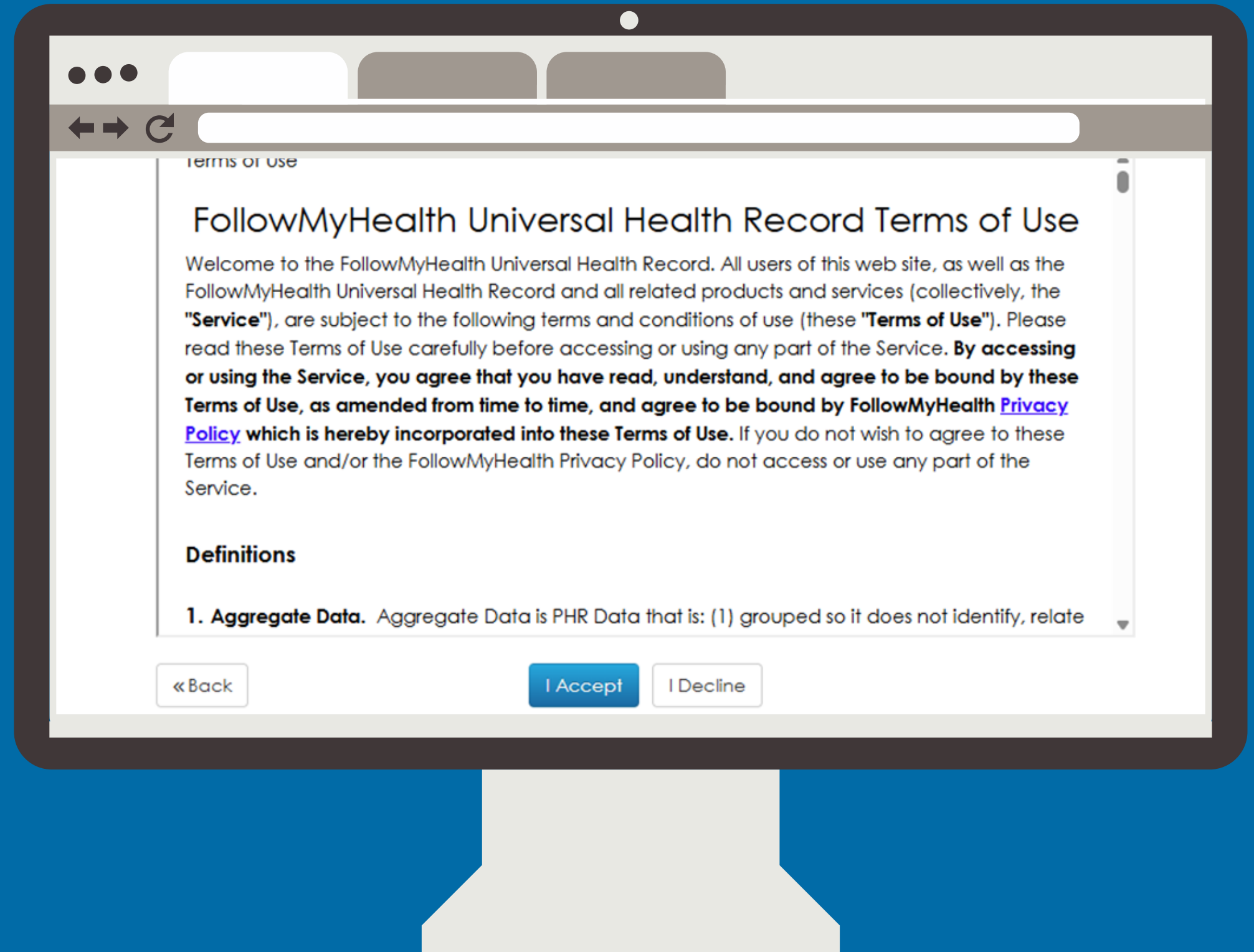
Step 2

Next, click on “I need to sign up” and enter the contact information requested. Once you are done, select “confirm and continue”.



Step 3

Read the terms of use and select “I Accept” to continue.



Step 4

Create a username and password. Be sure you have a way to remember what you entered. Once completed, select “Confirm and Continue”.



Sign Up and Connect

Create Username (Tip: Use your email address)

Username

- ✓ Cannot contain the characters /, ?, #, or \
- ✓ If using your email, must be a valid email address

Create Password

Password

Confirm Password

Confirm Password

- ✗ Must be at least 8 characters
- ✗ Must contain at least one number
- ✗ Must contain at least one special character. For example: !@#\$%^&*()-
- ✗ Passwords must match

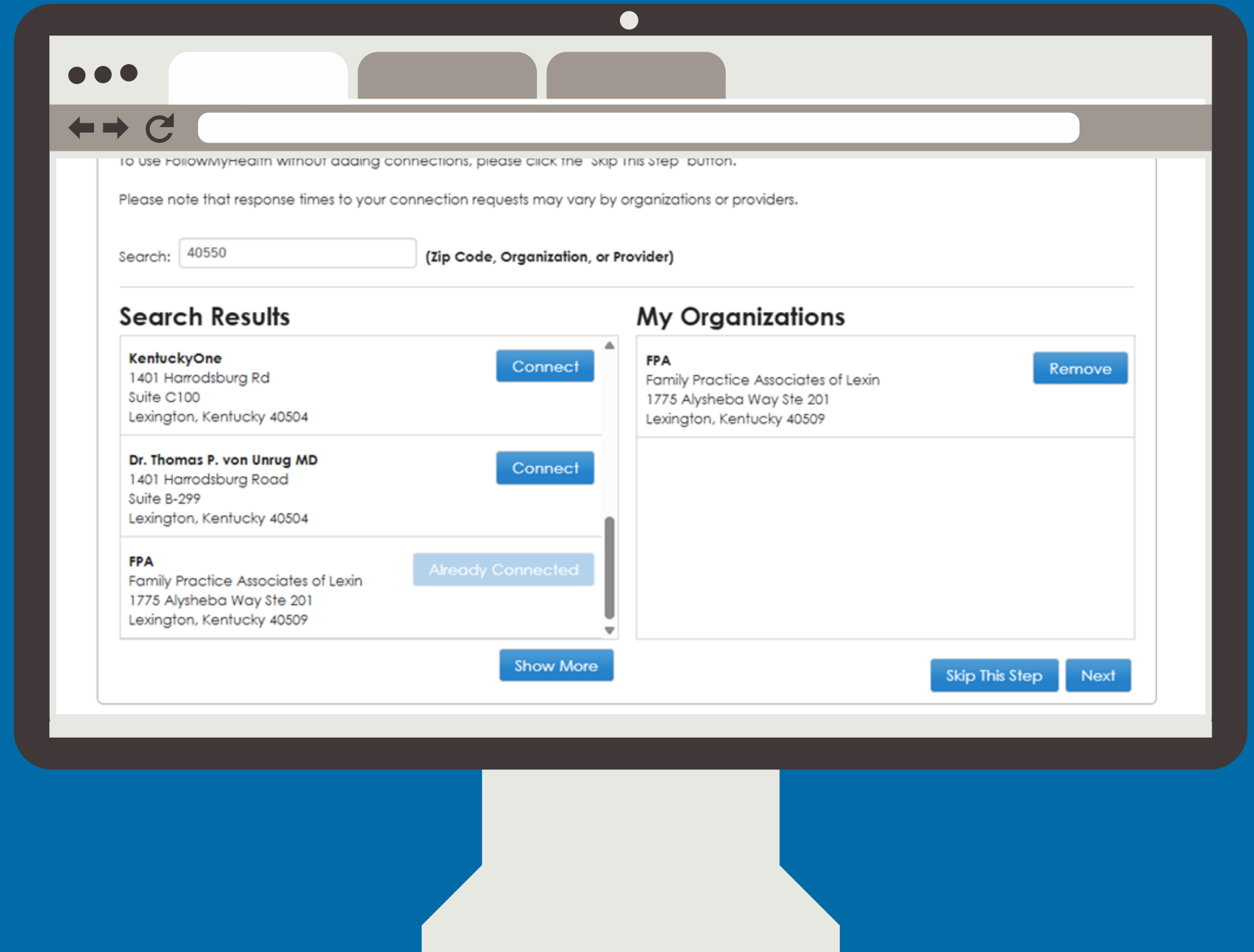
« Back

Confirm and Continue

Step 5

Request connection to FPA.

Under search results, scroll down until you see FPA and click “connect”. Once FPA shows under “My Organizations”, click “Next”.



Step 6

Verify your name is correct and
select “I Accept”.

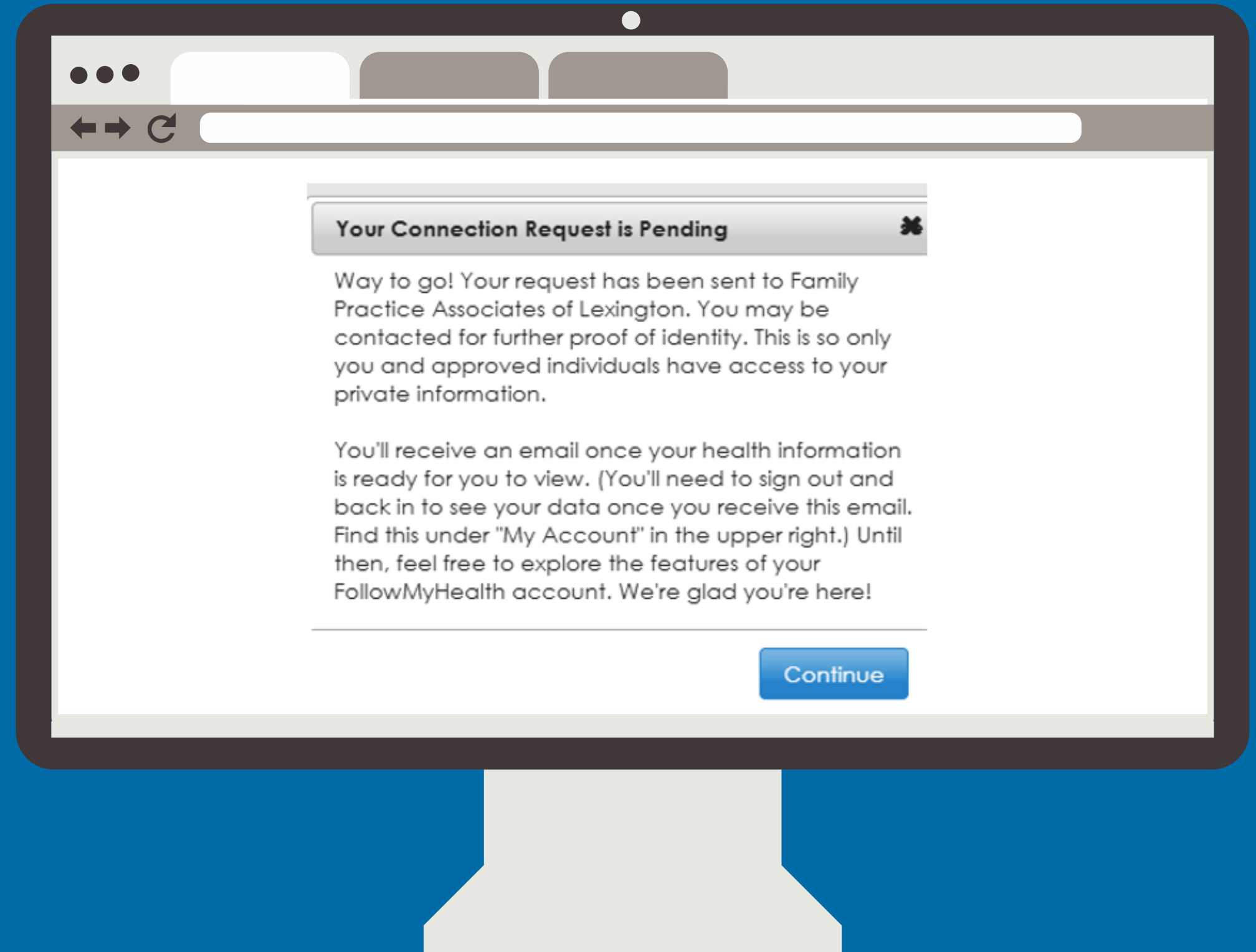


The image shows a computer monitor with a web browser window open. The browser has three tabs and a search bar. The page title is "Sign Request for Access" and the subtitle is "1 of 1 - FPA". Below the title, it says "Please review the Request for Access agreement and accept or decline the terms below." There is a "Print" button in the top right corner. The main content area contains a form with the following fields: "FollowMyHealth@ Request for Access", "First Name: .", "Middle initial:", and "Last Name:". Below these fields is a paragraph of text: "I, Hoskins, James request access to the healthcare information about me, and authorize Family Practice Associates of Lexington to release such information that it has configured to be transmitted to my FollowMyHealth personal health record for my own uses and purposes. I acknowledge". At the bottom of the form are two buttons: "I Accept" and "I Decline".

Step 7

Your request has been sent!

You will receive an email within a few days once your health information is ready to view.



We're Here to Help!

If you have any questions or concerns, you can call us at **(859) 278-5007** or send us a message through our website **fpalex.com**

