

Date	Course Title	CE Credits
2026		
6/28/2026	Phase I Archwire Development - Part II: Diagnosis & Treatment Planning	5
6/20/2026	Phase I Archwire Development - Part I: Expanders vs. Braces	6.75
6/16/2026	Sleep Service Levels- Which One is Right for You	1
2025		
10/18/2025	The Current State of the Airway Movement- An Orthodontist's Perspective	0.75
10/18/2025	Guided Growth: Expansive Orthodontics for Ages 3-12	0.5
10/18/2025	Begin to Fix Before Age 6: Why it Matters	0.75
10/18/2025	The First Three Years: Treating Ages 0-3	0.75
10/18/2025	The Light Wire Approach: A Gentle Path to Expansion	0.5
10/18/2025	Prenatal Airway Health: Optimizing Outcomes Before Birth	0.5
10/18/2025	Gestational Interventions: Should We Act Sooner?	0.5
10/18/2025	The Future of Pediatric Airway Health: Advocacy	0.5
10/18/2025	Bridging the Medical-Dental Gap- It's Not Disney Land	0.75
10/18/2025	From Tooth-Focused to Foundation-Focused: My Airway Dentist Journey	0.5
10/17/2025	The Ripple Effect of OSA	0.75
10/17/2025	The Airway-Alzheimer's Connection	0.5
10/17/2025	MMA Surgery: Restoring Function and Hope	1
10/17/2025	MARPE: The bridge between Non-Surgical and Surgical Expansion	0.75
10/17/2025	Expanding Possibilities Non-surgically via Expanders and Clear Aligners	0.5
10/17/2025	Myofunctional Therapy: The Key to Lifelong Stability	0.75
10/17/2025	Intercepting SRBD from Birth	0.75
10/17/2025	The Future of Surgery, Innovations, and Research	0.5
10/17/2025	Conversations that will Reshape Airway Health	0.5
6/4/2025	Seeing in 3D: Diagnostic Insight with CBCT	1
5/17/2025	OSA's Impact on Cardiac Rhythm: Exploring Arrhythmia, Palpitations, and Atrial Fibrillation	1
5/17/2025	Influence of AI on Diagnosing and Treating OSA	1
5/17/2025	Medicare Update	1
5/17/2025	Comparing CPAP to OAT: Clinical Effectiveness, Patients Preference, and Hypoxic Events	1
5/17/2025	Effects of Daytime Sleepiness on Daily Behaviors	1
5/17/2025	Pediatric OSA	1
5/16/2025	The Influence of Aging on Pharyngeal Collapsibility During Sleep	1
5/16/2025	Comorbidity of OSA Insomnia in Postmenopausal Women	1
5/16/2025	Weight Loss Drugs and OSA	1
5/16/2025	Cardiovascular Outcomes in OSA: Comparison of CPAP and Oral Appliance Therapy	1
5/16/2025	Steadfast Leadership	1
5/13/2025	Pre AAPD Pediatric Summits	1
4/18/2025	Advanced Office Anesthesia and Medical Emergencies	5
2/1/2025	Serrapeptase: Friend or Foe?	0.75
2/1/2025	Form Follows Function in Children's Orofacial Growth	0.75
2/1/2025	Optimal Timing of Release: What Does the Data Tell Us?	0.75
2/1/2025	It is Not Just the Frenum: How to Think Outside of the Frenum Box to Get your Best Results	0.75
2/1/2025	The Tongue Tie Spectrum	0.75
2/1/2025	Building an Airway-Centric Practice- How to Reduce or Eliminate Your Restorative Referrals	0.75
2/1/2025	We've Come Too Far to Go Backwards. Pediatric Sleep Disordered Breathing Collapsibility	4
1/31/2025	Creating Urgency for Airway-Centric Dental Care	0.75
1/31/2025	New Perspectives on Posterior Tongue-tie: Anatomical Clarity, Diagnostic Precision	0.75
1/31/2025	Evidence-based advances in ankyloglossia management: New Data and Insights from Research	0.75
1/31/2025	My Sleep Disorder: Taking My 10-Year Journey to Your Patients	1
1/31/2025	Looking at the Bigger Picture: Using the Function First Model to Treat Pediatric Airway Issues	1.25
1/31/2025	Do No Harm and Tell No Lies: Using Evidence-Based Medicine to Optimize Patient Outcomes	1.25

2024

12/16/2024	Airway Health Solutions Mini-Residency	11
12/14/2024	Closing Remarks and Final Q&A	0.25
12/14/2024	Functional Health: Mold Management Primitive Reflexes and Beyond	0.75
12/14/2024	Treatment Sequencing-When to Address Tongue-tie or Tongue Space First	1
12/14/2024	Screening Protocols for All Ages-Updated Guidelines from Children to Adults	0.5
12/14/2024	Assessing Tongue Mobility and Mid-Tongue Restrictions-New TBI Grading Scales	0.75
12/14/2024	Establishing Standards in Orofacial Myofunctional Therapy	0.75
12/14/2024	Surgical Protocols-Evolving Best Practices and Innovations	1
12/14/2024	2025 Functional Frenuloplasty Protocol-Exclusive Resources and Preview of Pre-Pl	2
12/14/2024	Essential Research You Must Know: Review of the Literature of Publications from 2	0.5
9/29/2024	Open Airways Episode 1: The Power of Dentist/Physician Collaboration for Optima	1.25
9/14/2024	Growing Well, Sleeping Well: Insights from our Pediatric Dental Practice	1.5
9/14/2024	Advancement in a Functional Approach to Tongue-Tie, Myofunctional and Tongue	1.5
9/13/2024	101 Pediatric Sleep	1.5
9/13/2024	Stop Overthinking Insomnia and Low Arousal Threshold in OSA	1.5
9/13/2024	Sleep in the Time of Cannabis	1.5
9/12/2024	The Air We Breathe: Consequences of Glycation and Inflammation	1.5
9/12/2024	Pediatrics Diagnostic Challenges	1.5
8/14/2024	I Can Breathe Clearly Now Nasal Spray with Xylitol for Enhanced Infection Control	1
8/12/2024	Beyond First Latch: A Collaboration Approach to Optimal Health from Infancy	1
7/31/2024	The present and Future Role of Health Care Coaches	1
5/5/2024	Tongue Tied Academy Update	14
4/16/2024	The Art and Science of Fascial Treatment for Temporomandibular Joint Disorders	1
1/4/2024	AHS Conversation: Breathe Well, Little One	1

2023

10/13/2023	Sleep Bruxism: Myths, Misconceptions, and Management Strategies	1.5
9/9/2023	Don't Wait! Evaluate and Treat Before It's Too Late!	1.5
9/9/2023	Connecting Connective Tissue Dysfunction into the Web of Sleep/Airway Pathology	1
9/9/2023	Linked Through Pressure: Breathing, Posture, and a Whole Lot More!	1
9/8/2023	Alzheimer's is Now Optional-Role of Oral-Systemic Health	1
9/8/2023	Science Informed Health Policy at a Crossroads	1
9/8/2023	Surgical GPS: Targeted Surgery and Associated Outcomes	1.5
9/8/2023	Integration of Evidence Based Practice as a Foundation for the Evaluation and Cust	1
9/8/2023	Tending the Terrain: Moving from Disease Management to Health Creation	1
9/7/2023	Curing Functional Hypoxia: The Energy Paradigm of Pathology	1
9/7/2023	Integration of Oxygen/ Oxygen Therapy as it relates to Health and Longevity	1.5
9/7/2023	Alzheimer's is Reversible! Learn the role you can play in preventing and reversing c	4
8/15/2023	Cone Beam Computed Tomography-Standard of Care?	1
8/8/2023	Alzheimer's is Now Optional-Role of Oral-Systemic Health	1.5
8/7/2023	Sleep Apnea: The Power of Patients' Stories	1
	AAPMD Endeavour Pediatric Webinar: An Interdisciplinary Approach to Upper	
6/12/2023	Airway Health	1
5/23/2023	Keynote: Ventilatory Burden and the Impact of Patient Choice on Adherence	1
5/23/2023	Relying on Evidence or Experience to Guide Clinical Judgement	1
5/23/2023	Metrics of Sleep Apnea Severity: Beyond the Apnea-Hypopnea Index	1
5/23/2023	Co-Morbid Insomnia and OSA	1
5/23/2023	Growth and Development as it Relates to DSM	1
5/23/2023	Looking Ahead: Expanding the DSM Horizon	1
5/23/2023	Sleep Apnea Endotyping: Implications for Personalized Care	1
5/23/2023	Diabetes, Congestive Heart Failure and OSA: Understanding the Link to Save Lives	1

5/23/2023	Triaging Side Effect Complaints	1
5/23/2023	Pharmacologic Therapy of Residual Daytime Sleepiness in Patients with OSA	1
5/23/2023	Sleep Bruxism	1
5/23/2023	Central Sleep Apnea	1
4/12/2023	The Crossroads of Restorative Dentistry and Medicine in Sleep Related Breathing I	1
4/11/2023	Spring 2023 CoLab: Research Publication Webinar: "Does head and neck posture a	1
3/29/2023	Creating a Successful Airway Practice-Risk Management for Expansion Appliances	1
3/28/2023	Creating a Successful Airway Practice	1
3/13/2023	What is Airway Orthodontics? An Overview with Q&A	1
2/1/2023	Identifying and Treating Toxiity in a Collaborative Practice	1
1/25/2023	Myofunctional Treatments, Airway and Eating: What Are We Missing?	1
1/11/2023	The Myths and Physics of Soft Tissue Surgical Lasers-Frenectomies and Beyond	1

2022

12/17/2022	Hands-On Laser Lab	2
12/17/2022	Suture Workshops	1.25
12/17/2022	Live Surgeries	1
12/17/2022	A Brief History of Case and Clinical Studies	0.5
12/17/2022	Resources for Implementation-Building Efficient Teams and Protocols	1.25
12/17/2022	Post-Operative Protocols and Wound Healing/Pain Management	2
12/17/2022	Laser Myths and Safety	0.5
12/16/2022	Breathe Max Protocols	1.5
12/16/2022	Foundations of Function: Optimizing Growth and Development	1
	Integration of Multidisciplinary Approaches to Treatment from an ENT's	
12/16/2022	Perspective	2
12/16/2022	Assessment of Participant Sleep Studies and CBCT Scans	1.25
12/16/2022	Interpretation of Sleep Studies & Other Diagnostic Modalities	1.5
12/16/2022	A Functional Approach to Sleep and Breathing	1.5
12/15/2022	Management of Behavior: Tips and Tricks and Case Study	1
12/15/2022	Introduction to Orofacial Myofunctional Therapy and Breathe Myo Protocols	2.5
	The Importance of Oral Sensory-Motor Therapy with the Infant and Toddler	
12/15/2022	Population	0.5
12/15/2022	Surgical Techniques Using Scissors and/or Laser & Sutures	2.25
12/15/2022	Surgical Approach and Anatomy Review, Step-By-Step	1.25
	The Functional Frenuloplasty: Research and Development, Review and Historical	
12/15/2022	Context	1
	Hands-On: Assessment of Tongue Tie, Tongue Tone and Tongue Space Among	
12/14/2022	Course Participants	1.25
12/14/2022	Intro to Breathe Babies & Kids Infant Tongue-Ties	1
12/14/2022	The Breathe Institute's Functional Frenuloplasty Protocol and Research Updates	2
12/14/2022	Foundations of Tongue-Tie, Tongue Tone and Tongue Space	3
12/14/2022	Introduction: Learning How We Learn	1
12/12/2022	Sleep Disordered Breathing: Is Our Treatment Protocol Correct?	1
	Palate Expansion in the Under 6's: Expanding the Foundation for Better Sleep,	
11/14/2022	Function and Healthspan	1
8/3/2022	Building a Collaborative Practic with a Focus on Tongue Ties	1
7/27/2022	The Relationship Between the Airway and Scolliosis: How Are They Connected	1
	Airway & Sleep Dysfunction: the Complex Path to Intracranial Hyypertension &	
	CSF Leak Taken by Thosee with Hypermobility and Dysautonmia AKA Spikey-	
7/19/2022	Leaky Syndrome	1

7/13/2022	CBCT for Nasal Cavity and Paranasal Sinus Disorders	1
6/22/2022	Breastfeeding, Growth and Development	1
6/15/2022	Practical Information for Promoting Sleep Health	1
5/21/2022	Photobiomodulation in Laser Dentistry	2
5/20/2022	SOS4RTOTS Diagnosing and Treating Tethered Oral Tissue	1
5/11/2022	Craniosacral Fascial Therapy the Gillespie Approach	1
5/9/2022	Sleep Surgery Restoring Sleep Airway Health is the Gateway to Wellness	1
	PT/MYO Connection for Optimal Airway Treatment Outcomes: Preview of the	
4/27/2022	PT/MYO Track at CC 2022	1
4/11/2022	Toddlers in the Crosshairs	1
3/26/2022	Online Untying Ankyloglossia: The Impact on Infants and Children	7
3/16/2022	The Fascial Connection Toes to Tongue and Everything In-Between	1
2/10/2022	Radiation Protection Update	2
2/7/2022	An ENT Perspective to Dysfunctional Breathing SDB in Children	1
1/26/2022	Facemask Protraction Applications	1
1/5/2022	Special COVID Update	1

2021

12/13/2021	How To Go From a Fixer of Teeth to an Advisor	1
11/24/2021	1-2 Pediatric Sleep Disordered Breathing	1.5
11/14/2021	Tongue as it Relates to Airway	1.75
11/14/2021	The Tongue and the Orthodontist A Troubled Love Story	1.75
10/2/2021	TOTs Organizing for the Unexpected	1.75
9/7/2021	Tongie Tied Academy	25
8/8/2021	Dental Restorations Using Solea Model 3	1
8/8/2021	Solea Model 3 Daily Use and Maintenance	1
7/1/2021	Billing/Coding Q&A	2
5/21/2021	Hands on Injections: TMD, Botox & PRF	7
4/25/2021	Office Anesthesia and Medical Emergencies	6
	Minimal and Moderate Basic Sciences Revisted: Autonomic, Respiratory, and	
3/28/2021	Cardiovascular Function and Pharmacology	2
3/28/2021	Managing Complications During Moderate Sedation	2
3/28/2021	Cardiac Rhythm Disturbances: When to Act and When to Relax	2
3/27/2021	Emergencies in the Office: Utilizin the 10 Minutes Save a Life Application	1.5
3/27/2021	Pain Control for Children and the Elderly	1
3/27/2021	Local Anesthesia for Moderate Sedation	1
3/27/2021	Post-Op Pain Control	1
3/26/2021	Intravenous Sedation Nuisance Complications	1
3/25/2021	A Different Perspective on Local Anesthesia	1
3/25/2021	Airway Management	1
3/25/2021	Are We Altering Brain Function Long Term?	1
3/25/2021	Relevant Biomarkers	1
1/6/2021	Revising Restrictive Tethered Oral Tissues	1.75

2020

8/7/2020	Itero Techniques for intraoral scanning	1
7/16/2020	Invisalign Go New Provider Onboarding	1
6/1/2020	Sleep Introduction	1
6/1/2020	Sleep Apnea in Adults and Children	1.5
6/9/2020	Diagnosis of OSA & Screening Your Patients	1

6/9/2020 Oral Appliances for OSA, Part 1	1
6/9/2020 Oral Appliances for OSA, Part 2	1
6/10/2020 Avoiding Side Effects	1
6/10/2020 Parafunction or Protective Function	1
6/10/2020 TMD Intro & Anatomy Review	1
6/10/2020 Craniofacial Exam, Part 1	1
6/17/2020 Cariofacial Pain Exam, Part 2	1
6/17/2020 Internal Derangements & Myofascial Pain	1
6/17/2020 Getting Started Building a Strong Foundation	1
5/19/2020 Intercepting Sleep Disordered Breathing	1
5/19/2020 The History of the White Coat	1
5/19/2020 Dentofacial Esthetics-From Macro to Micro	1
5/19/2020 3 Strategies to Boost Your Energy!	1
5/18/2020 Techniques to Leverage Flowable Composite in Full Mouth Restorations	1
5/18/2020 MRI's Made Easy	1
5/14/2020 Dentistry	1
The Role of Aerosol on the Transmission of Corona Virus and the Impact in	
Grow Your Practice Revenue Post Covid 19 With Simple Minimally Invasive,	
Patient Friendly Periodontal Procedure Procedures and Treatment of Peri	
5/14/2020 Impantitis	1
5/13/2020 Improve your CBCT Interpretation Skills	1
5/13/2020 Removable Partial Denture Design	2
A Fresh Look at Pediatric Restorative Procedures: less Shots, Minimally Invasive,	
5/13/2020 and Safer Care	1
5/13/2020 Implant Overdenture Review	2
5/13/2020 Special Considerations with the Immediate Canine Implant	1
5/11/2020 Cyber Lesons from a Good-Bad Guy: The Reality of Crime and Breach	1
5/11/2020 Safely Resuming Practice with a New Normal	3.25
5/11/2020 Providing Five Star Dentistry in a Discount World	1
5/11/2020 Seat 'Em, Treat 'Em, Complete 'Em	1
5/8/2020 Teledentistry: Continuing Care in Your Community	1
5/7/2020 The ABC's of Adhesive Bonding and Cementation	1
5/7/2020 Orofacial Pain	1
5/7/2020 Why red-Haired Individuals Are So Prone to Developing Melanoma	1
5/7/2020 Radiographs-What to Consider When Coding Diagnostic Imaging	1
5/7/2020 Ceramin Implants 2020 Update	2
5/6/2020 Laser Enhanced Orthodontic Treatment	1
5/5/2020 Sinus Grafting 30 years: Clinical Myths and Realities	2
5/5/2020 Reopening: It's as if Every Employee is a New Employee Now	1
5/4/2020 A Brief Overview of the History of Dentistry	1
5/6/2020 Adhesive, Dentistry, a Detailed Review of the Materials and Techniques	1
5/6/2020 Improving Perio Processes and Performance in Your Dental Hygiene Practice	1
5/6/2020 Porcelain Veneers-the 21st Century Solution	1
5/5/2020 Interdisciplinary Dentistry: The Restorative Quarterback	2
5/4/2020 Magic Moment	2
5/4/2020 Are We Treating the Same Patient?	2
5/2/2020 Human Papillomavirus Vaccine	1
5/1/2020 Penn Concepts Virtual Symposium	5.5
5/1/2020 Airway Centric Dentistry	1
5/1/2020 The Rise of Mobile Dentistry Geriatric, Pediatric, and Special Needs	1
5/1/2020 Caries Risk Assessment & Prevention	1
5/1/2020 2020 Vision in Dentistry: A Post Covid 19 Survey	1
4/30/2020 A Graft Less Approach to Implant Dentistry	2
4/30/2020 Creating a Practice Culture that Transforms and Performs	1

4/30/2020	Post Virus Re-Entry: No Time for Long Comprehensive Exam	1
4/30/2020	Is It TMD, Sleep or Both?	1
4/29/2020	The Dental Role in Pediatric Airway Management	1
4/28/2020	Esthetic Treatment of Recessive Defects: From Natural Teeth to Implants	2.75
4/28/2020	Ransomware Readiness	1
4/28/2020	Three Dimensional Imaging and Three Dimensional Endodontics	1
4/28/2020	OSHA Updates	1
4/28/2020	I Already Know How to Cement...Let's Talk Bluetooth and Aesthetic Zirconia	1
4/27/2020	Marketing Your Dental Practice in a Post-Covid-10 World	1
4/25/2020	Learning and Leading in Uncharted Waters: Why Leadership Matters Now	1
4/24/2020	Respiratory Protection in the Era of Covid 19	1
4/24/2020	Implant Supported Fixed Complete Dentures: Fundamentals and Complete Dentures	1.25
4/23/2020	Nature's Booster Shot: Eating Smart to Combat Covid-19	1
4/23/2020	Osseodensification, the Science and the Clinical Applications	2.5
4/23/2020	The People vs Prosthodontics: Are We Good Enough?	1
4/22/2020	Lasers in endodontics: Safe, Efficient, Effective	1
4/22/2020	The Immediate Molar Revisited	1
4/22/2020	Computer-Aided Engineering of Complete Dentures and Implant Prostheses: Evidence and Clinical Experiences that include the Intraoral Scanning of Edeentulous Patients	2
4/22/2020	The Value T-Scan Brings to Your Pankey Practice	1
4/22/2020	No Drill Dentistry for Your Pediatric Dental Patient	1.5
4/21/2020	What, When Who and How-Do You have Your SOP Manual Completed?	1
4/21/2020	Managing Trauma from Occlusion in Stage III and Stage IV Periodontitis	2
4/21/2020	Coping During Crisis-Webinar Module 12: Error-Proofing the Dental Team	2
4/21/2020	Prosthodontic Management of Implant and Peri-Implant Soft Tissue Esthetics	1
4/20/2020	Innovative Periodontics: "How To" From Techniques to Products	1
4/20/2020	Truth, Lies and Penn Prosthodontics	1.75
4/17/2020	The New and Improved "User's Guide" to Bonding and Cementation	2
4/17/2020	Reboot...How to Prepare for Your Post Covid 19 Practice	1
4/16/2020	Treatment Planning and Biological Principles of Perio Prosthetic Therapy in the Aesthetic Zone	2.5
4/16/2020	Latests Insights on Peri-Implantitis	1
4/15/2020	Covid 19, One More Reason to go Digital	1
4/14/2020	Periodontal Prosthesis, Patient Centered and Occlusion Drive Reconstructive Dentistry	2
4/14/2020	How Splint Therapy Aids Occlusal Diagnosis and Definitive Treatment Planning	1
4/10/2020	CBCT Interpretation in Endodontics Part II	1
4/10/2020	Anxiety, Depression, Sleep Disorders and Pain: How Are They Related?	1
4/9/2020	Occlusion in the Implant Age Back to Basics	2
4/8/2020	The Value of a Values Based Organization	1
4/7/2020	Removable Appliance Therapy	16
4/7/2020	Endodontology: Diagnosis	1.75
4/6/2020	Endodontic Canal Preparation: Rotary Teeth: The Story of Beauty, Inequality, and the Struggle for Oral Health in America	1
4/6/2020		1
4/3/2020	FirstFit-Join in a Revolutionary Technology	1
4/2/2020	Lip Service!	1
4/2/2020	Parameters and Protocols for Immediate Implants in the Aesthetic Zone	2
4/2/2020	The Treatment of Complex Cases with Digitally Delivered Bone Blocks	2
4/1/2020	A Deeper Dive into Oral Sleep Devices	1

3/31/2020 Patients Judge Your Practice By Your Online Reputation	1.5
3/31/2020 Dentistry for the Homebound Part 2	1
3/30/2020 Dentistry for the Homebound Part I	1
3/30/2020 Medications and Sleep: the Good, the Bad, the Ugly	1
3/26/2020 19 Ways to Survive the Pandemic	1
3/26/2020 Soft Tissue Solutions to Enhance Everyday Dentistry	2
Keep the Lights On: Protect the Health of Your Practice During Economic	
3/25/2020 Downturn	1
3/25/2020 Diagnosis, Indications and Procedures for Managing Implant Disease	1
The Science of Sleep and the Importance and Management of Oral Appliance	
3/24/2020 Therapy	1.5