

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				8:30 Fit Plus 1 9:30 Sit n Fit 10:00 Bible Study 10:00 Music w Angela 2:00 Social Hour & Table Games	9:30 Sit n Fit 2 10:30 Daily Chronicles 2:00 Pong Game	11:00 Chair Yoga RCAC 3 rd Floor 1:30 Sheepshead RCAC Dining Room Simchat Torah Begins
Packers @ Tampa Bay Buccaneers 12 pm	4 8:30 Yoga 9:30 Sit n Fit 10:00 Bible Study 10:00 Lutheran Services 2:15 BINGO!	5 9:30 Sit n Fit 6 10:15 Accordion w/ Karen *RCAC 11:30 Butch's Pizza Outing 1:30 Shepherd's Care	7 9:30 Sit n Fit 10:00 Catholic Services 2:15 BINGO!	8 8:30 Fit Plus 9:30 Sit n Fit 10:00 Bible Study 10:00 Spa Day 10:00 Hobby Lobby Outing 2:00 Social Hour & Table Games	9 9:30 Sit n Fit 10:30 Trivia Game 2:00 Arts n Crafts	10 11:00 Chair Yoga RCAC 3 rd Floor 1:30 Sheepshead RCAC Dining Room
11 Chicago Bears @ Packers 3:25 pm	12 8:30 Yoga 9:30 Sit n Fit 10:00 Bible Study 10:00 Lutheran Services 2:15 BINGO! <small>Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)</small>	13 9:30 Sit n Fit 10:15 Sing Along 2:00 Food Club what are we making? *2:00 staff mtg.	14 9:30 Sit n Fit 10:00 Catholic Services 2:15 BINGO!	15 8:30 Fit Plus 9:30 Sit n Fit 10:00 Bible Study 10:00 Arts n Crafts 2:00 Social Hour & Table Games	16 9:30 Sit n Fit 10:30 Resident Council 1:00 Story Circle 2:00 Dog Days w Winston 2:00 Music w Angela	17 11:00 Chair Yoga RCAC 3 rd Floor 1:30 Sheepshead RCAC Dining Room
18 Dallas Cowboys @ Packers 7:20 pm	19 8:30 Yoga 9:30 Sit n Fit 10:00 Bible Study 10:00 Lutheran Services 2:15 BINGO!	20 9:30 Sit n Fit 10:15 Accordion w/ Karen *RCAC 1:30 Shepherd's Care	21 9:30 Sit n Fit 10:00 Catholic Services 2:15 BINGO!	22 8:30 Fit Plus 9:30 Sit n Fit 10:00 Bible Study 10:00 Spa Day 2:00 Social Hour & Table Games	23 9:30 Sit n Fit 10:30 Trivia Game 11:30 Mohnen's Outing 2:00 Arts n Crafts	24 11:00 Chair Yoga RCAC 3 rd Floor 1:30 Sheepshead RCAC Dining Room
25 Packers @ Detroit Lions 3:25 pm	26 8:30 Yoga 9:30 Sit n Fit 10:00 Bible Study 10:00 Lutheran Services 2:15 BINGO!	27 9:30 Sit n Fit 10:15 Sing Along w Duane 2:00 Monthly Birthday Party w Bella Musik	28 9:30 Sit n Fit 10:00 Catholic Services 2:15 BINGO!	29 8:30 Fit Plus 9:30 Sit n Fit 10:00 Bible Study 2:00 Social Hour & Table Games 6:00 Trick or Treat 7:15 Carolina Panthers @ Packers	30 9:30 Sit n Fit 10:30 Mystery Box Game 1:00 Story Circle 2:00 Halloween Movie	31 11:00 Chair Yoga RCAC 3 rd Floor 1:30 Sheepshead RCAC Dining Room Halloween

Type the name, address, and other information about your community/company here.