

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 RCAC		9:30 Sit N B Fit 1 10:30 Sing Along 1:00 walking Club 2:00 Arts N Crafts	9:30 Sit N B Fit 2 10:00 Catholic Services 1:00 Walking Club 1:30 Story Circle 2:15 BINGO!	8:30 Fit Plus 3 9:30 Sit N B Fit 10:30 Men's Club 1:00 Walking Club 2:00 Social Hour/Table Games	9:30 Sit N B Fit 4 10:30 Trivia 1:00 Walking Club 1:30 Story Circle 2:00 Food Club	 10:30 Chair Yoga RCAC 3 rd Floor
	 6 8:30 Yoga 9:30 Sit N B Fit 10:00 Bible Study 10:00 Lutheran Services 11:45 Music w/ Lunch 1:00 Walking Club 2:15 BINGO!	7 9:30 Sit N B Fit 10:15 Accordion w Karen 1:00 Walking Club 2:00 Garden Club	8 9:30 Sit N B Fit 10:00 Catholic Services 1:00 Walking Club 1:30 Story Circle 2:15 BINGO!	9 8:30 Fit Plus 10 9:30 Sit N B Fit 10:30 Spa Day 1:00 Walking Club 2:00 Social Hour/Table Games	10 9:30 Sit N B Fit 11 10:30 Shepards Care 1:00 Walking Club 1:30 Story Circle 2:00 Fun w VanGogh (Art)	 12
	 13 8:30 Yoga 9:30 Sit N B Fit 10:00 Bible Study 10:00 Lutheran Services 1:00 Walking Club 2:15 BINGO!	14 9:30 Sit N B Fit 10:30 Sing Along 11:00 Lunch & Hobby Lobby Outing 1:00 Walking Club	15 9:30 Sit N B Fit 10:00 Catholic Services 1:00 Walking Club 1:30 Story Circle 2:15 BINGO!	16 8:30 Fit Plus 17 9:30 Sit N B Fit 10:30 Women's Club 1:00 Walking Club 2:00 Social Hour/Table Games	18 9:30 Sit N B Fit 10:30 Resident Council 1:00 Walking Club 1:30 Story Circle 2:00 Dog Days w Winston	 19 10:30 Chair Yoga RCAC 3 rd Floor
	 20 8:30 Yoga 9:30 Sit N B Fit 10:00 Bible Study 10:00 Lutheran Services 1:00 Walking Club 2:15 BINGO!	21 9:30 Sit N B Fit 10:15 Accordion w Karen 1:00 Walking Club 2:00 Milk Shake Day 6:00 Mystery Bingo!	22 9:30 Sit N B Fit 10:00 Catholic Services 1:00 Walking Club 1:30 Story Circle 2:15 BINGO!	23 8:30 Fit Plus 24 9:30 Sit N B Fit 10:30 Spa Day 1:00 Walking Club 2:00 Social Hour/Table Games	25 9:30 Sit N B Fit 10:30 Shepards Care 1:00 Walking Club 1:30 Story Circle 2:00 Paint N Sip	 26 10:30 Chair Yoga RCAC 3 rd Floor
	 27 8:30 Yoga 9:30 Sit N B Fit 10:00 Bible Study 10:00 Lutheran Services 1:00 Walking Club 2:15 BINGO! 5:45 Music w/ Joan	28 9:30 Sit N B Fit 10:30 Sing Along 1:00 Walking Club 2:00 Monthly Birthday Party w Stevie Keys	29 9:30 Sit N B Fit 10:00 Catholic Services 1:00 Walking Club 1:30 Story Circle 2:15 BINGO!	30	 April 2025 April Showers Bring May Flowers.	

Calendar Subject to Change for Spontaneous Fun.