

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026



RCAC

 <p>Tu B'Shevat Begins</p>	<p>1 8:30 Yoga 9:30 Sit n Fit 10:00 Bible Study 10:00 Lutheran Services 1:00 Walking Club 2:15 BINGO!</p> <p>Groundhog Day</p>	<p>2 9:30 Sit n Fit 10:15 Sing Along 1:00 Walking Club 1:30 Shepherd's Care 2:00 Making Valentines!</p>	<p>3 9:30 Sit n Fit 10:00 Catholic Services 1:00 Walking Club 1:30 Story Circle 2:15 BINGO!</p>	<p>4 8:30 Fit Plus 9:30 Sit n Fit 10:30 Women's Club 1:00 Walking Club 2:00 Social hour and a half/table game's</p>	<p>5 9:30 Sit n Fit 10:30 Daily Chronicles 1:30 Story Circle 2:00 Food Club Making a sweet treat!</p>	<p>6 10:30 Chair Yoga RCAC 3rd Floor 1:30 Sheepshead RCAC Dining Room</p>
	<p>8 8:30 Yoga 9:30 Sit n Fit 10:00 Bible Study 10:00 Lutheran Services 1:00 Walking Club 2:15 BINGO!</p>	<p>9 9:30 Sit n Fit 10:15 Accordion w/ Karen *RCAC 1:00 Walking Club 2:00 Cheese Ball Toss</p>	<p>10 9:30 Sit n Fit 10:00 Catholic Services 1:00 Walking Club 1:30 Story Circle 2:15 BINGO!</p>	<p>11 8:30 Fit Plus 9:30 Sit n Fit 10:30 Spa Day 2:00 Social hour and table game's 6:00 Sweetheart Dance music w/ Still Cruising</p>	<p>12 9:30 Sit n Fit 10:30 Trivia 1:00 Walking Club 1:30 Story Circle 2:00 Art N Craft</p>	<p>13 10:30 Chair Yoga RCAC 3rd Floor Happy Valentines Day! 1:30 Sheepshead RCAC Dining Room <small>Valentine's Day</small></p>
 <p>Presidents' Day (U.S.)</p>	<p>15 8:30 Yoga 9:30 Sit n Fit 10:00 Bible Study 10:00 Lutheran Services 1:00 Walking Club 2:15 BINGO!</p>	<p>16 9:30 Sit n Fit 10:30 Daniel Lovett (CBRF) 1:30 Shepherd's Care 6:00 Movie Night <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small></p>	<p>17 9:30 Sit n Fit 10:00 Catholic Services 1:00 Walking Club 1:30 Story Circle 2:15 BINGO!</p>	<p>18 8:30 Fit Plus 9:30 Sit n Fit 10:30 Men's Club 1:00 Walking Club 2:00 Social hour and a half/table game's</p>	<p>19 9:30 Sit n Fit 10:30 Resident Council 1:00 Walking Club 1:30 Story Circle 2:00 Recipe Swap (3rd Floor RCAC)</p>	<p>20 10:30 Chair Yoga RCAC 3rd Floor 1:30 Sheepshead RCAC Dining Room</p>
 <p>chutterstock.com - 2563282221</p>	<p>23 8:30 Yoga 9:30 Sit n Fit 10:00 Bible Study 10:00 Lutheran Services 1:00 Walking Club 2:15 BINGO!</p>	<p>24 9:30 Sit n Fit 10:15 Accordion w/ Karen *RCAC 1:00 Walking Club 2:00 Monthly Birthday Party</p>	<p>25 9:30 Sit n Fit 10:00 Catholic Services 1:00 Walking Club 1:30 Story Circle 2:15 BINGO!</p>	<p>26 8:30 Fit Plus 9:30 Sit n Fit 10:30 Spa Day 1:00 Walking Club 2:00 Social hour and a half/table game's</p>	<p>27 9:30 Sit n Fit 10:30 Trivia 1:00 Walking Club 1:30 Story Circle 2:00 Knitting w Friends</p>	<p>28 10:30 Chair Yoga RCAC 3rd Floor 1:30 Sheepshead RCAC Dining Room</p>

*Calendar subject to change for spontaneous fun.