

"AUTUMN SHOWS US HOW BEAUTIFUL IT IS TO LET THINGS GO."

I'm so glad i live in a world where there are October's! Chill winds blow away the veil of clouds shrouding the crescent moon so that it casts faint shadows in the forest. A deep hoot echo's, sending a shiver down your spine. October is considered owl month for good reason. This is the time of year that many great horned owls are active. They begin to set up territory and look for a mate. Hooting, screeching, and other vocalizations are integral to these rituals. For this reason, October is sometimes called the Hooting Season.

L.M. Montgomery



October
Birthdays
WE'RE
CELEBRATING:
Linda Oct 3



A friendly reminder from your country villa nurses, please make sure when you have an appointment that you have a copy of your after-visit summary from the provider for your chart at country villa. Also, please check the mail boxes for your family member

located in the activity room mail boxes.



In October we have several fun crafts and activities planned such as candy spider webs, Halloween bats and fall colors bus trip that were looking forward to! Speaking of festive, we'd like to invite families to come in and participate in a Halloween door decor challenge. Please help your loved one decorate their apartment door and residents will vote on Oct 30 the winner of the Boo Basket. Stop in activities for any and all supplies you may need. Its a highlight of the month to see all the scary doors of our community decorated so festive. Oct 31 is our Halloween party with costumes encouraged and some great entertainment and snacks and refreshments served. Also, we'll be hosting a Friends and Family Trick or treat on Oct-30 from 6-7 pm. If you could donate a bag of candy for this event for your family member we will have a box set up at the front entrance for any candy donations for that day so every resident can hand out candy to our guests. It's such a great event for our residents to see all the costumes and children! Hope to see you there!

Cooks Corner

A friendly reminder: Just as the seasons change the calendar menus are also always changing. If there's anything you don't care for on the menu ask for the alternative menu to choose from, just let kitchen know prior to meals. Resident council is a good meeting to attend on Oct 29 to voice your concerns and or menu likes or dislikes. Occasionally, when visiting our home you may find that your visit runs right into our scheduled meal times. We don't want your visit to stop because of that! If you would like to have a meal with your loved one please stop by the administrators office and purchase a meal ticket. Each ticket cost is \$5 no matter what is being served. Present that ticket to our kitchen staff ahead of mealtime and you are all set. Now your visit can include dining with us as well. Meal tickets can be purchased days ahead if you choose to, however we ask that you inform our kitchen staff daily that you will be dining with us. We like to be prepared for you.

Residents mailbox's are also located in the activity room so please check them out at your next visit.

FRIENDLY REMINDER TO FAMILIES:

PLEASE CHECK YOUR LOVED ONES
BATH AND BODY CARE ITEMS.IF
SUPPLIES ARE RUNNING LOW, WE'D
APPRECIATE RESTOCKS OF ITEMS
SUCH AS SHAMPOO,SOAP,LOTION
AND DEODORANT. THANK YOU FOR
HELPING US KEEP YOUR LOVED
ONES FEELING FRESH AND
PAMPERED!





Congratulations to our Resident of the Month. Your kindness, warmth, and joyful spirit brighten our community each day. We are so grateful for you!