

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	January 2026			1 1:15pm BNCO 2:45pm Shut the Box Dice 4pm Nail Painting	2 Activity Sheets Available in Activity Center (Lounge Area)	3 Activity Center
10:30am Televised Church Service (Channel 5) 11am Polka Polka Show (Channel 13) Activity Center	4 9:15am Yoga Stretches 10am Devotions, Daily Chronicle & Resident Council Meeting 1pm Bingo 2:30pm Book Club	5 10am Rosary 11am Guideposts 1pm Art Throb 3pm Lucky Dog Card Game	6 9:15am Banoodle 10am Devotions & Daily Chronicle 1:30pm Winter Tea Time Social 3pm Social Visits	7 Happy Birthday Rita S. 9:15am Chair Polka 10am Devotions & Daily Chronicle 1pm Guy Talk 2:30pm Happy Hour Hangout	8 9:15am Chair Zumba 10am Guideposts, Devotions & Daily Chronicle 1pm Book Club 2:30pm BINGO	9 9:15am Seated Disco 10am Devotions, Daily Chronicle 1pm Book Club 2:30pm BINGO
10:30am Televised Church Service (Channel 5) 11am Polka Polka Show (Channel 13) Activity Center	11 9:15am Yoga Stretches 10am Devotions, Daily Chronicle & Resident Council Meeting 1pm Bingo 2:30pm Book Club	12 9:15am Kickball 10am Rosary 11am Guideposts 1:15pm Movie Matinee-The Adventures of Milo & Otis 2:30pm Snack N Chat	13 9:15am Chair Polka 10am Devotions & Daily Chronicle 1pm RIO Visits (Pet Therapy) 2:30pm Crafty Creations	14 9:15am Chair Zumba 10:15am Sassu Pet Therapy 1pm Help Your Neighbor Card and Dice Game 2:30pm Happy Hour Hangout	15 9:15am Seated Disco 10am Devotions, Daily Chronicle 1pm Book Club 2:30pm BINGO	16 9:15am Seated Disco 10am Devotions, Daily Chronicle 1pm Book Club 2:30pm BINGO
10:30am Televised Church Service (Channel 5) 11am Polka Polka Show (Channel 13) Activity Center	18 9:15am Yoga Stretches 10am Devotions, Daily Chronicle & Resident Council Meeting 1pm Bingo 2:30pm Book Club	19 9:15am Beach Ball Volley 10am Rosary 11am Guideposts 1pm Art Throb 2:30pm Snack N Chat	20 9:15am Happy Birthday Jean 9:15am Chair Polka 10am Devotions & Daily Chronicle 1pm UNO 2:30pm Crafty Creations	21 9:15am Chair Zumba 10:15am Lutheran Church Service 1pm Song Trivia 2:30pm Happy Hour Hangout	22 9:15am Seated Disco 10am Devotions, Daily Chronicle 1pm BINGO 2:30pm Music by Still Cruisin	23 9:15am Seated Disco 10am Devotions, Daily Chronicle 1pm Book Club 2:30pm BINGO
10:30am Televised Church Service (Channel 5) 11am Polka Polka Show (Channel 13) Activity Center	25 9:15am Yoga Stretches 10am Devotions, Daily Chronicle & Resident Council Meeting 1pm Bingo 2:30pm Book Club	26 Happy Birthday Bernie 9:15am Move to the Music 10am Rosary 11:30am Load Bus for Lunch Outing to Friar Tucks 2:30pm UNO	27 9:15am Chair Polka 10am Devotions & Daily Chronicle 1pm RIO Visits (Pet Therapy) 2:30pm Crafty Creations	28 9:15am Chair Zumba 10am Guideposts, Devotions & Daily Chronicle 1pm White Board Games 2:30pm Happy Hour Hangout	29 9:15am Seated Disco 10am Devotions, Daily Chronicle 1pm Book Club 2:30pm BINGO	30 9:15am Seated Disco 10am Devotions, Daily Chronicle 1pm Book Club 2:30pm BINGO

*Living Room

*Activity Room

*Lounge

*Throughout the Facility

*Activity Center in Lounge

* RCAC

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Open Activity Room & Movie Theater	4	9:15am Yoga Stretches 10am Devotions, Daily Chronicle & Resident Council Meeting 1pm Bingo 2:30pm Book Club	5	9:15am Banoodle 10am Rosary 11am Guideposts 1pm Art Throb 3pm Lucky Dog Card Game	6	9:15am Chair Polka 10am Devotions & Daily Chronicle 1:30pm Winter Tea Time Social-RCAC 3pm Social Visits	7	9:15am Chair Zumba 10am Guideposts, Devotions & Daily Chronicle 1pm Guy Talk 2:30pm Happy Hour Hangout	8	9:15am Seated Disco 10am Devotions, Daily Chronicle 1pm Book Club 2:30pm BINGO	9	Open Activity Room & Movie Theater
Open Activity Room & Movie Theater	11	9:15am Yoga Stretches 10am Devotions, Daily Chronicle & Resident Council Meeting 1pm Bingo 2:30pm Book Club	12	9:15am Kickball 10am Rosary 11am Guideposts 1:15pm Movie Matinee-The Adventures of Milo & Otis 2:30pm Snack N Chat	13	9:15am Chair Polka 10am Devotions & Daily Chronicle 1pm RIO Visits (Pet Therapy) 2:30pm Crafty Creations	14	9:15am Chair Zumba 10:15am SASSU Pet Therapy 1pm Help Your Neighbor Card and Dice Game 2:30pm Happy Hour Hangout	15	9:15am Seated Disco 10am Devotions, Daily Chronicle 1pm Book Club 2:30pm BINGO	16	Open Activity Room & Movie Theater
Open Activity Room & Movie Theater	18	9:15am Yoga Stretches 10am Devotions, Daily Chronicle & Resident Council Meeting 1pm Bingo 2:30pm Book Club	19	9:15am Beach Ball Volleyball 10am Rosary 11am Guideposts 1pm Art Throb 2:30pm Snack N Chat	20	9:15am Chair Polka 10am Devotions & Daily Chronicle 1pm UNO 2:30pm Crafty Creations	21	Happy Birthday Vernita 9:15am Chair Zumba 10:15am Lutheran Church Service 1pm Song Trivia 2:30pm Happy Hour Hangout	22	9:15am Seated Disco 10am Devotions, Daily Chronicle 1pm Book Club 2:30pm Live Music by Still Cruisin -RCAC	23	Open Activity Room & Movie Theater
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		Martin Luther King Jr. Day										
		Australia Day (Observed)										

Activities & Times Subject To Change