

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:15am Chair Polka 1 10am Devotions & Daily Chronicle 1pm Halloween Mini Golf 2:30pm Crafty Creations 3:45pm 6-5-4 Dice	9:15am Chair Zumba 2 10am Guideposts, Devotions & Daily Chronicle 1pm BINGO 2:30pm Guardian Angel Pins 3:45pm Word Ladder	9:15am Seated Disco 3 10am Devotions, Daily Chronicle 1pm Pumpkin Painting 2:30pm Happy Hour & Elvis Bingo 3:45pm Book Club	Open Activity Room 4 OR Movie in Theater (Ask Staff for Assistance)
Open Activity Room 5 OR Movie in Theater (Ask Staff for Assistance)	9:15am Yoga Stretches 6 10am Devotions, Daily Chronicle & Resident Council Meeting 1pm Bingo 2:30pm Book Club 3:45pm Flip It-Card Game	9:15am Upper Body Exercise 10:30am Departure for Fall Colors Ride-Meet in Lounge(CBRF) 3:45pm Banoodle	9:15am Chair Polka 8 10am Rosary 10am Nail Painting 1pm Visit with RIO 2:30pm Crafty Creations 3:45pm Shut the Box	9:15am Chair Zumba 9 10am Guideposts, Devotions & Daily Chronicle 1pm Bingo 2:30pm Travel Destination-Oxford, England 3:45pm Have You Ever	9:15am Seated Disco 10 10am Devotions, Daily Chronicle 1pm Science Lab 2:30pm Happy Hour & Music by Rob Peterson 3:45pm Book Club	Open Activity Room 11 OR Movie in Theater (Ask Staff for Assistance)
Open Activity Room 12 OR Movie in Theater (Ask Staff for Assistance)	9:15am Yoga Stretches 13 10am Devotions & Daily Chronicle 1pm Bingo 2:30pm Book Club 3:45pm UNO Indigenous Peoples' Day Columbus Day (U.S.)	9:15am Sit N Be Fit 14 10am Rosary 10am Nail Painting 11am Guideposts 1pm Random Trivia 1:30pm Music by Arlie & Birthdays 3pm Snack n Chat 4:15 Conversation Catch	9:15am Chair Polka 15 10am Devotions & Daily Chronicle 1pm Lawrence Welk Show 2:30pm Crafty Creations 3:45pm Dice Bowling	9:15am Chair Zumba 16 10am Guideposts, Devotions & Daily Chronicle 1pm BINGO 2:30pm Beaded Name Chains 3:45pm Roulette	9:15am Seated Disco 17 10am Devotions, Daily Chronicle 1pm Creative Canvas 2:30pm Happy Hour & Sounds a Bit Fishy Game 3:45pm Book Club	Open Activity Room 18 OR Movie in Theater (Ask Staff for Assistance)
Open Activity Room 19 OR Movie in Theater (Ask Staff for Assistance)	9:15am Yoga Stretches 20 10am Devotions & Daily Chronicle 1pm Bingo 2:30pm Book Club 3:45pm Three Piece Suit-Card Game	9:15am Move to the Music 21 10am Rosary 10am Nail Painting 11am Guideposts 1pm Art Throb Club 2:30pm Snack N Chat 3:45pm Famous	9:15am Chair Polka 22 10am Devotions & Daily Chronicle 1pm Visit with RIO 2:30pm Crafty Creations 3:45pm Help Your Neighbor	9:15am Chair Zumba 23 9:45am Guideposts 10:30am Lutheran Service 1pm BINGO 2:30pm Sweet Sweet Music 3:45pm Black Jack	Pink Out Day 24 9:15am Seated Disco 10:30am Sassu Pet Therapy 1pm Science Lab 2:30pm Happy Hour & Think Pink Game 3:45pm Book Club	Open Activity Room 25 OR Movie in Theater (Ask Staff for Assistance)
Open Activity Room 26 OR Movie in Theater (Ask Staff for Assistance)	9:15am Yoga Stretches 27 10am Devotions & Daily Chronicle 1pm Bingo 2:30pm Book Club 3:45pm Rummy-Card Game	9:15am Upper Body Exercise 28 10am Rosary 10am Nail Painting 11am Guideposts 1pm Scavenger Hunt 2:30pm Snack N Chat 3:45pm Parachute Pop	9:15am Chair Polka 29 10am Devotions & Daily Chronicle 1pm Movie Matinée 3:45pm Diceo-Dice Game	9:15am Chair Zumba 30 10am Guideposts, Devotions & Daily Chronicle 1pm BINGO 2:30pm Bountiful Book marks 3:45pm Name That Car	Happy Halloween 31 9:15am Seated Disco 10am Devotions, Daily Chronicle 1pm Creative Canvas 2:30pm Happy Hour & Halloween Games	Activities Subject to Change
*Living Room	*Activity Room	*Lounge	*Throughout the Facility	*Outside (Weather Permitting)	* RCAC Theater	