

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	8:30 Yoga 9:30 Sit n Fit 10:00 Bible Study 10:00 Lutheran Services 2:15 BINGO!	1 9:30 Sit n Fit 10:15 Accordion w/ Karen *RCAC 1:30 Shepherd's Care	2 9:30 Sit n Fit 10:00 Catholic Services 2:15 BINGO!	3 8:30 Fit Plus 9:30 Sit n Fit 10:00 Bible Study 10:00 Spa Day 2:00 Social Hour	4 9:30 Sit n Fit 10:30 Daily Chronicles 1:00 Story Circle 2:00 Arts n Crafts	5 10:30 Chair Yoga RCAC 3 rd Floor 1:30 Sheepshead RCAC Dining Room
	7 8:30 Yoga 9:30 Sit n Fit 10:00 Bible Study 10:00 Lutheran Services 2:15 BINGO!	8 9:30 Sit n Fit 10:15 Sing Along 2:00 Food Club	9 9:30 Sit n Fit 10:00 Catholic Services 2:15 BINGO!	10 8:30 Fit Plus 9:30 Sit n Fit 10:00 Bible Study 10:00 Walmart Outing 10:00 Men's Club 2:00 Social Hour	11 9:30 Sit n Fit 10:30 Trivia 1:00 Story Circle 2:00 Soakin up the Sun	12 10:30 Chair Yoga RCAC 3 rd Floor 1:30 Sheepshead RCAC Dining Room
	14 8:30 Yoga 9:30 Sit n Fit 10:00 Bible Study 10:00 Lutheran Services 2:15 BINGO!	15 9:30 Sit n Fit 10:15 Accordion w/ Karen *RCAC 10:30 Music by Dan Lovett CBRF 1:30 Shepherd's Care	16 9:30 Sit n Fit 10:00 Catholic Services 2:15 BINGO! 6:00 Family Night	17 8:30 Fit Plus 9:30 Sit n Fit 10:00 Bible Study 10:00 Spa Day 2:00 Social Hour	18 9:30 Sit n Fit 10:30 Resident Council 1:00 Story Circle 2:00 Father's Day Event Juneteenth	19 10:30 Chair Yoga RCAC 3 rd Floor 1:30 Sheepshead RCAC Dining Room
	21 8:30 Yoga 9:30 Sit n Fit 10:00 Bible Study 10:00 Lutheran Services 2:15 BINGO!	22 9:30 Sit n Fit 10:15 Sing Along 2:00 Fused Glass Class \$10	23 9:30 Sit n Fit 10:00 Catholic Services 2:15 BINGO!	24 8:30 Fit Plus 9:30 Sit n Fit 10:00 Bible Study 10:00 Women's Club 2:00 Social Hour	25 9:30 Sit n Fit 10:30 Women's Grief Group 1:00 Froggs Ice Cream Outing	26 10:30 Chair Yoga RCAC 3 rd Floor 1:30 Sheepshead RCAC Dining Room
	28 8:30 Yoga 9:30 Sit n Fit 10:00 Bible Study 10:00 Lutheran Services 2:15 BINGO!	29 9:30 Sit n Fit 10:15 Accordion w/ Karen *RCAC 2:00 Monthly Birthday Party w Chris Okerse	<h1>June 2026</h1> <h2>RCAC</h2>			

*Activities subject to change for spontaneous fun.