

hello September

“Falling Into Fun at Country Villa!”

Celebrate the beginning of fall with cozy activities, colorful crafts, music, baking, games, and reminiscing.

“September is a month of changing leaves, cooler days, and new memories waiting to be made. Here at Country Villa, we’re looking forward to filling the month with laughter, friendship, meaningful moments, and a little fall fun!”

🍁 This Month at a Glance – Music with Country Sunshine on 9/1. Music with Folks like Us on 9/10, picnic at High cliff, Fun Crafts, Fun in the Kitchen, 9/17 Little Farmer Apple Orchard we will end the month with lunch and shopping!

🎂 September Birthdays – Beverly B 9/11

“Life is better when you’re making memories together.”



“May your September be filled with sunshine, friendship, laughter, and little moments that make your heart happy.”

 From the Nurse

 Welcome, September!

As we welcome the first signs of fall, September is a wonderful time to focus on our health and well-being. The changing weather can bring cooler temperatures, so remember to dress comfortably and stay warm when heading outdoors.

This month, let's continue to make healthy choices by staying active, drinking plenty of fluids, eating nutritious meals, and getting plenty of rest. Even small steps can make a big difference in how we feel each day.

September is also a great time to check in with yourself and let our care team know if you have any new concerns, changes in how you are feeling, or questions about your medications or health.

Most importantly, remember that your health and comfort are important to us. We are here to listen, help, and support you every step of the way.

Wishing all of our residents and families a happy, healthy, and beautiful September!



— Your Country Villa Nursing Team



 From Our Kitchen

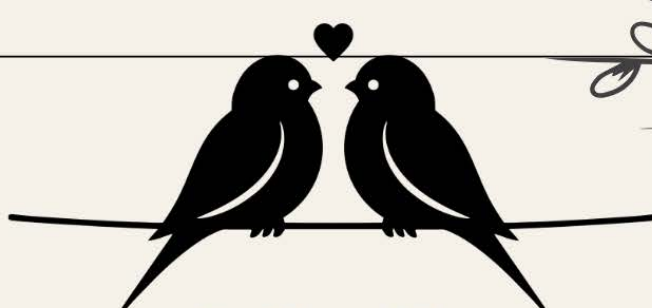
A Taste of Fall at Country Villa! September brings cooler days, cozy flavors, and plenty of delicious reasons to gather around the table! Our kitchen team is excited to welcome the flavors of fall with comforting favorites, seasonal treats, and meals made with care.

As the leaves begin to change, look forward to favorites featuring apples, cinnamon, pumpkin, and other warm fall flavors. We hope each meal brings not only something tasty to enjoy, but also a chance to visit, laugh, and make memories together.

We are always happy to hear your favorite recipes, meal ideas, and special requests. After all, some of the best recipes are the ones that bring back wonderful memories! "Good food brings people together, and good memories make every bite even sweeter." 

Wishing everyone a happy, healthy, and delicious September!

— Your Country Villa Kitchen Team



The Story of Bev

Hi, I'm Bev. I was born at St. Elizabeth Hospital, I was raised on a farm northwest of Mackville. I am one of 11 siblings, although sadly, two of my siblings have passed away.

I attended school in Mackville for four years and then continued my education in Freedom through high school. During those years, I held a few part-time jobs, including working at Mer & Jackies Supper Club. I had a wonderful home economics teacher who sparked my love of baking and cooking—something I have enjoyed throughout my life.

After high school, I moved to Saukville, near Port Washington, with a very close friend. While there, I worked part-time at a hardware store and later at a metal stamping factory. Out of all the employees there, I was one of only four women.

My job at the metal stamping factory eventually led me to Valmet. Out of approximately 220 blue-collar employees, I was the only woman. It was certainly an experience I'll never forget! I also enjoyed playing in a couple of pool leagues during that time.

Nine years later, I decided to move back home to Appleton so I could be closer to my family and seek new employment. I worked at Valmet for another nine years and was then proud to begin working at Walmart.

Eventually, I moved into a small condo. I got a ring-necked collared dove and later a lovebird, both of which kept me wonderful company. My first pet was a cat who was with me for 15 years—and after that, I thought one cat was enough!

My older brother, who was seven years older than me, affectionately called me "the bird lady." I have always loved animals and have many fond memories involving the pets in my life.

Speaking of pets, my brother had a cat who lived for an incredible 23 years!

Those special animals certainly became an important part of our family memories.

— Bev

