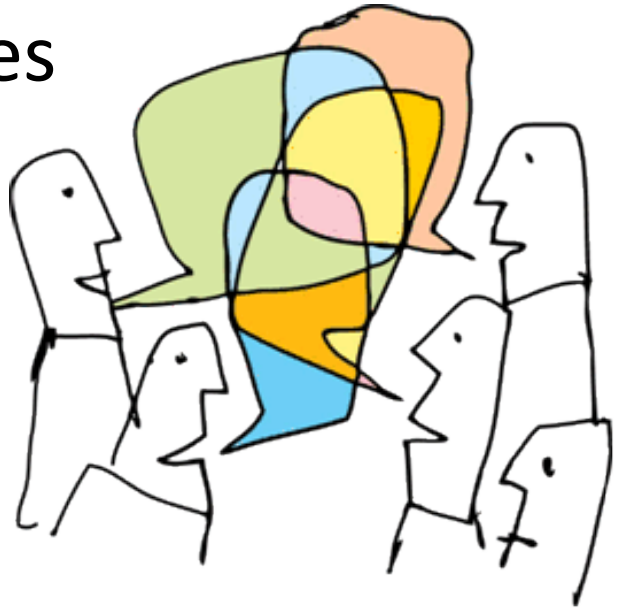
Haskell County Community Health & Wellness Assessment 2017

Judy Johnston, MS, RD, LD
Dept. of Preventive Medicine & Public Health
University of Kansas School of Medicine – Wichita
316-293-1861 jjohnsto@kumc.edu

What we will discuss

- Overview of assessment/survey: purpose & process
- Demographic data: who completed the survey
- Data: Beliefs regarding health & wellness
- Data: health & wellness resources
- Next steps



Why we did a community health & wellness assessment

- Assess the knowledge, beliefs and perceptions of health and wellness resources among residents of Haskell County
- Provide data on residents' needs/wants for use in planning and for grant applications
- Increase awareness of residents regarding sector-level opportunities for health and wellness
- Enhance community engagement through survey and focus groups

Survey Process

- Recruited Baylor Interns, community champions, and community volunteers
- Trained all volunteers and interns on data collection protocol and human subjects protections
- Students coordinated data collection with community champions and trained volunteers
- Students tracked completed surveys by address to assure coverage
- Data entered by Baylor interns and analyzed by KUSM-W statistician

DEMOGRAPHIC DATA: WHO COMPLETED THE SURVEY

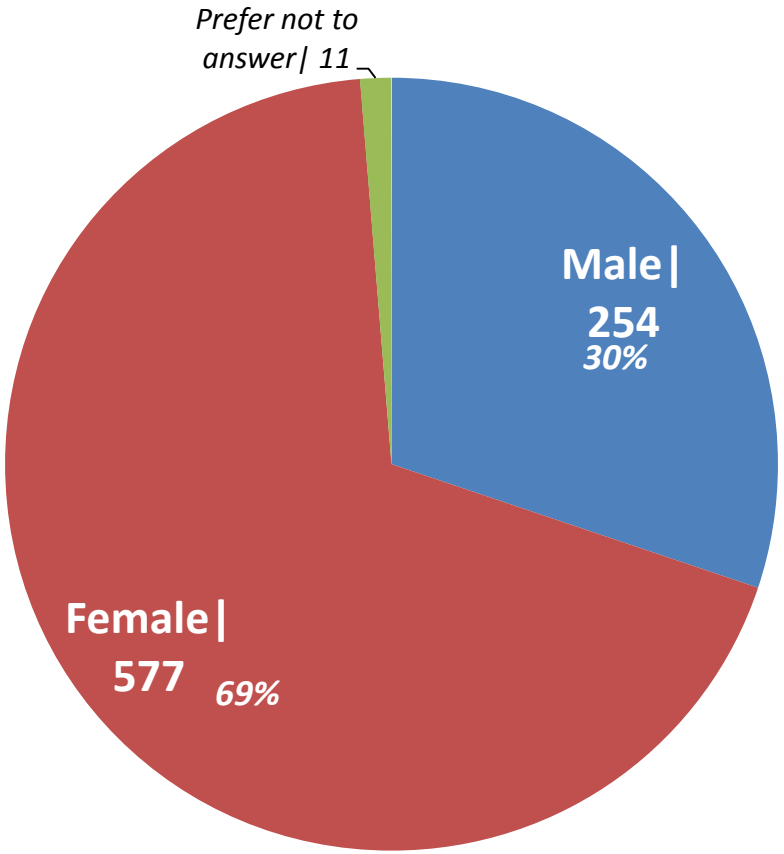
890 COMPLETED SURVEYS:

90.44% OF HOUSEHOLDS IN SATANTA & SUBLETTE;

63% OF HOUSEHOLDS IN HASKELL COUNTY

HS

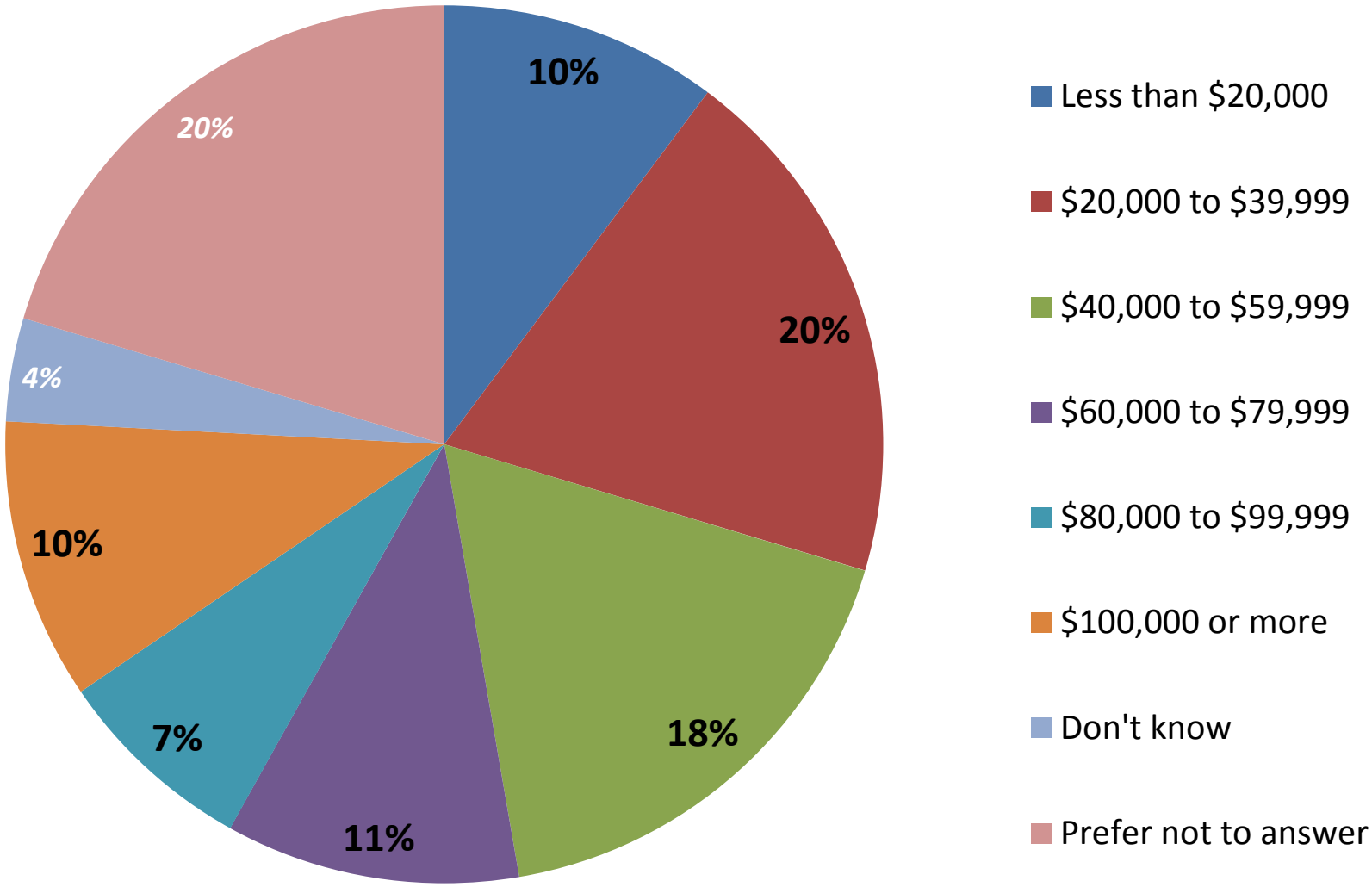
Gender and Age of Individual who completed the survey



Age	
Mean	**46.3**
Median	**45**
Std Dev	**17.3**

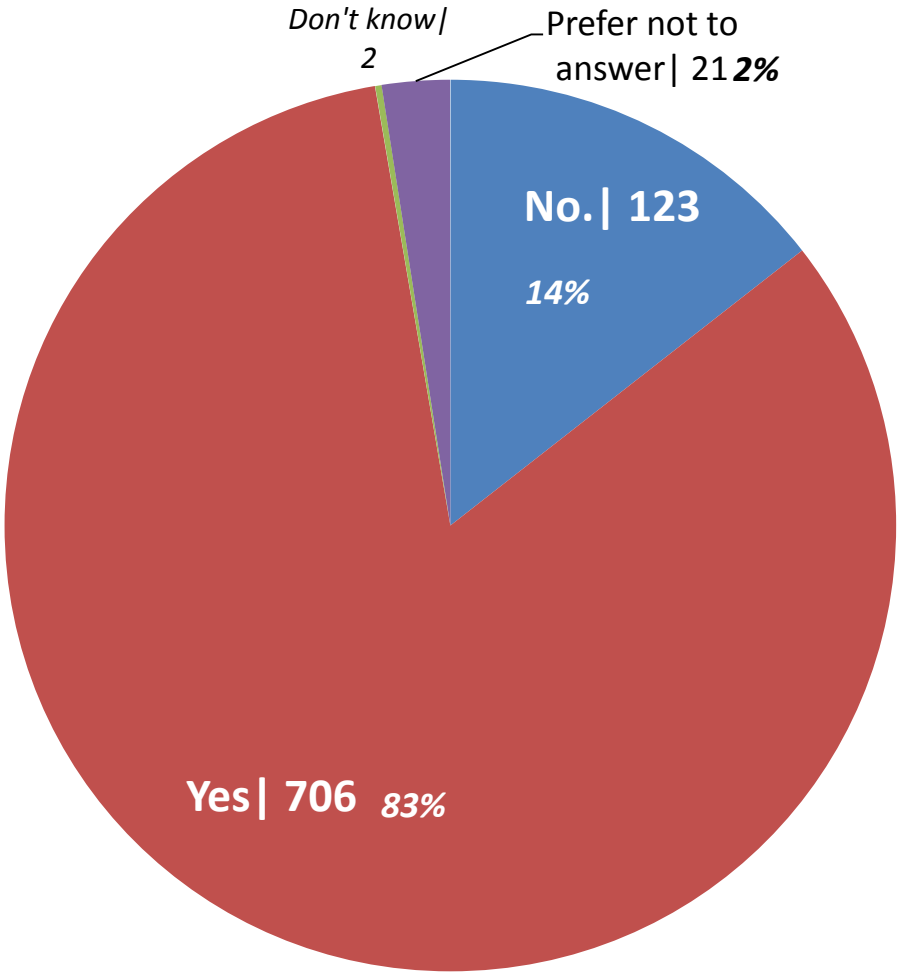
HS

Total Annual Household Income



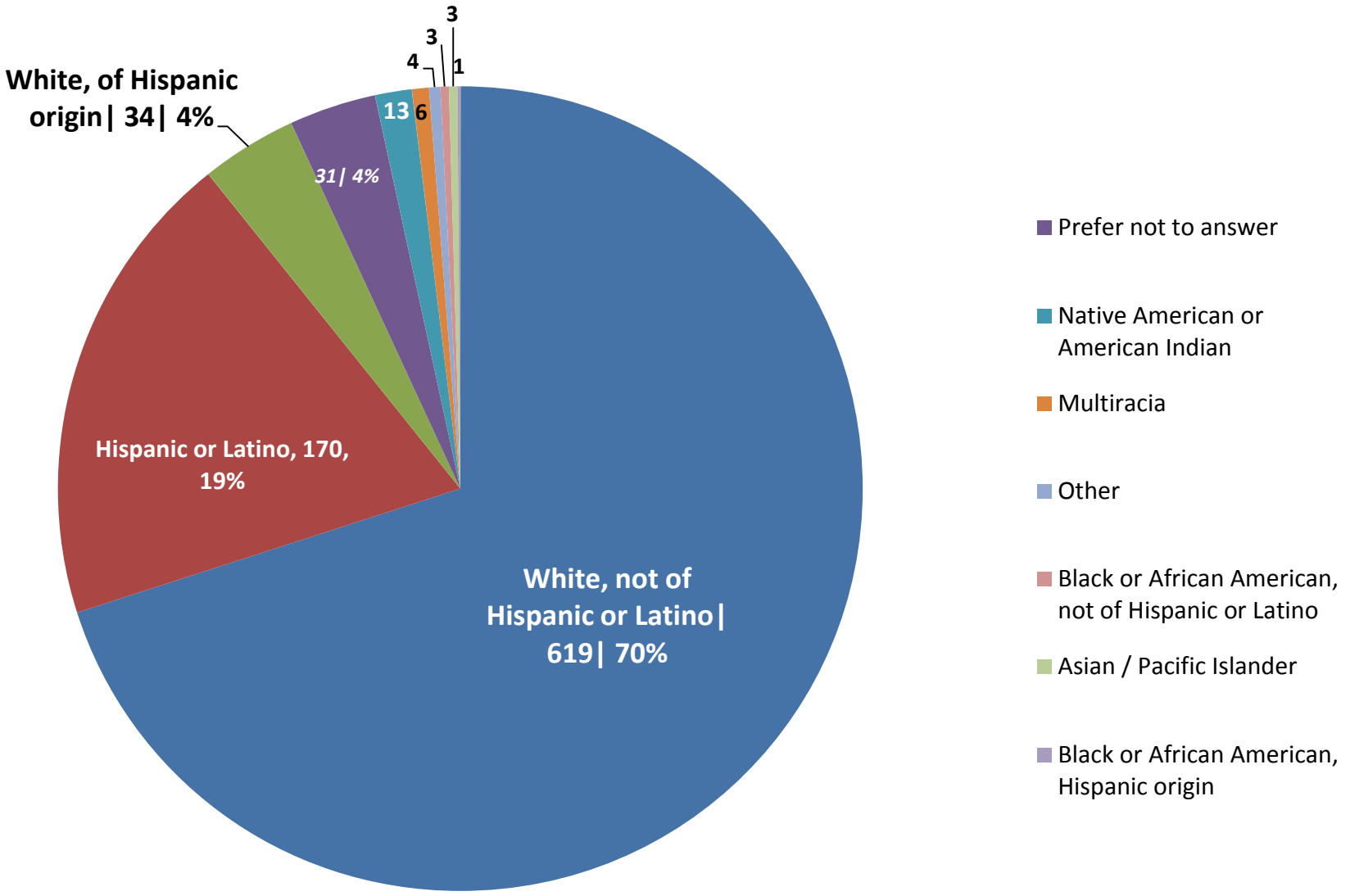
HS

Are you or any member of your household currently employed?



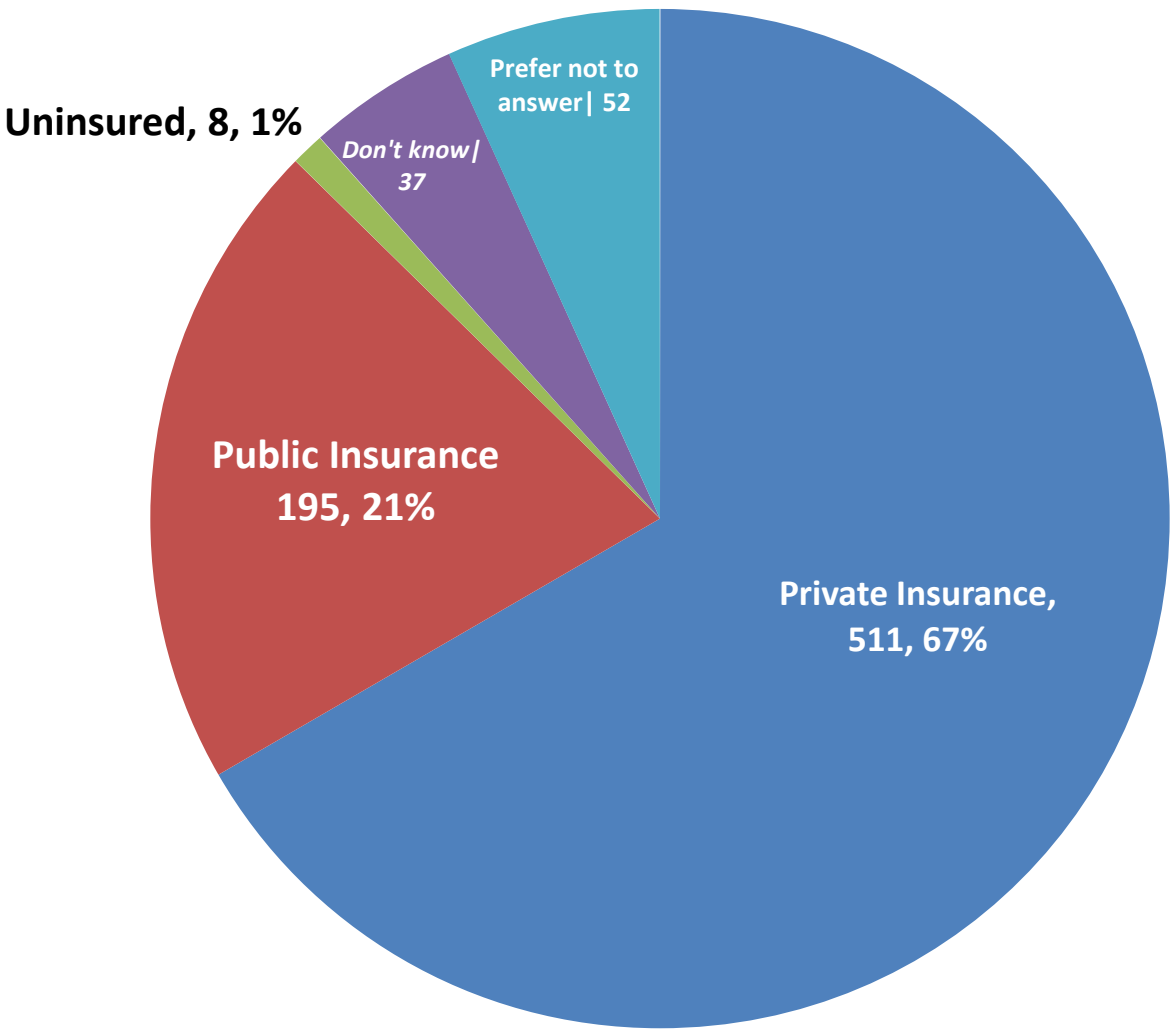
HS

Race/Ethnicity



HS

Insurance



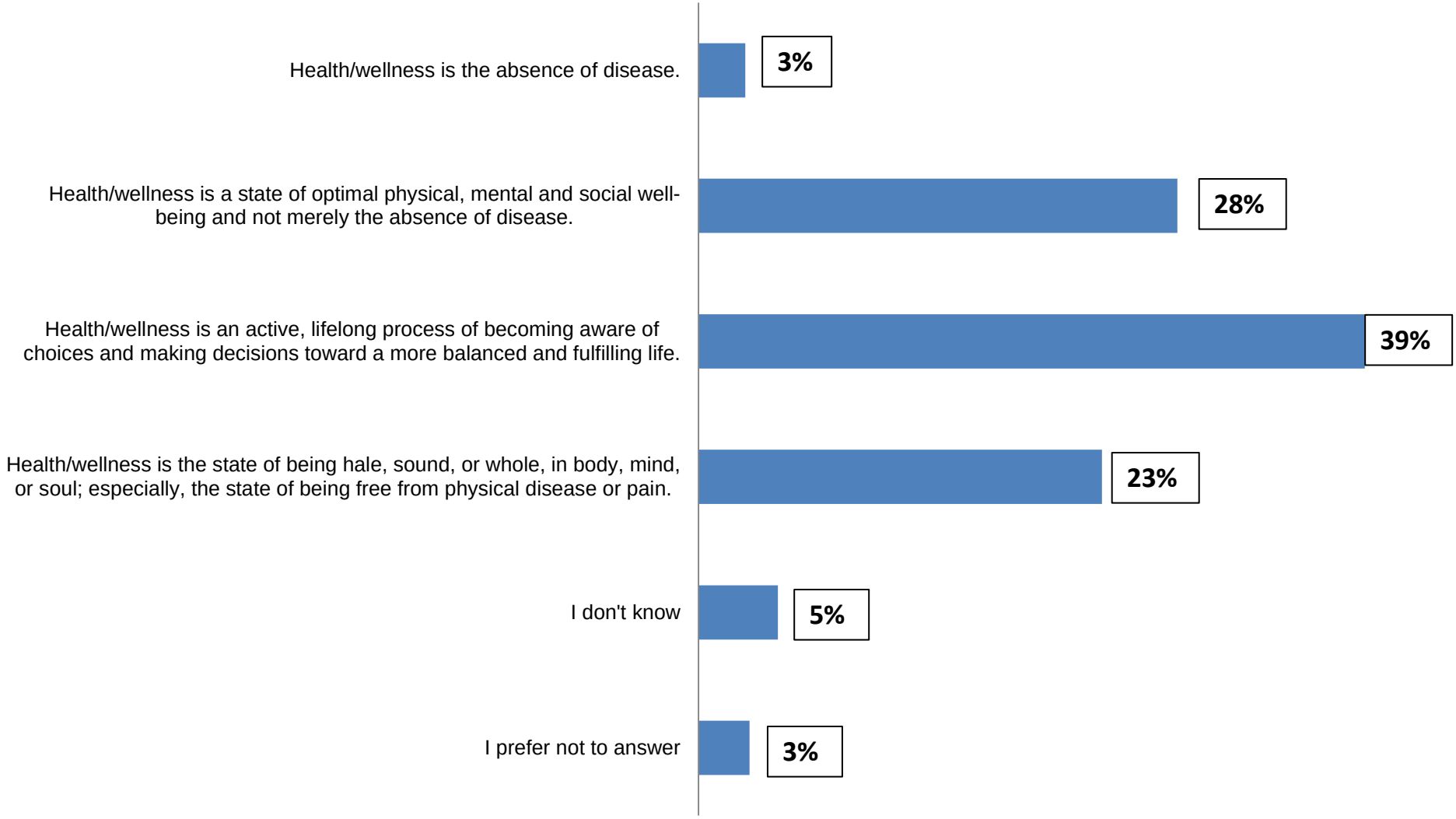
BELIEFS REGARDING HEALTH & WELLNESS

Definitions of Health & Wellness

- Health/wellness is the lack of disease.
- Health/wellness is a state of best physical, mental and social welfare and not merely the lack of disease.
- Health/wellness is an active, lifelong process of becoming aware of choices and making decisions toward a more satisfying life.
- Health/wellness is the state of being strong, undamaged, or whole, in body, mind, or soul; especially, the state of being free from physical disease or pain.

HS

Health/wellness definition that you prefer



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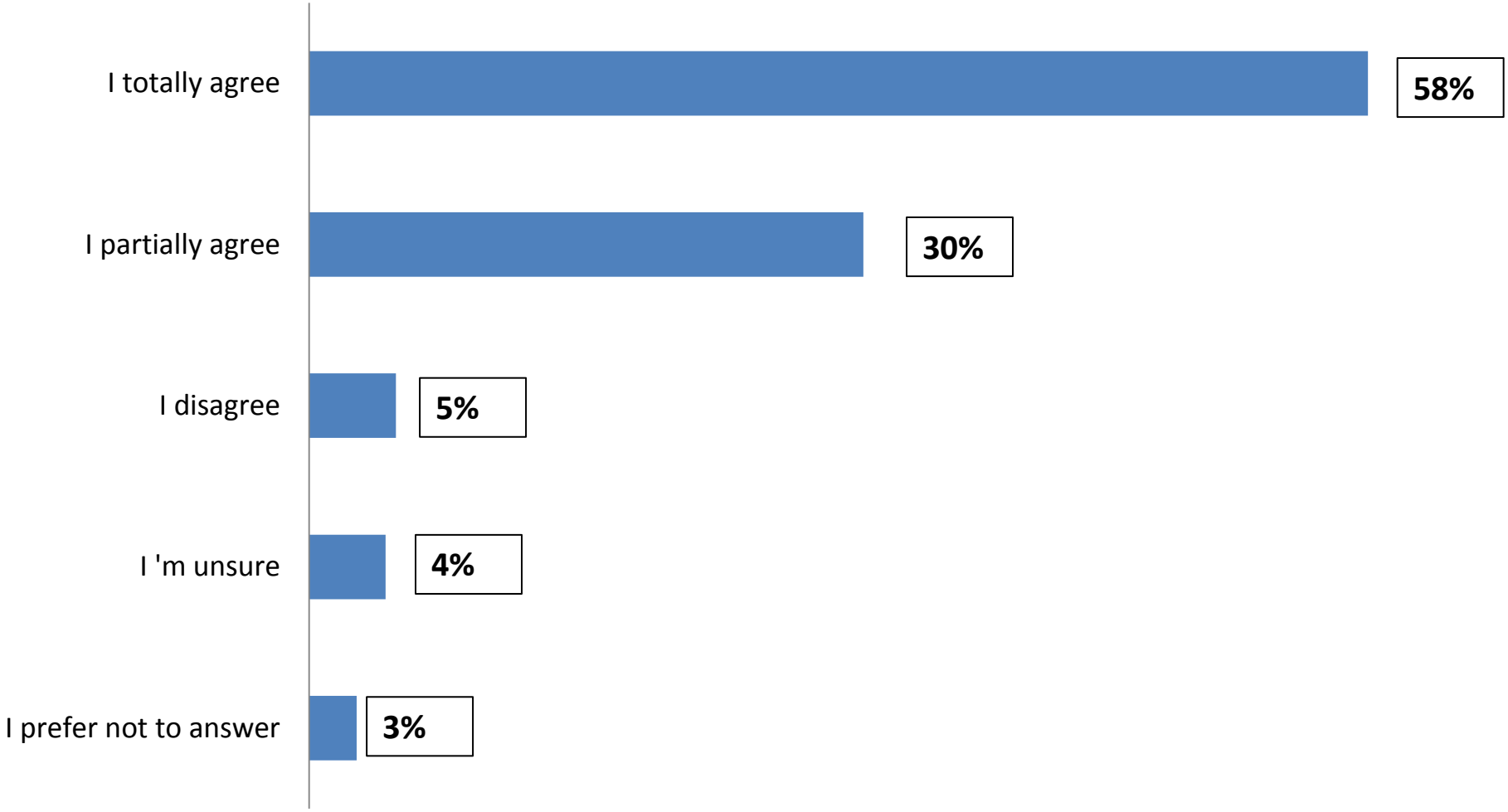
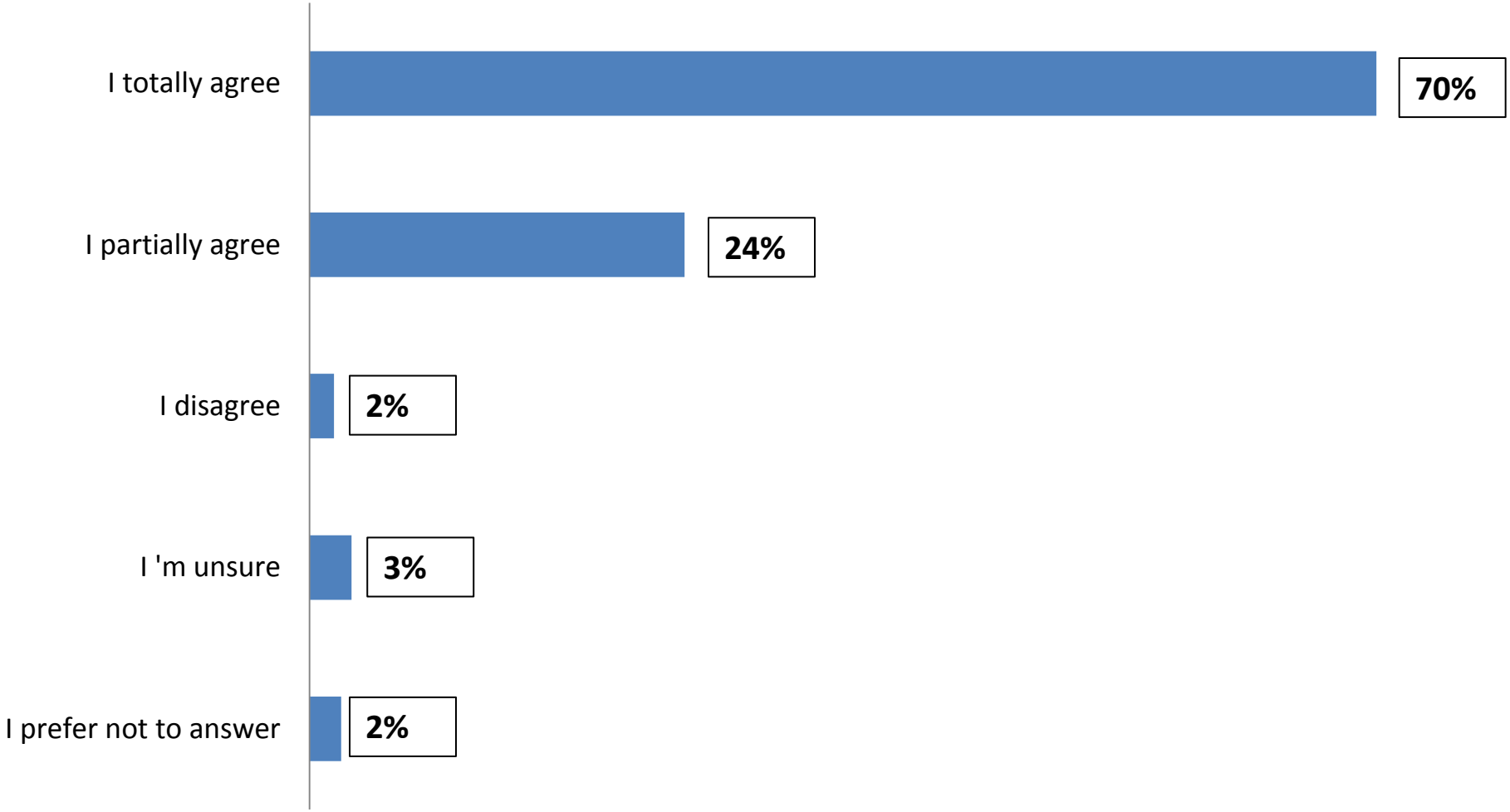
My Health/wellness is affected by the environments where I live, learn, play and pray



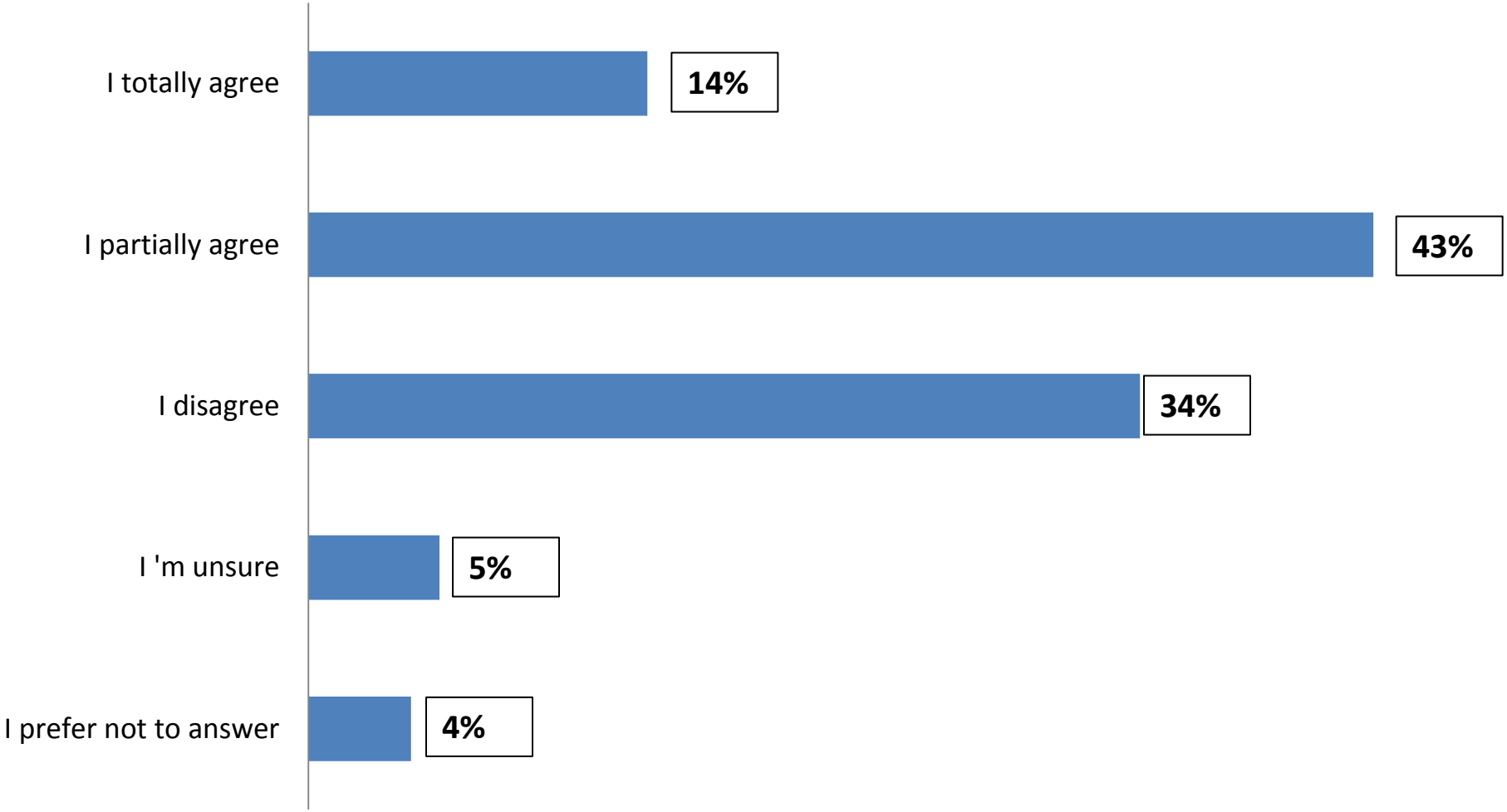
HS

My personal choices affect how healthy/well I am



HS

Healthcare system has control over my health/wellness

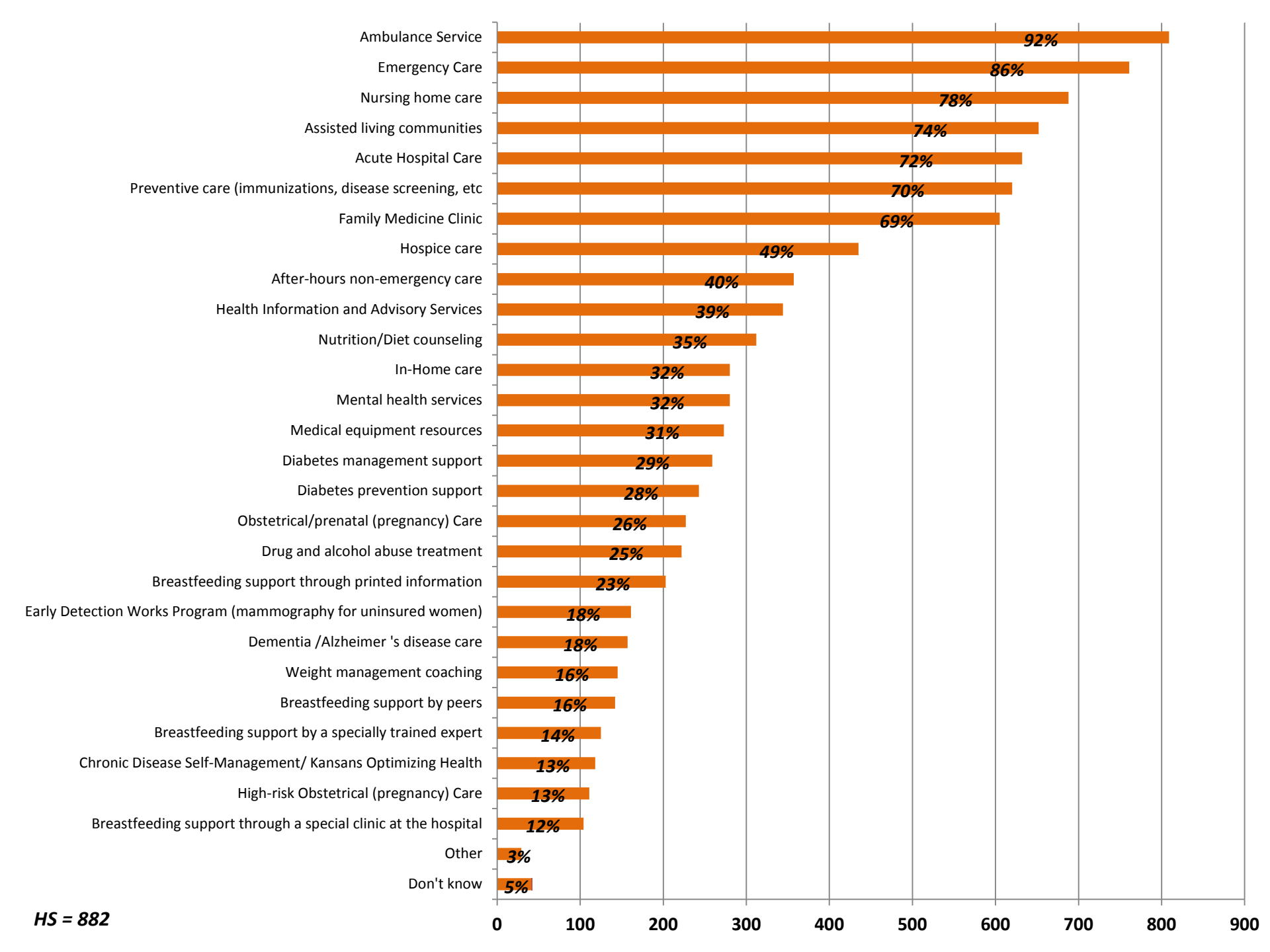


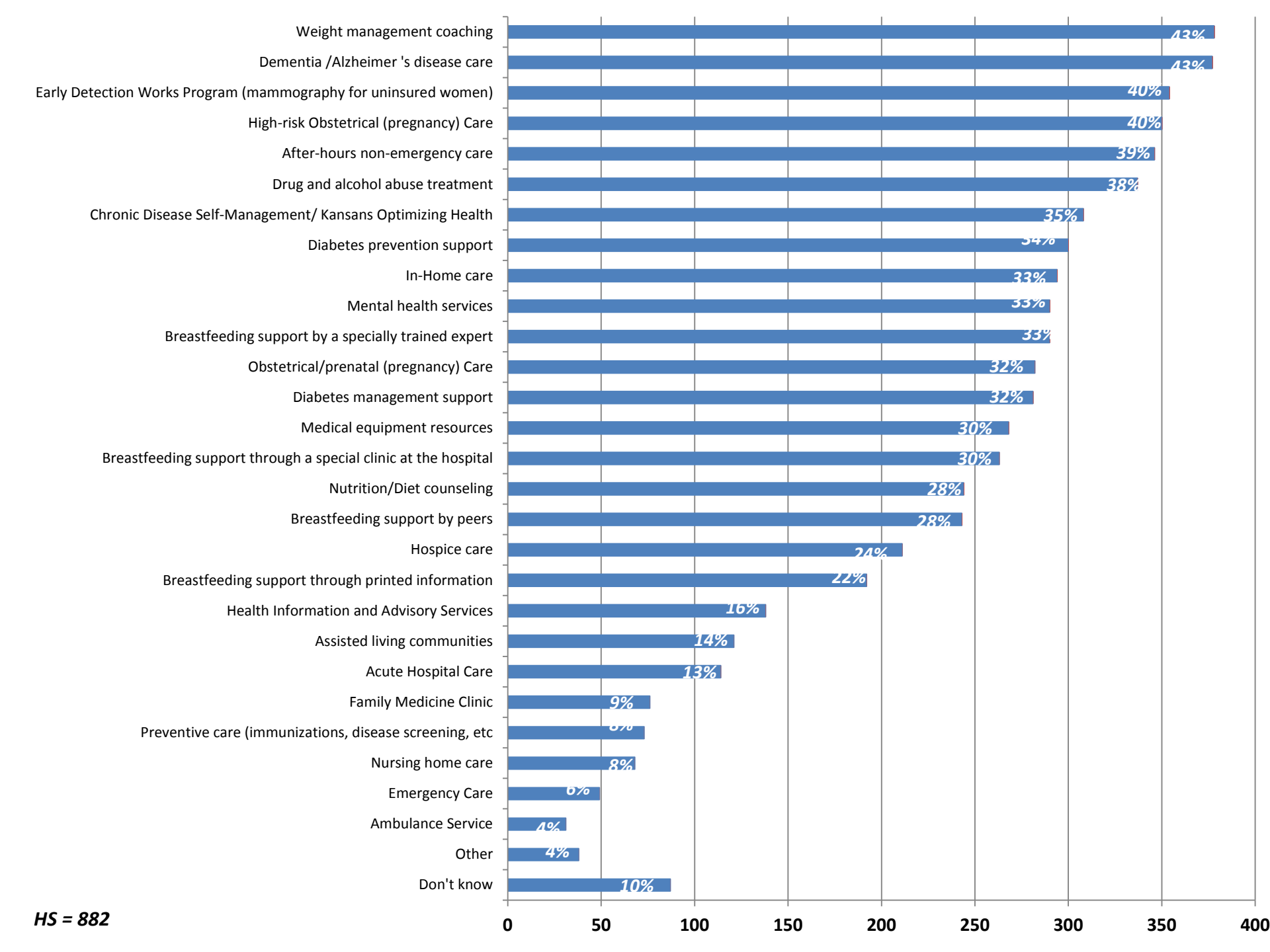
HASKELL COUNTY DATA: HEALTH & WELLNESS RESOURCES THAT PEOPLE THINK OR KNOW ARE AVAILABLE AND WHAT THEY WANT OR NEED TO BE AVAILABLE

Orange bars are health and wellness resources people think or know are available in Haskell County

Blue bars are health and wellness resources people want or need to be available in Haskell County

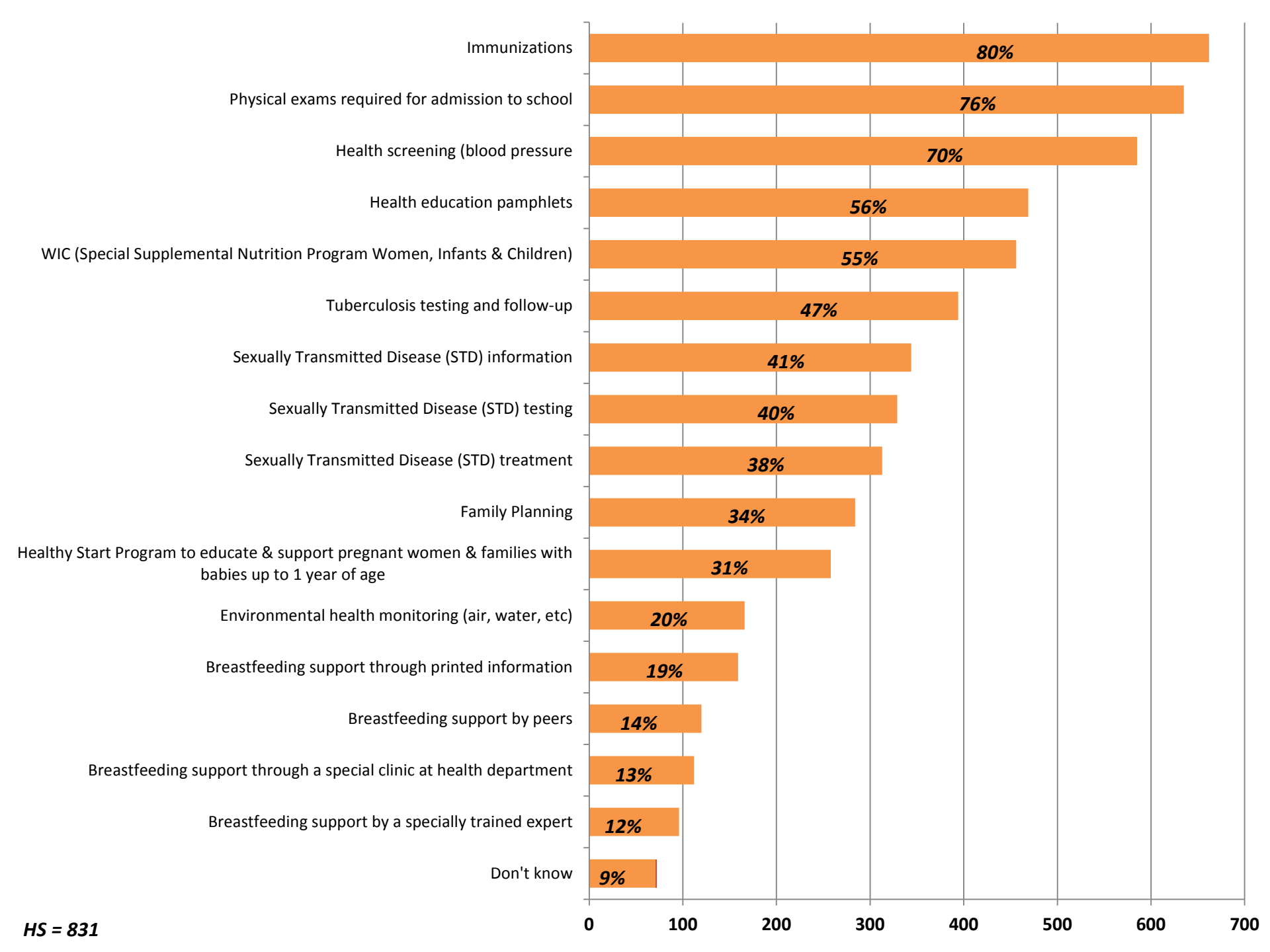
HEALTHCARE SECTOR

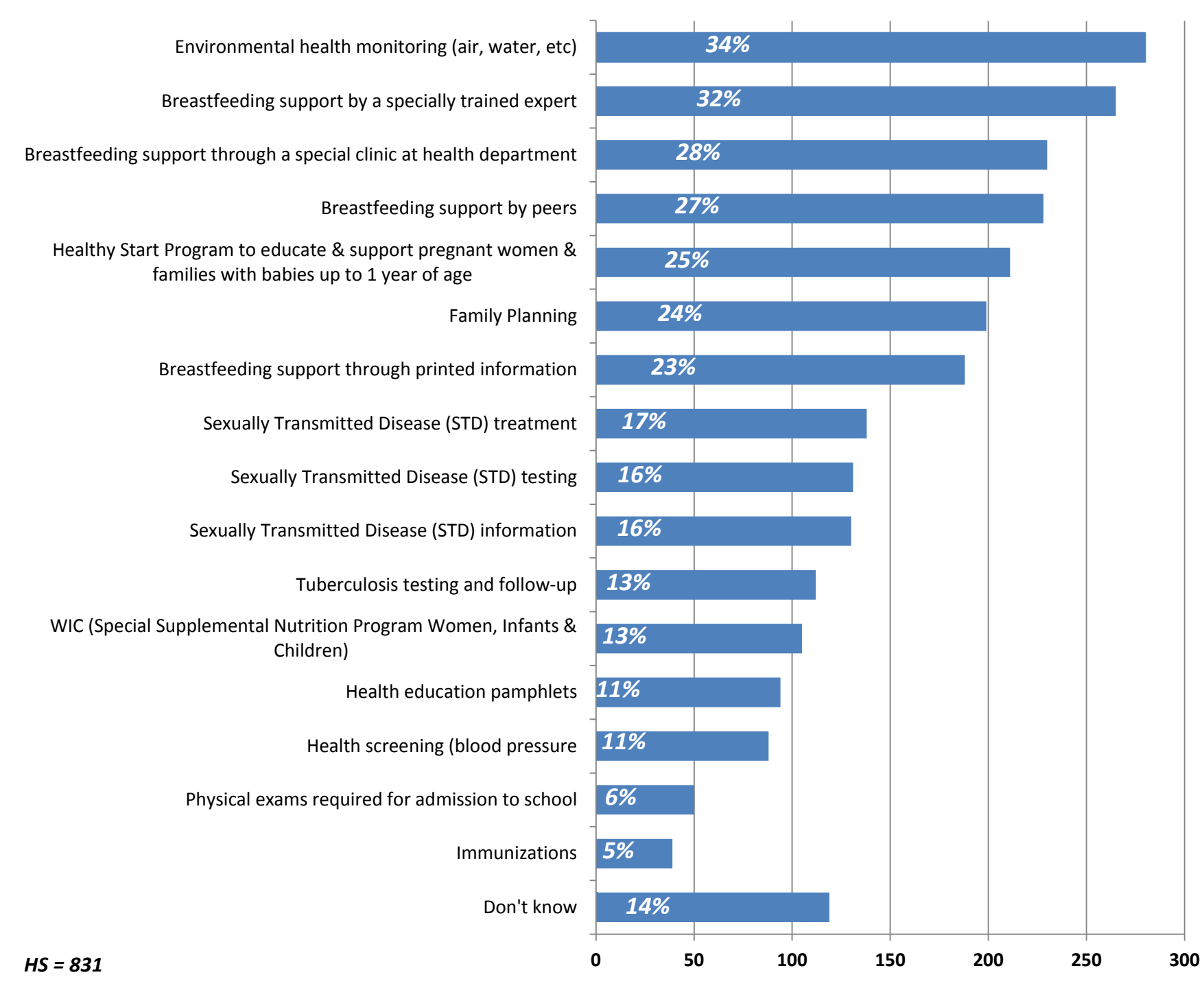

Ambulance Service 92%
Emergency Care 86%
Nursing home care 78%
Assisted living communities 74%
Acute Hospital Care 72%
Preventive care (immunizations, disease screening, etc 70%
Family Medicine Clinic 69%
Hospice care 49%
After-hours non-emergency care 40%
Health Information and Advisory Services 39%
Nutrition/Diet counseling 35%
In-Home care 32%
Mental health services 32%
Medical equipment resources 31%
Diabetes management support 29%
Diabetes prevention support 28%
Obstetrical/prenatal (pregnancy) Care 26%
Drug and alcohol abuse treatment 25%
Breastfeeding support through printed information 23%
Early Detection Works Program (mammography for uninsured women) 18%
Dementia /Alzheimer 's disease care 18%
Weight management coaching 16%
Breastfeeding support by peers 16%
Breastfeeding support by a specially trained expert 14%
Chronic Disease Self-Management/ Kansans Optimizing Health 13%
High-risk Obstetrical (pregnancy) Care 13%
Breastfeeding support through a special clinic at the hospital 12%
Other 3%
Don't know 5%
0
100
200
300
400
500
600
700
800
900
HS = 882


Weight management coaching
Dementia /Alzheimer 's disease care
Early Detection Works Program (mammography for uninsured women)
High-risk Obstetrical (pregnancy) Care
After-hours non-emergency care
Drug and alcohol abuse treatment
Chronic Disease Self-Management/ Kansans Optimizing Health
Diabetes prevention support
In-Home care
Mental health services
Breastfeeding support by a specially trained expert
Obstetrical/prenatal (pregnancy) Care
Diabetes management support
Medical equipment resources
Breastfeeding support through a special clinic at the hospital
Nutrition/Diet counseling
Breastfeeding support by peers
Hospice care
Breastfeeding support through printed information
Health Information and Advisory Services
Assisted living communities
Acute Hospital Care
Family Medicine Clinic
Preventive care (immunizations, disease screening, etc
Nursing home care
Emergency Care
Ambulance Service
Other
Don't know
43%
43%
40%
40%
39%
38%
35%
34%
33%
33%
33%
32%
32%
30%
30%
28%
28%
24%
22%
16%
14%
13%
9%
8%
8%
6%
4%
4%
10%
0
50
100
150
200
250
300
350
400

HS = 882

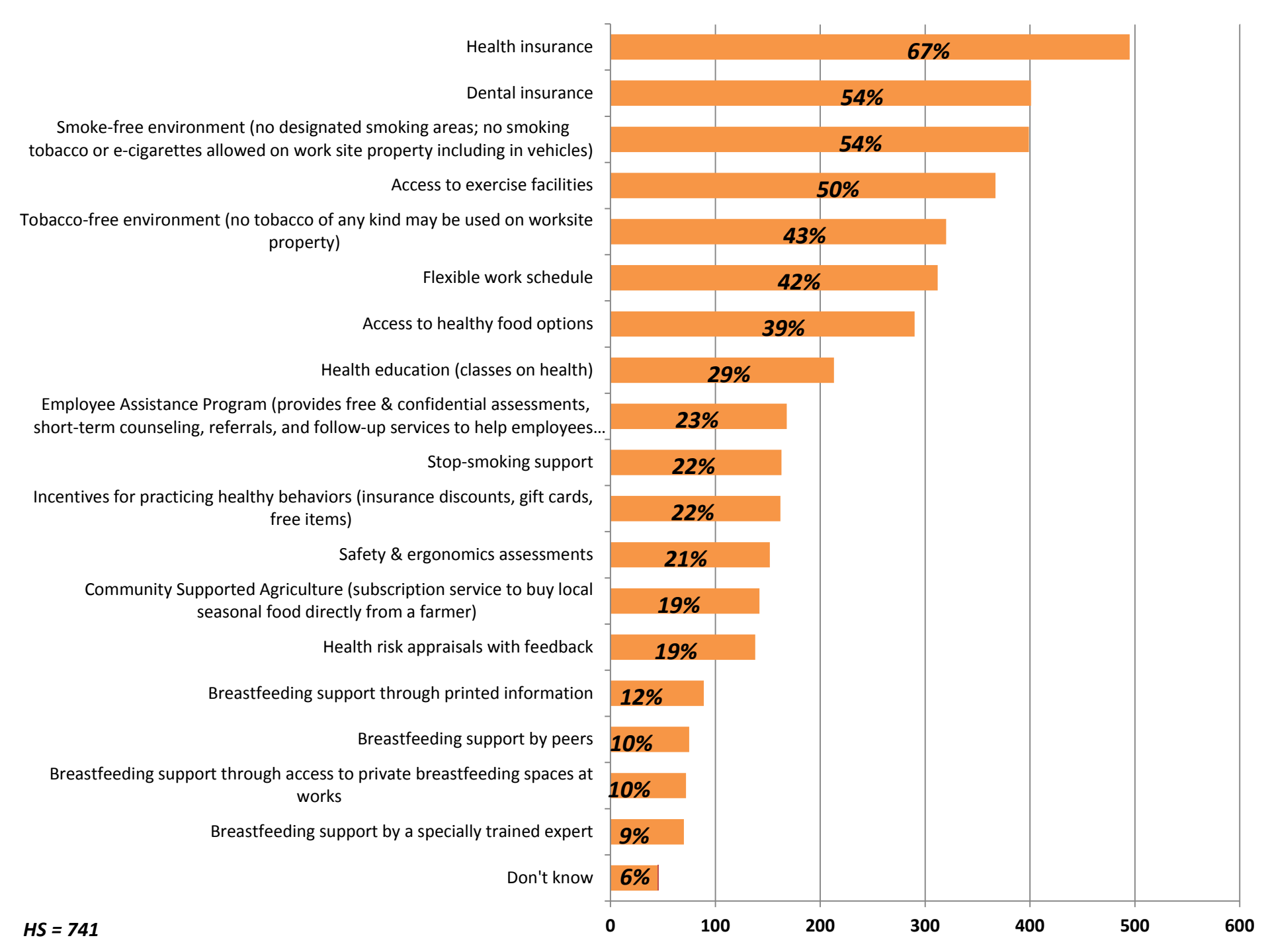
PUBLIC HEALTH SECTOR

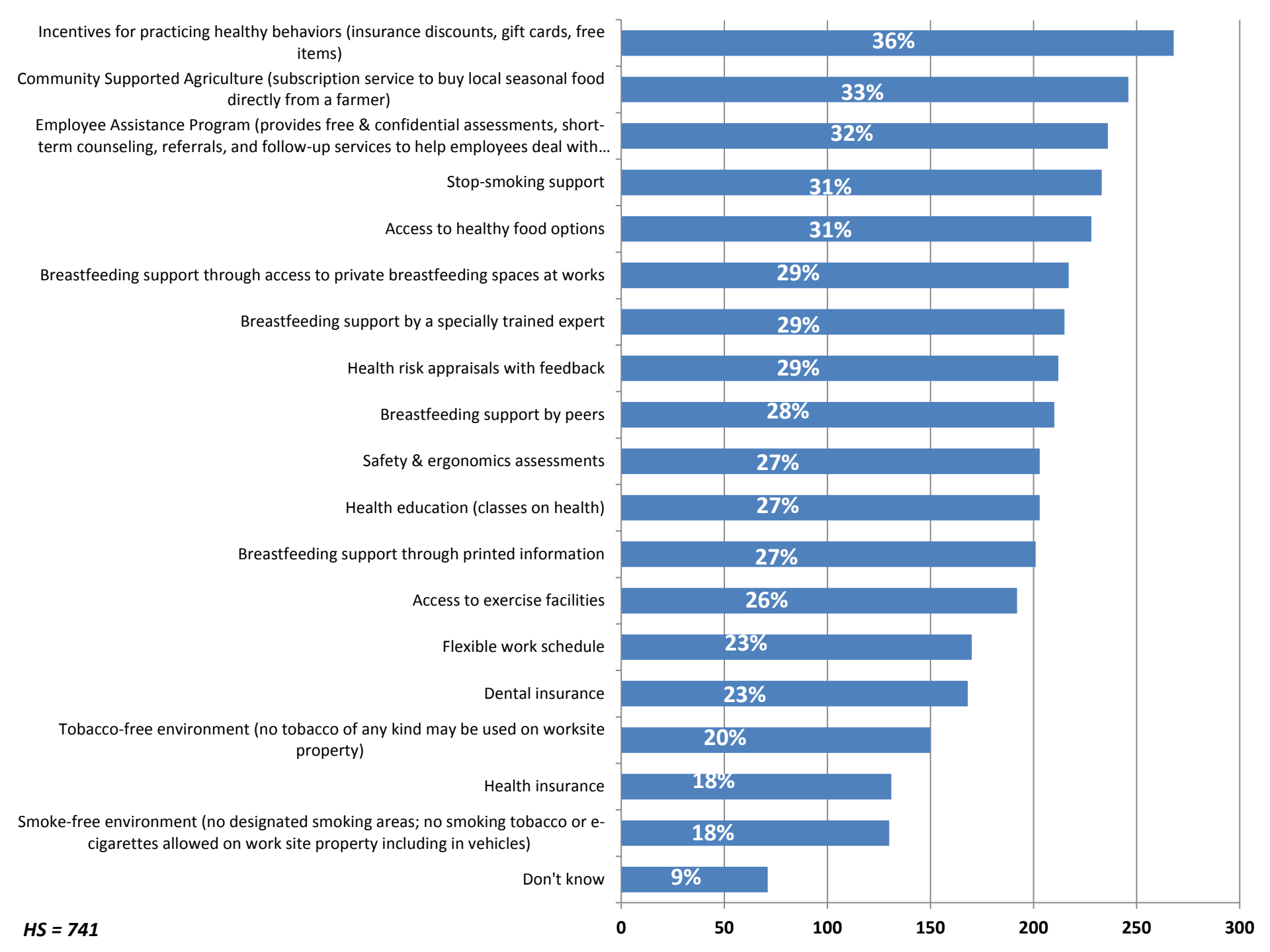

Immunizations
80%
Physical exams required for admission to school
76%
Health screening (blood pressure
70%
Health education pamphlets
56%
WIC (Special Supplemental Nutrition Program Women, Infants & Children)
55%
Tuberculosis testing and follow-up
47%
Sexually Transmitted Disease (STD) information
41%
Sexually Transmitted Disease (STD) testing
40%
Sexually Transmitted Disease (STD) treatment
38%
Family Planning
34%
Healthy Start Program to educate & support pregnant women & families with babies up to 1 year of age
31%
Environmental health monitoring (air, water, etc)
20%
Breastfeeding support through printed information
19%
Breastfeeding support by peers
14%
Breastfeeding support through a special clinic at health department
13%
Breastfeeding support by a specially trained expert
12%
Don't know
9%
0
100
200
300
400
500
600
700
HS = 831


Environmental health monitoring (air, water, etc)
34%
Breastfeeding support by a specially trained expert
32%
Breastfeeding support through a special clinic at health department
28%
Breastfeeding support by peers
27%
Healthy Start Program to educate & support pregnant women & families with babies up to 1 year of age
25%
Family Planning
24%
Breastfeeding support through printed information
23%
Sexually Transmitted Disease (STD) treatment
17%
Sexually Transmitted Disease (STD) testing
16%
Sexually Transmitted Disease (STD) information
16%
Tuberculosis testing and follow-up
13%
WIC (Special Supplemental Nutrition Program Women, Infants & Children)
13%
Health education pamphlets
11%
Health screening (blood pressure
11%
Physical exams required for admission to school
6%
Immunizations
5%
Don't know
14%
0
50
100
150
200
250
300

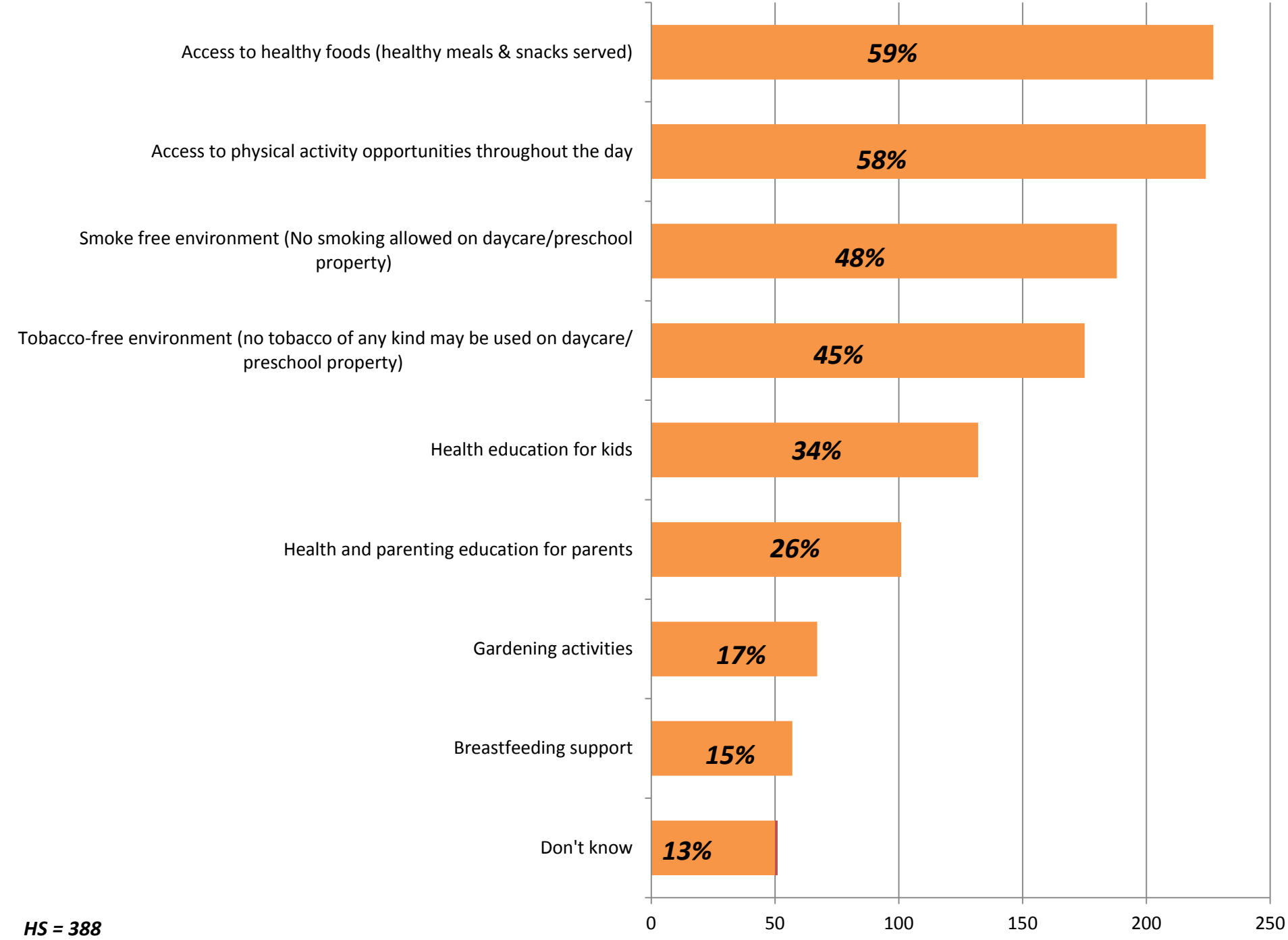
HS = 831

WORKSITE SECTOR: ANSWERED ONLY BY THOSE EMPLOYED OR WITH SOMEONE IN THE HOUSEHOLD EMPLOYED

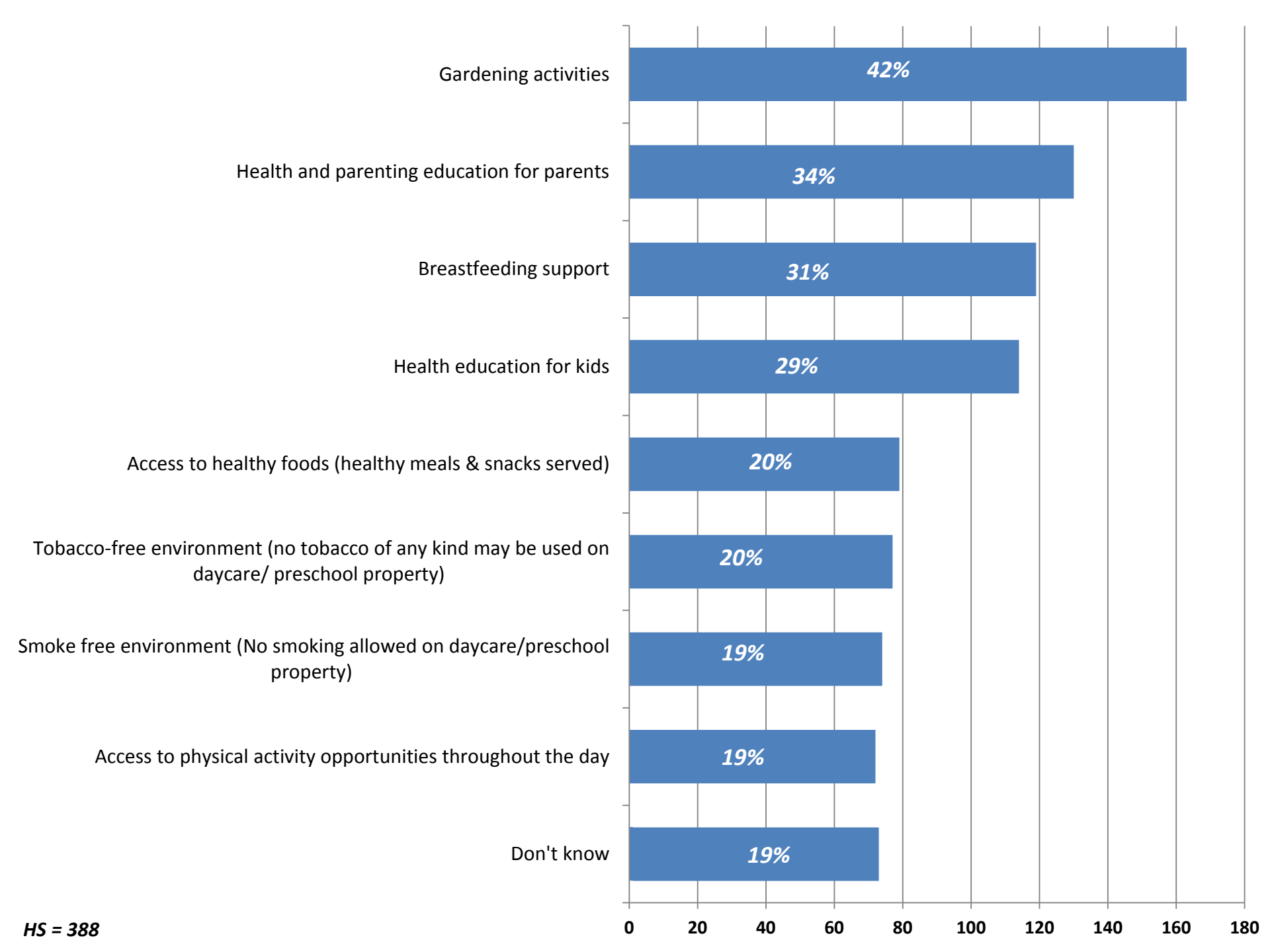

Health insurance
67%
Dental insurance
54%
Smoke-free environment (no designated smoking areas; no smoking tobacco or e-cigarettes allowed on work site property including in vehicles)
54%
Access to exercise facilities
50%
Tobacco-free environment (no tobacco of any kind may be used on worksite property)
43%
Flexible work schedule
42%
Access to healthy food options
39%
Health education (classes on health)
29%
Employee Assistance Program (provides free & confidential assessments, short-term counseling, referrals, and follow-up services to help employees…
23%
Stop-smoking support
22%
Incentives for practicing healthy behaviors (insurance discounts, gift cards, free items)
22%
Safety & ergonomics assessments
21%
Community Supported Agriculture (subscription service to buy local seasonal food directly from a farmer)
19%
Health risk appraisals with feedback
19%
Breastfeeding support through printed information
12%
Breastfeeding support by peers
10%
Breastfeeding support through access to private breastfeeding spaces at works
10%
Breastfeeding support by a specially trained expert
9%
Don't know
6%
0
100
200
300
400
500
600
HS = 741


Incentives for practicing healthy behaviors (insurance discounts, gift cards, free items)
36%
Community Supported Agriculture (subscription service to buy local seasonal food directly from a farmer)
33%
Employee Assistance Program (provides free & confidential assessments, short-term counseling, referrals, and follow-up services to help employees deal with…
32%
Stop-smoking support
31%
Access to healthy food options
31%
Breastfeeding support through access to private breastfeeding spaces at works
29%
Breastfeeding support by a specially trained expert
29%
Health risk appraisals with feedback
29%
Breastfeeding support by peers
28%
Safety & ergonomics assessments
27%
Health education (classes on health)
27%
Breastfeeding support through printed information
27%
Access to exercise facilities
26%
Flexible work schedule
23%
Dental insurance
23%
Tobacco-free environment (no tobacco of any kind may be used on worksite property)
20%
Health insurance
18%
Smoke-free environment (no designated smoking areas; no smoking tobacco or e-cigarettes allowed on work site property including in vehicles)
18%
Don't know
9%
0
50
100
150
200
250
300
HS = 741

CHILDCARE/PRESCHOOL SECTOR: ANSWERED ONLY BY THOSE CURRENTLY USING CHILDCARE SERVICES

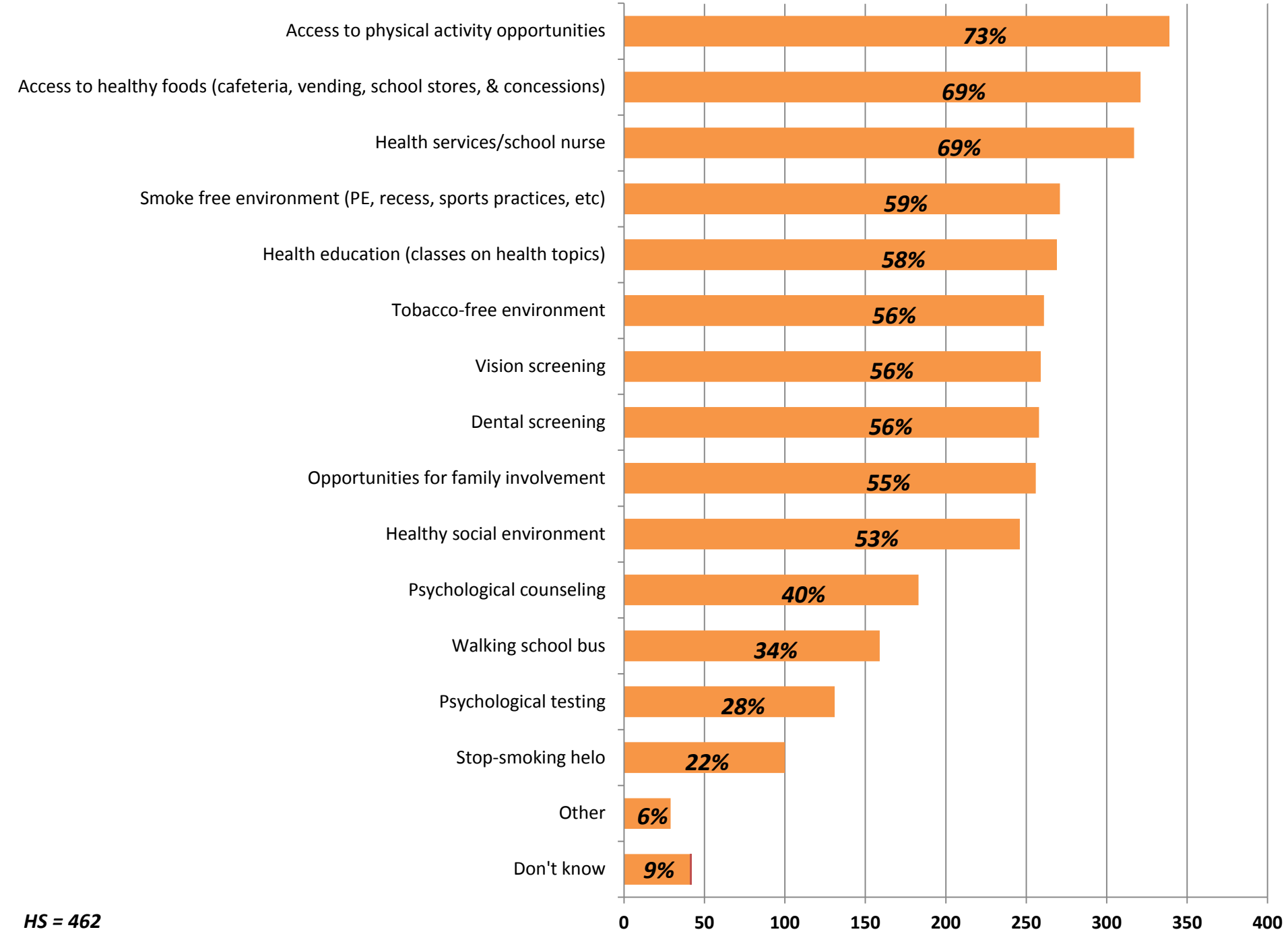

Access to healthy foods (healthy meals & snacks served)
59%
Access to physical activity opportunities throughout the day
58%
Smoke free environment (No smoking allowed on daycare/preschool property)
48%
Tobacco-free environment (no tobacco of any kind may be used on daycare/ preschool property)
45%
Health education for kids
34%
Health and parenting education for parents
26%
Gardening activities
17%
Breastfeeding support
15%
Don't know
13%
0
50
100
150
200
250

HS = 388

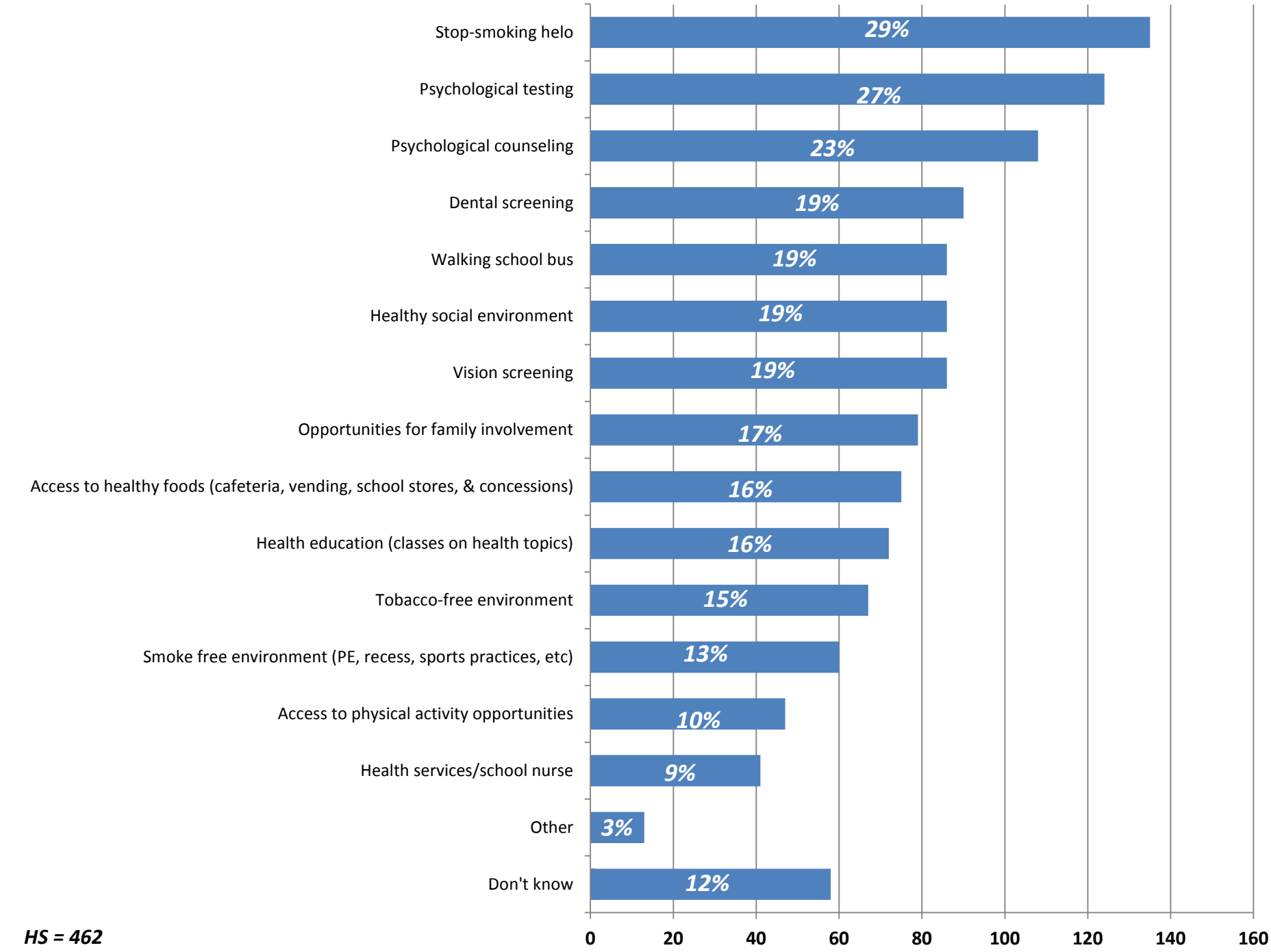

Gardening activities
42%
Health and parenting education for parents
34%
Breastfeeding support
31%
Health education for kids
29%
Access to healthy foods (healthy meals & snacks served)
20%
Tobacco-free environment (no tobacco of any kind may be used on daycare/ preschool property)
20%
Smoke free environment (No smoking allowed on daycare/preschool property)
19%
Access to physical activity opportunities throughout the day
19%
Don't know
19%
0
20
40
60
80
100
120
140
160
180

HS = 388

SCHOOL SECTOR: ANSWERED ONLY BY THOSE WITH HOUSEHOLD MEMBER(S) CURRENTLY ATTENDING ELEMENTARY, MIDDLE SCHOOL/JUNIOR HIGH, OR HIGH SCHOOL

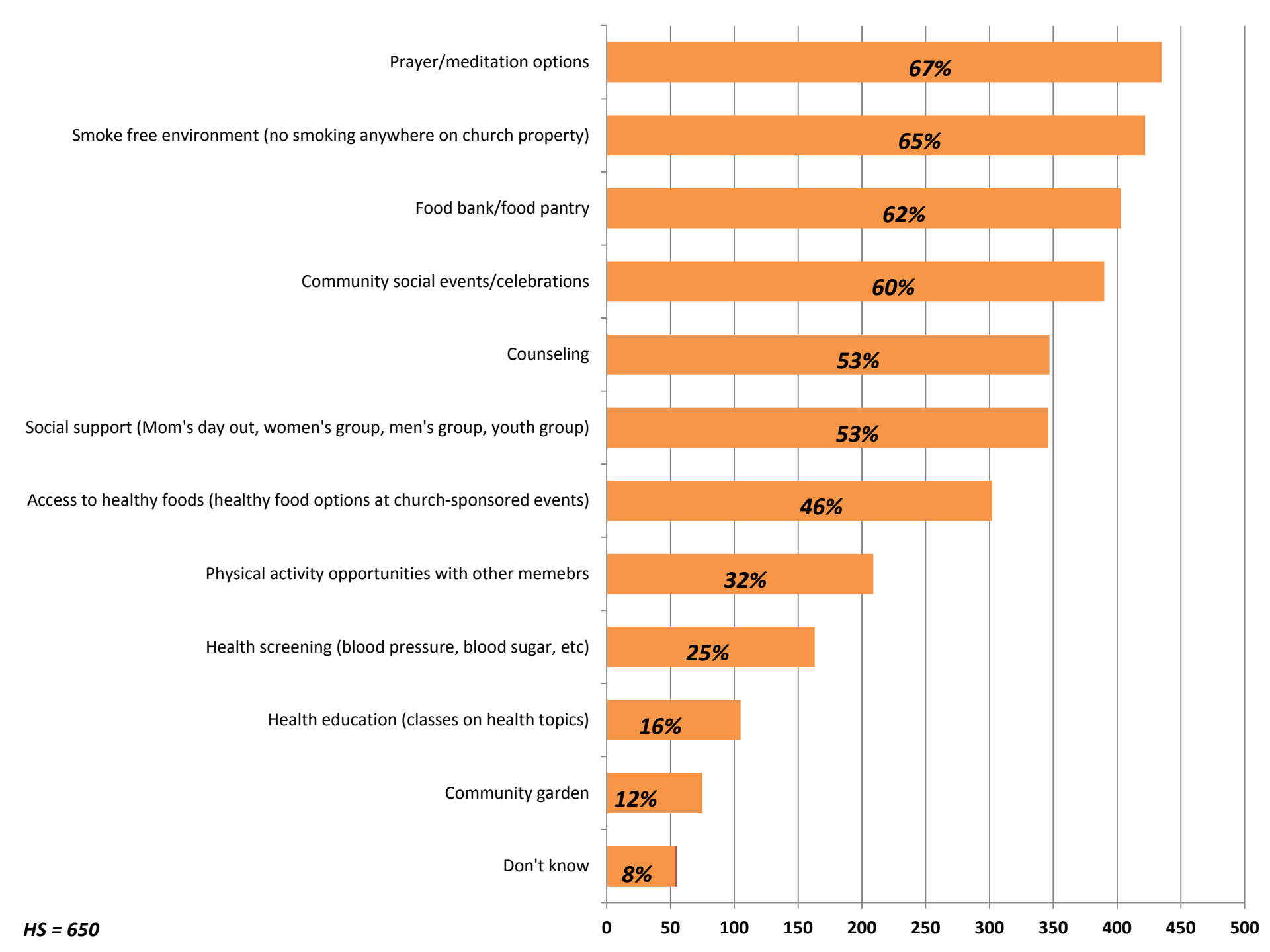

Access to physical activity opportunities
73%
Access to healthy foods (cafeteria, vending, school stores, & concessions)
69%
Health services/school nurse
69%
Smoke free environment (PE, recess, sports practices, etc)
59%
Health education (classes on health topics)
58%
Tobacco-free environment
56%
Vision screening
56%
Dental screening
56%
Opportunities for family involvement
55%
Healthy social environment
53%
Psychological counseling
40%
Walking school bus
34%
Psychological testing
28%
Stop-smoking helo
22%
Other
6%
Don't know
9%
0
50
100
150
200
250
300
350
400

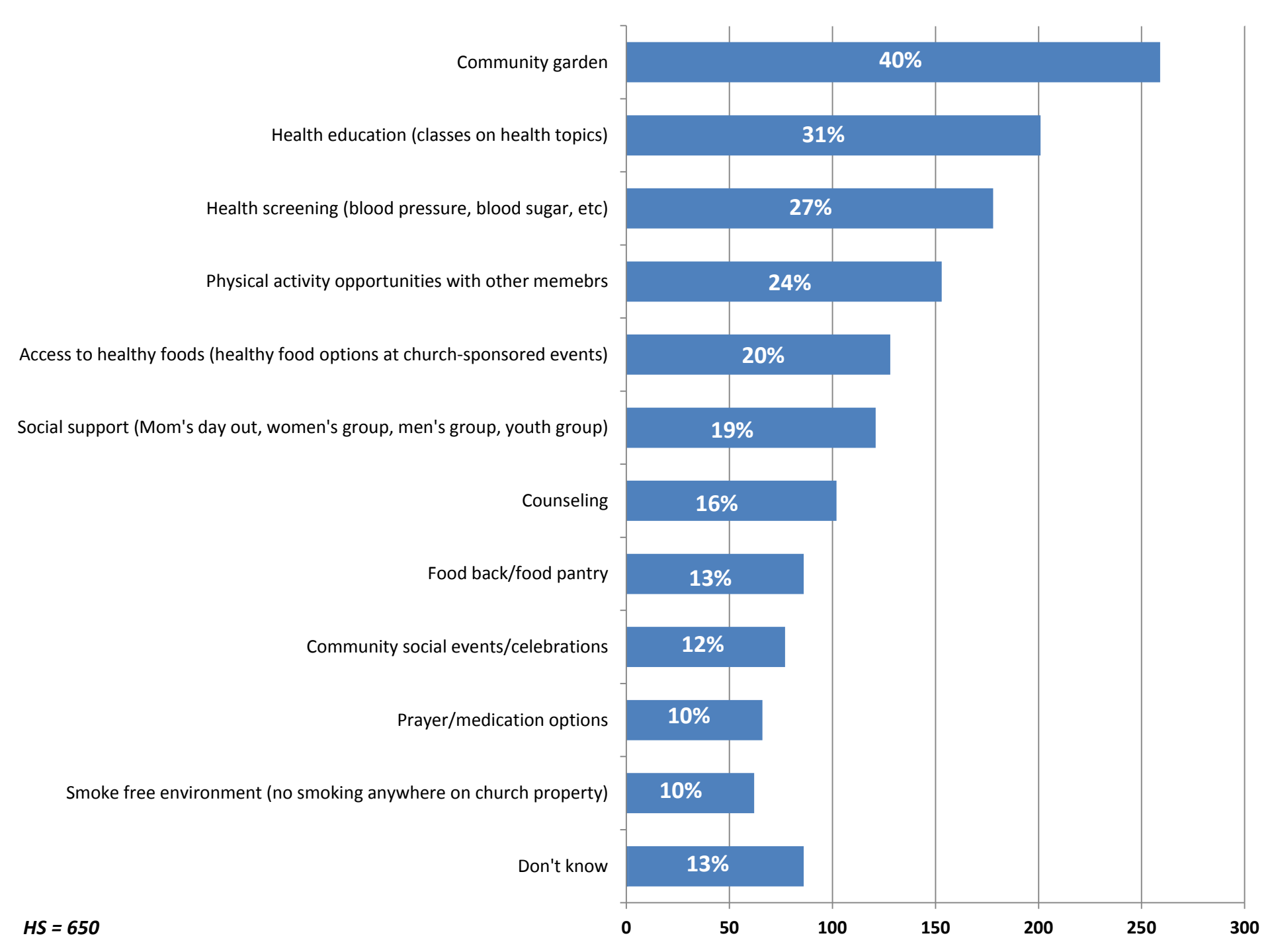
HS = 462


Stop-smoking helo
29%
Psychological testing
27%
Psychological counseling
23%
Dental screening
19%
Walking school bus
19%
Healthy social environment
19%
Vision screening
19%
Opportunities for family involvement
17%
Access to healthy foods (cafeteria, vending, school stores, & concessions)
16%
Health education (classes on health topics)
16%
Tobacco-free environment
15%
Smoke free environment (PE, recess, sports practices, etc)
13%
Access to physical activity opportunities
10%
Health services/school nurse
9%
Other
3%
Don't know
12%
0
20
40
60
80
100
120
140
160

HS = 462

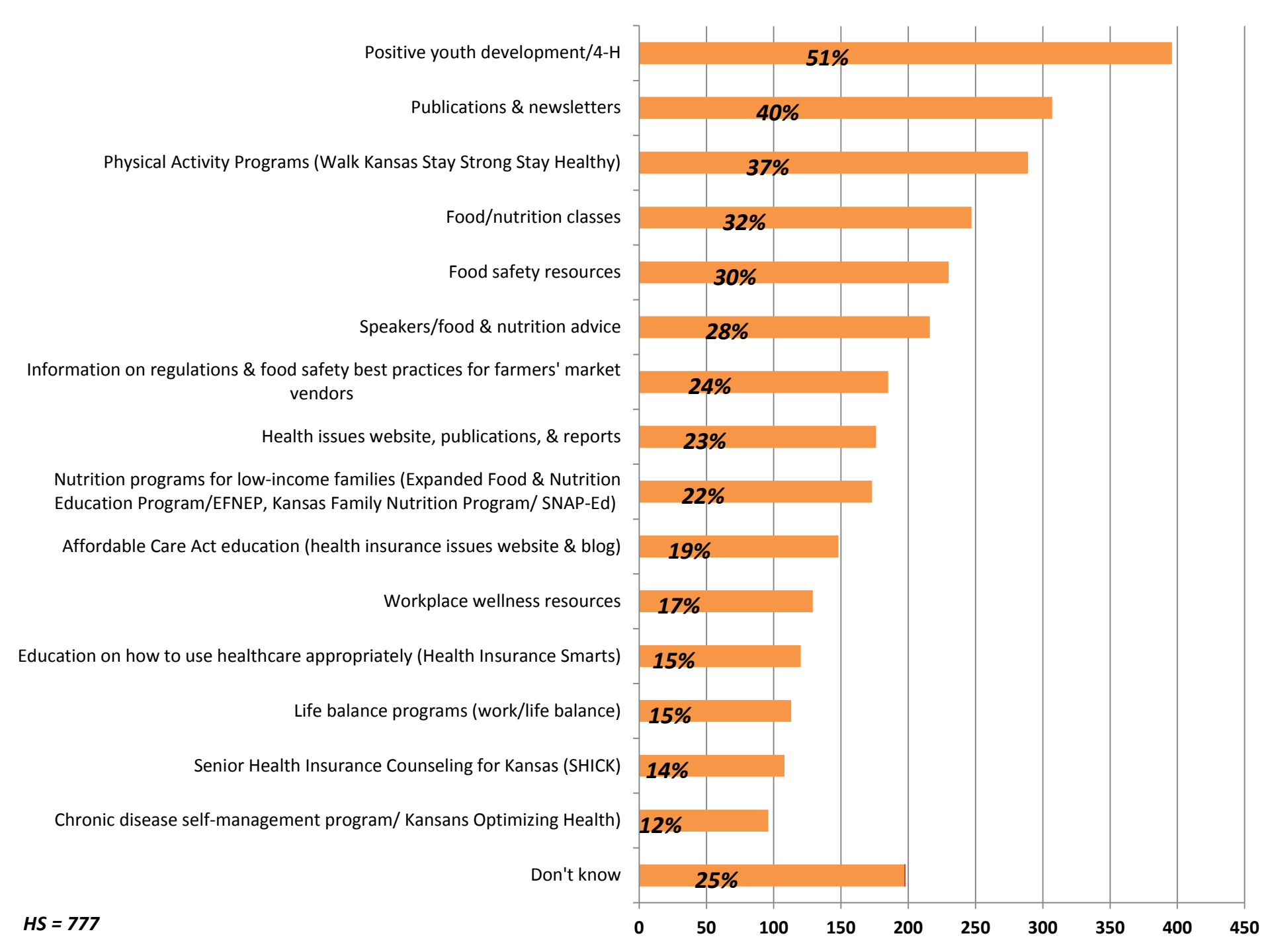
FAITH COMMUNITY SECTOR: ANSWERED ONLY BY THOSE WITH HOUSEHOLD MEMBER(S) CURRENTLY PARTICIPATING IN A FAITH COMMUNITY

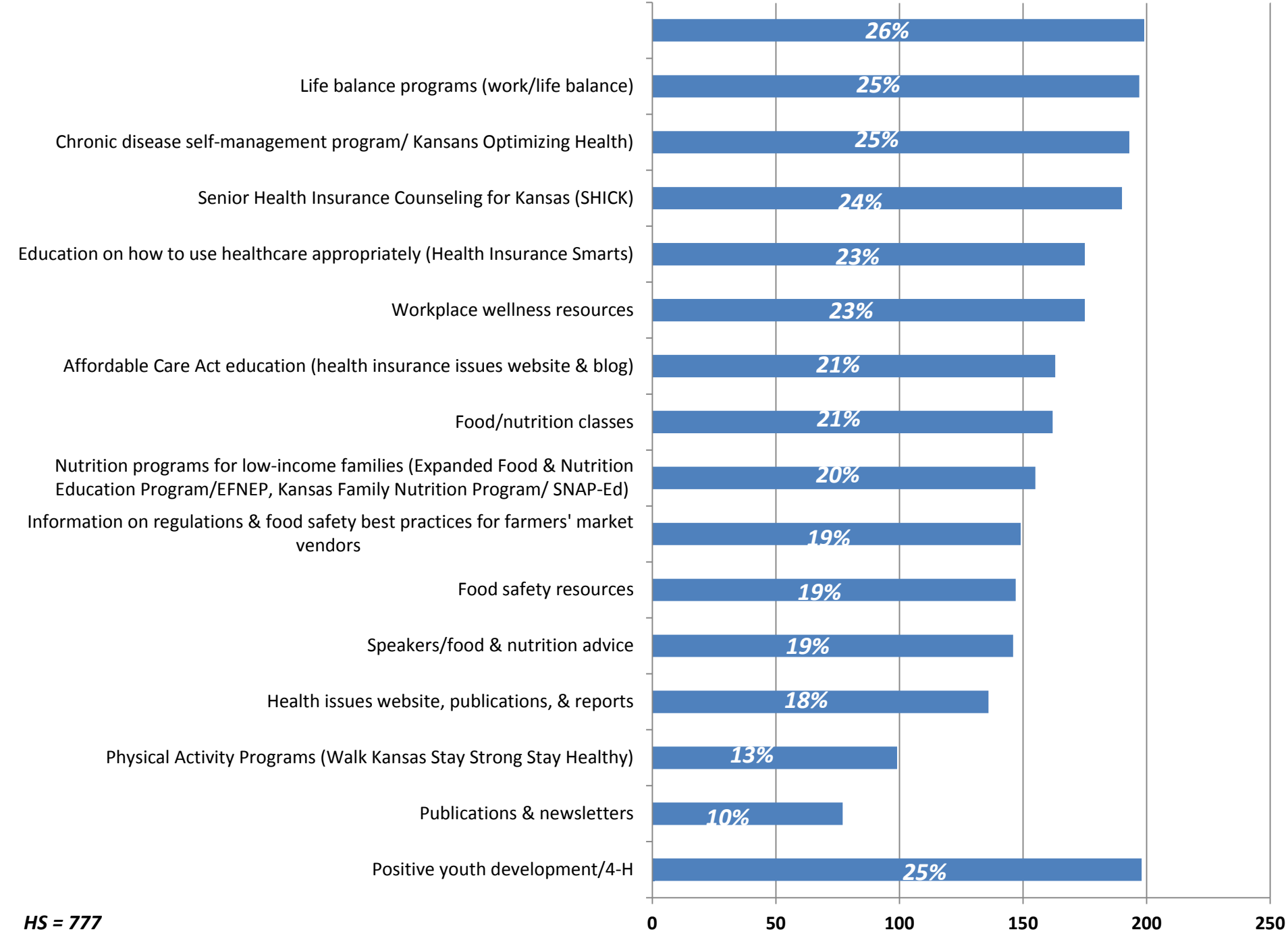

Prayer/meditation options
67%
Smoke free environment (no smoking anywhere on church property)
65%
Food bank/food pantry
62%
Community social events/celebrations
60%
Counseling
53%
Social support (Mom's day out, women's group, men's group, youth group)
53%
Access to healthy foods (healthy food options at church-sponsored events)
46%
Physical activity opportunities with other memebrs
32%
Health screening (blood pressure, blood sugar, etc)
25%
Health education (classes on health topics)
16%
Community garden
12%
Don't know
8%
0
50
100
150
200
250
300
350
400
450
500
HS = 650


Community garden
40%
Health education (classes on health topics)
31%
Health screening (blood pressure, blood sugar, etc)
27%
Physical activity opportunities with other memebrs
24%
Access to healthy foods (healthy food options at church-sponsored events)
20%
Social support (Mom's day out, women's group, men's group, youth group)
19%
Counseling
16%
Food back/food pantry
13%
Community social events/celebrations
12%
Prayer/medication options
10%
Smoke free environment (no smoking anywhere on church property)
10%
Don't know
13%
0
50
100
150
200
250
300

HS = 650

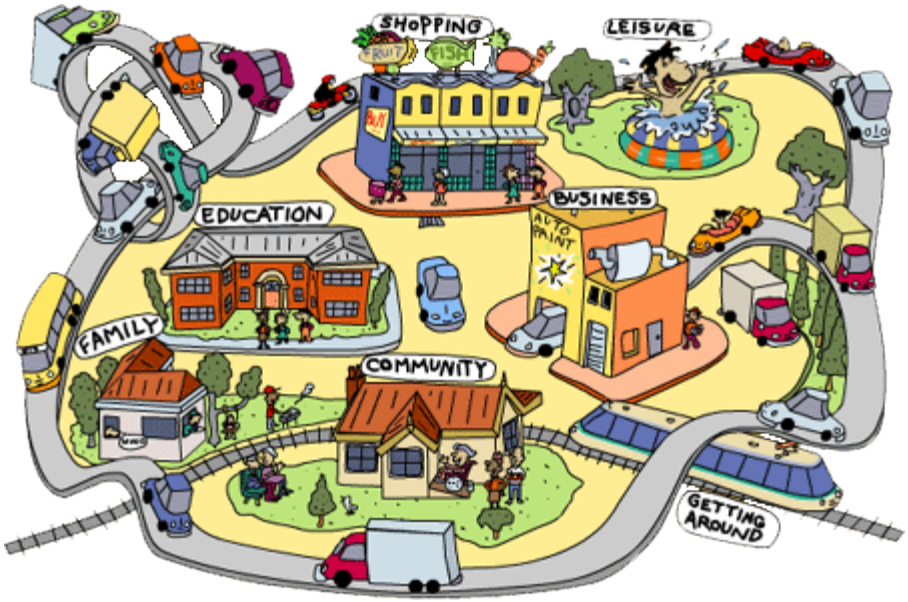
K-STATE RESEARCH & EXTENSION

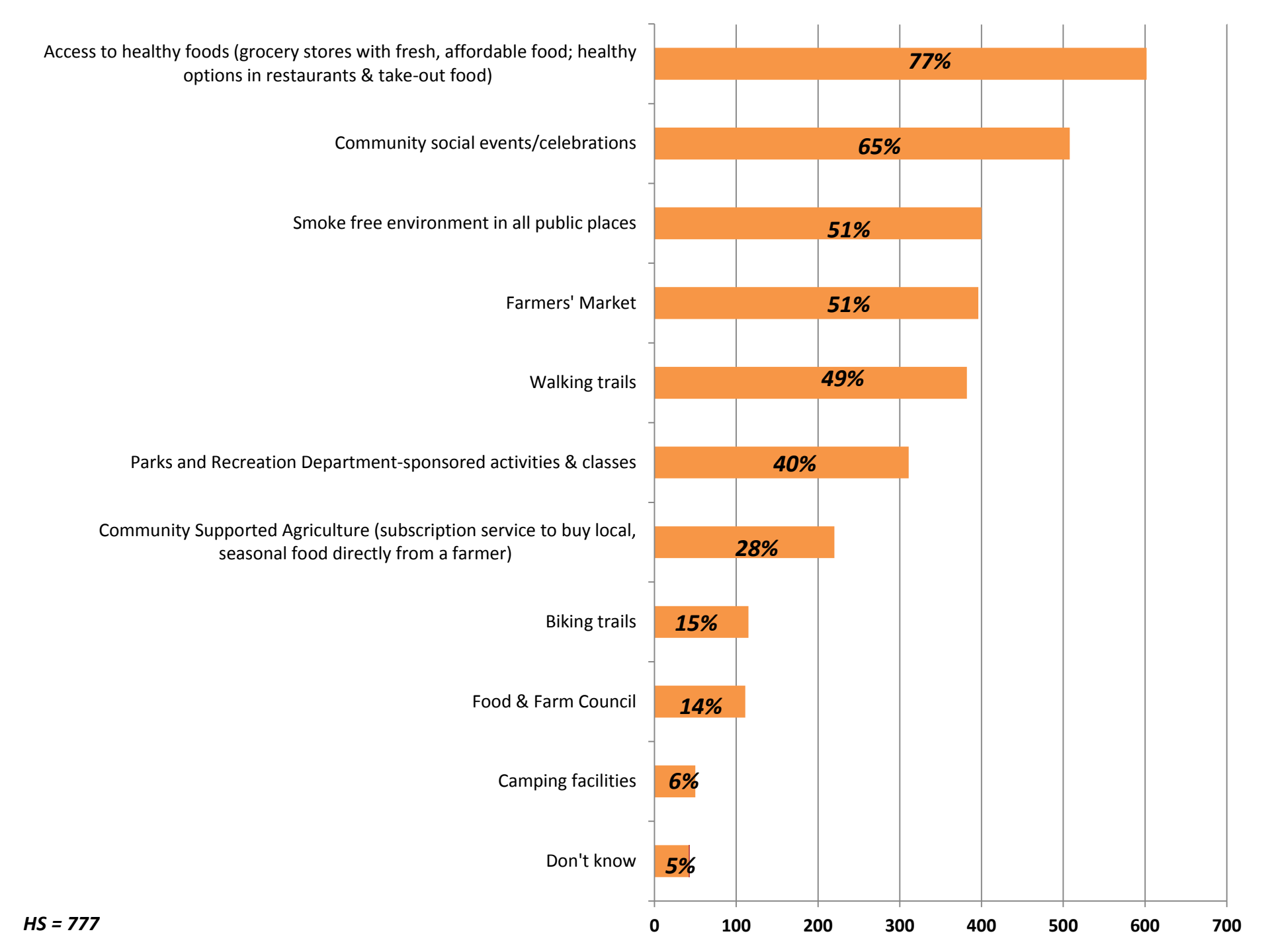

Positive youth development/4-H
51%
Publications & newsletters
40%
Physical Activity Programs (Walk Kansas Stay Strong Stay Healthy)
37%
Food/nutrition classes
32%
Food safety resources
30%
Speakers/food & nutrition advice
28%
Information on regulations & food safety best practices for farmers' market vendors
24%
Health issues website, publications, & reports
23%
Nutrition programs for low-income families (Expanded Food & Nutrition Education Program/EFNEP, Kansas Family Nutrition Program/ SNAP-Ed)
22%
Affordable Care Act education (health insurance issues website & blog)
19%
Workplace wellness resources
17%
Education on how to use healthcare appropriately (Health Insurance Smarts)
15%
Life balance programs (work/life balance)
15%
Senior Health Insurance Counseling for Kansas (SHICK)
14%
Chronic disease self-management program/ Kansans Optimizing Health)
12%
Don't know
25%
0
50
100
150
200
250
300
350
400
450
HS = 777

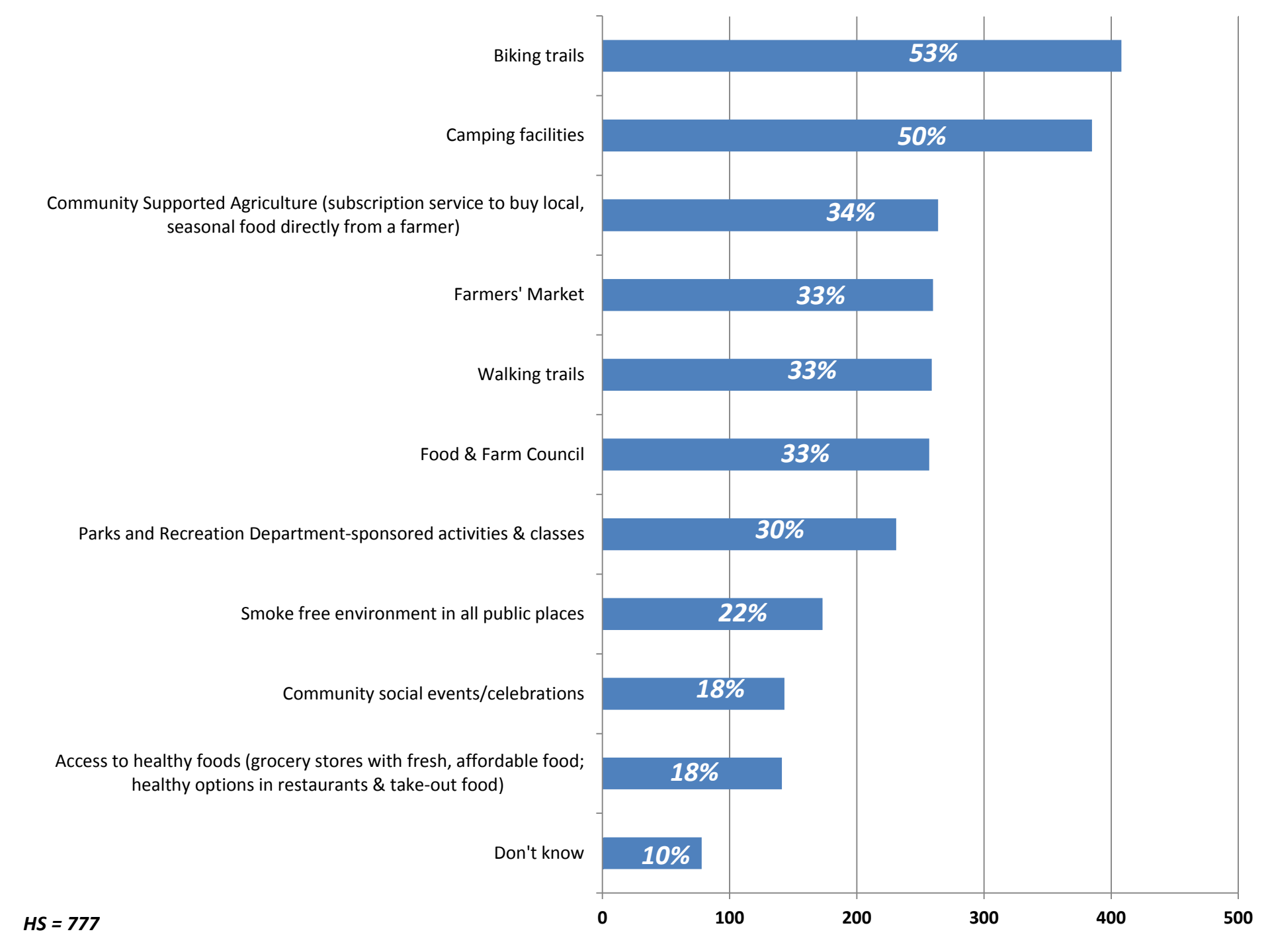

26%
Life balance programs (work/life balance)
25%
Chronic disease self-management program/ Kansans Optimizing Health)
25%
Senior Health Insurance Counseling for Kansas (SHICK)
24%
Education on how to use healthcare appropriately (Health Insurance Smarts)
23%
Workplace wellness resources
23%
Affordable Care Act education (health insurance issues website & blog)
21%
Food/nutrition classes
21%
Nutrition programs for low-income families (Expanded Food & Nutrition Education Program/EFNEP, Kansas Family Nutrition Program/ SNAP-Ed)
20%
Information on regulations & food safety best practices for farmers' market vendors
19%
Food safety resources
19%
Speakers/food & nutrition advice
19%
Health issues website, publications, & reports
18%
Physical Activity Programs (Walk Kansas Stay Strong Stay Healthy)
13%
Publications & newsletters
10%
Positive youth development/4-H
25%
0
50
100
150
200
250

HS = 777

COMMUNITY


SHOPPING
LEISURE
EDUCATION
BUSINESS
FAMILY
COMMUNITY
GETTING AROUND


Access to healthy foods (grocery stores with fresh, affordable food; healthy options in restaurants & take-out food)
77%
Community social events/celebrations
65%
Smoke free environment in all public places
51%
Farmers' Market
51%
Walking trails
49%
Parks and Recreation Department-sponsored activities & classes
40%
Community Supported Agriculture (subscription service to buy local, seasonal food directly from a farmer)
28%
Biking trails
15%
Food & Farm Council
14%
Camping facilities
6%
Don't know
5%
0
100
200
300
400
500
600
700
HS = 777


Biking trails
53%
Camping facilities
50%
Community Supported Agriculture (subscription service to buy local, seasonal food directly from a farmer)
34%
Farmers' Market
33%
Walking trails
33%
Food & Farm Council
33%
Parks and Recreation Department-sponsored activities & classes
30%
Smoke free environment in all public places
22%
Community social events/celebrations
18%
Access to healthy foods (grocery stores with fresh, affordable food; healthy options in restaurants & take-out food)
18%
Don't know
10%
0
100
200
300
400
500

HS = 777

NEXT STEPS

What is next?

- Data needs to be widely disseminated and discussed by the community
- We will hold small group discussions/focus groups around each sector's data
  - 3 discussions in each sector (am, afternoon, evening)
  - Discuss top 5 priorities in each sector – what should it look like, history, ideas on how to proceed, advice
  - To be scheduled in late January and early February 2018
- Community leaders in each sector will examine data and identify strategies to either increase awareness of existing resources or to develop requested resources
- Data will be used to apply for grants to fund new resources

QUESTIONS? THOUGHTS?