

| Focus Group Analysis – Public Health |  |   |
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| Concepts                             | Quotes   | Themes  |
| Environmental health monitoring      | <ul style="list-style-type: none"> <li>• I think the chemical usage is a high concern from most people that I hear talk about it. We have got high numbers of people with MS, we have a lot of cancer, and people worry that the agricultural chemicals are causing it.</li> <li>• Now as just a citizen, I would think it would be all the surrounding feedlots and what they are adding to with the feces that comes off of that, whether it be ground system or air.</li> <li>• I know we (Cattel Empire) have an environmentalist. I don't know exactly how all that goes. I know we have our own lagoons that we try to use the run-off water for and then use it to, there's several fields that they have right around the yards that they then use that for sprinklers and that's probably then feed that is then given back to the cows. I don't know what filtering system it goes through or anything like that. They try to get the manure out of the pens and then that's spread on other people's fields as fertilizer, so it's not all chemical fertilizer, it's more natural based.</li> <li>• I mean there are still chemicals that are being sprayed, like for weeds and stuff like that, but I don't know, I'm assuming that sometimes you have to, that's the only way you can kill weeds, but I'm sure they have gone through all the safety standards and everything</li> <li>• We don't have environmental health monitoring in Haskell County. We don't have a sanitarian or an environmentalist. The county has not seen needs for that.</li> <li>• KDHE has an office in Dodge and they have feedlot inspectors, the waste pits for the town and the trash, landfills, they come out and inspect all of those. And that's why I don't worry too much about feed yards is because I was in that office and I know how strict they are. They don't let things slide.</li> <li>• Haskell County has always seemed to have the attitude that if we have a</li> </ul> | <ul style="list-style-type: none"> <li>• There have been specific health concerns about MS and cancer in the past, but none recently</li> <li>• Chemical pesticides, herbicides, and fertilizers as well as feedlot runoff are concerns for air and water quality</li> <li>• Haskell county does not have an environmental health monitoring system in place</li> <li>• KDHE has an office in Didge City that inspects feedlots, the waste pits for the town, trash, and landfills</li> <li>• The county health department received notice if problems are identified.</li> <li>• The city water departments are required to monitor their water systems</li> </ul> |

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|                                      | <p>sanitarian that's telling people how to do their sewer lines, then the county might have to pay for their sewer lines, and again if we have an environmentalist we might have to pay part of the remediation or something.</p> <ul style="list-style-type: none"> <li>• Specific health concerns, MS and cancer, I know there were in Scott County, I'm not sure whether there have been any in Haskell County, not that I'm aware of.</li> <li>• Like the water around the feed yards and in the towns, the health department gets a copy of those if there's a problem. There's a feed yard in the northern part of the county that has high nitrate levels in the water and it's not to be used for infants. It's sent to the feed yard and the feed yard passes it out to everybody out there and the health department gets a copy that we post. Only if there is a problem.</li> <li>• When the city water has problems you get a notice. 'm talking about the city water.</li> <li>• I think the state office; the city has to test the water every so often – monthly, I think</li> </ul> |  |
| Breastfeeding support and resources  | <ul style="list-style-type: none"> <li>• The only one I know is WIC at the health department, and then we refer them out to Garden City where there is breastfeeding peer counselors and breastfeeding classes and things like that. Lactation counseling.</li> <li>• I think the biggest deal is education and then support of that education. WIC has only been done through the health department, this is the third year.</li> <li>• Through the WIC funding we're limited to only the women that financially qualify, but if there was enough need, demand, whatever, to the county that the funds were approved for those extra classes because you would not get paid for them, it's something we could offer.</li> <li>• I wanted to send our WIC nurse to the</li> </ul>  | <ul style="list-style-type: none"> <li>• Garden City offers breastfeeding peer counselors, breastfeeding classes and lactation counseling.</li> <li>• Breastfeeding education of offered by the Health Department as part of the WIC program for those who are eligible to participate</li> <li>• Many new moms need ongoing support in order to continue breastfeeding when they are having problems</li> <li>• Now that local</li> </ul> |

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|                                      | <p>lactation counseling classes, but she has a conflict right then so we will have to try it another year.</p> <ul style="list-style-type: none"> <li>• I just get the feeling for our Mennonite community that they will rely within the family, of the mother and the grandmother, you know what I mean.</li> <li>• I see a lot of our new moms giving up too quick on breastfeeding. They need that support and the mother isn't always giving the daughters that support.</li> <li>• You are not in the hospital long enough anymore to get that information about breastfeeding and why babies need to eat so often.</li> <li>• It's hard to get people out for evening classes and so many of those mothers work that aren't on WIC.</li> <li>• I think it would have to be not associated with WIC because I think sometimes there is that stigma, well I think that is just for those with low income and I'm not there. But if you put it new parents class or whatever.</li> <li>• We couldn't do it at the health department unless it was a one-on-one or just like two or three, we just don't have the room. But we could do it like here, or at the hospital or in a church.</li> <li>• Now the hospital could definitely support it. But you know what might be an in, the doctor's wife does MOPS. And that would be an in to say, hey, we have this education available, would your moms be interested, and see what topics they're interested in.</li> <li>• I think with them starting to do the prenatal care there, they can always promote it.</li> <li>• Now our nurses will work with them and give them the education they can, it's just they are not certified lactation consultants. And I would love to have a peer lactation, a peer mom, but we haven't found one.</li> <li>• Cattle Empire's insurance provides \$500 towards a breastfeeding pump</li> <li>• Other employers may need education</li> </ul> | <p>physicians are offering prenatal care, there might be an opportunity to offer enhanced breastfeeding education for all the new moms in the county</p> <ul style="list-style-type: none"> <li>• Cattle Empire insurance offers \$500 for breastfeeding pump and Garden City's WIC program also loans pumps</li> </ul> |

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|                                      | <p>to support breastfeeding by providing places for mom's to pump</p> <ul style="list-style-type: none"> <li>• And just so you know for those that financially can't afford, the WIC program in Garden City has a breast pump and even though our WIC doesn't have them, we can work through Garden City to get them for them, we just haven't had enough demand in the WIC because a lot of those moms are not working outside the home.</li> <li>• Coffective is a breast feeding education, system of educating people and we were given four sets of laminated pages that go from planning to go to your doctor to who you can have in the birthing room, you don't have to let just anybody in, you have the power as a mom to say who comes in there, because sometimes the whole family wants to come and mom doesn't really want them. Talking about how to make your birthing plan, to have a coach and all of that. Then it goes into that first miracle hour after the baby is born, the skin to skin contact, how it helps the baby and the mother both, and then there is quite a bit of information on breastfeeding.</li> </ul> |  |
| Healthy Start Program                | <ul style="list-style-type: none"> <li>• We struggle a lot with, the clientele that come into the health department are usually financially needy and a lot of them are the German Mennonites and they're family oriented, so the Healthy Start home visitor technically was supposed to go into the home</li> <li>• We have one person trained to make home visits, yes. And a lot of people nowadays don't want you going into their home so we try to hold them at the office and that's kind of a sterile atmosphere. But at least that gives them an alternative if they aren't interested in having somebody come to their home.</li> <li>• They do prenatal, nutrition type things, they'll work with them on bathing a baby, giving them information, just lots</li> </ul>   | <ul style="list-style-type: none"> <li>• The Health Department has one person trained as a Healthy Start Home Visitor</li> <li>• The Healthy Start Program includes home visitation, which is generally unacceptable to many clients</li> <li>• Many sessions are held at the health department instead of in the home</li> <li>• Parents as Teachers was a valuable community asset in the past, but it is no longer available due to lack of trained personnel</li> <li>• Discussion of sharing a</li> </ul> |

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|                                      | <p>of general help. Dental care and immunizations and our family planning program and car seats and we have freebies that we give them, and we have a few that we give prior to.</p> <ul style="list-style-type: none"> <li>• Through the state program based on financial need we provide car seats and we will install and teach people installation even if they've bought their own and it doesn't matter what model, our car seat instructors have access to the latch manuals, which is the manual for how to install car seats, so they have information from the –</li> <li>• I know they went and did the car seat check in the PAT, when we had a Parents As Teachers (PAT) program they did some of that.</li> <li>• We lost our teacher, and we had a wonderful one, she was bilingual and her husband could not find work here so they moved. They had moved up here from Mexico and she was here for about a year and a half or two years and she was doing a good job, and we couldn't find one. We advertised for a while and we couldn't find one.</li> <li>• She would have play groups and would go into homes and visit, do home visits, they would go in and just talk to them about parenting things. Preschool. Like birth to school.</li> <li>• Parents as Teachers though, if parents especially the lower income, if parents didn't understand the importance of reading to your child they help them with that and help them to understand the amount of time that a child needs you to spend with them doing certain things</li> <li>• But it's a need and I think with where the state education is going it is going to become more of a need because they are really hitting early childcare or child education right now, but I know Hugoton has one and that is probably the closest one.</li> <li>• Maybe that is something that if Satanta and Sublette could go together and</li> </ul> | <p>person between the two communities, with promotional support from both school districts, to try to revive Parents as Teachers in Haskell County</p> |

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|                                      | <p>have a full time position, then they would be able to find someone.</p> <ul style="list-style-type: none"> <li>• And if both schools promoted it, part time Satanta and part time Sublette, you would have a full time person.</li> </ul>  |   |
| Family Planning                      | <ul style="list-style-type: none"> <li>• We have a family planning program at the health department. We provide basic oral contraceptives; we do the NuvaRing.</li> <li>• We provide them in the health department through 340B which is the Federal program to buy things pretty much at cost for your pharmaceuticals. We do Depo-Provera, the shot. We do Nexplanon, the implant, and IUDs</li> <li>• There are costs, but it's on a sliding fee scale. It's a state program and your income doesn't matter on that. We take insurance.</li> <li>• So our problem is, what I have heard, a lot of people don't even doctor in our county, and we have very good physicians and mid-levels, but anonymity again has some to do with it. I don't quite get that for the simple fact that we are in the same building as the clinic so they don't have any clue as to why they're coming in there.</li> <li>• Now we provide the same services through the clinic with the same providers in the same building.</li> <li>• Our providers in our building are very good about, especially financially, sending them to the health department if finances are an issue.</li> <li>• We educate clients when they call in, because we're in the same building, it doesn't matter if it's family planning or for physicals when they call the health department we have to explain what the service is, the length of the service and then say it's your choice.</li> <li>• And for a small health department, for us to be giving implants or doing the implants is unheard of in a health department of our size.</li> <li>• We did a cost analysis of if this implant lasted three years with the IUD or the implant, or five years, how does it</li> </ul> | <ul style="list-style-type: none"> <li>• A variety of family planning options for both men and women are available at the health department either using insurance or on an income-based sliding-fee scale</li> <li>• Community education about what is available is needed, as well as promotion by current clients</li> </ul> |

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|                                      | <p>compare to five years of birth control. The cost is about the same, so even though you're out the cost at the onset of it, it lasts three to five years.</p> <ul style="list-style-type: none"> <li>• To stay a part of the family planning program you can't just get an implant and not come back for three years and get a new one. You have got to stay a part of the program and get your checkups, your well woman exams that you need, so you're generating that income.</li> <li>• User confirmation, those women that are actually using the services promoting it for us.</li> <li>• We have teenagers that are using our services and those who feel comfortable because I know some that their parent knows, so why would they not feel comfortable in promoting local services.</li> <li>• Education about what is available is always difficult no matter what it is. How do you get it out to people?</li> <li>• What website did you look at, the county one? Okay. It's not an active website. We're trying to utilize the hospital's one. Someone was supposed to update that.</li> <li>• I think education and getting it out there that it's available.</li> <li>• And it's sometimes a touchy subject, there are a lot of people that really don't think public funds should be used for family planning, even though their public funds are going to take care of a child that's unwanted. So it's kind of touchy on advertising. Especially in a conservative community.</li> <li>• And our family planning program has nothing to do with abortions. We do not recommend it. We are required to tell them if they ask where you can go, except now I'm not real sure, but we don't advocate for it.</li> <li>• Men can come in to the health department for a check. Men can come in for contraception. We have condoms available, just like we do our</li> </ul> |        |

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|                                      | <p>birth control for women, and it's on a sliding fee scale.</p> <ul style="list-style-type: none"><li>• Currently with the grants we get from the state and what the county pays, we are able to do it.</li><li>• You would do more of the things you are talking about? If we had more money, Well, you will have to go to the County Commissioners</li></ul> |        |