

**3 & 4**

*years*

### **PRESCHOOL DANCE**

|           |                  |                   |
|-----------|------------------|-------------------|
| MONDAY    | 4:00 - 4:45 PM   | BALLET            |
| MONDAY    | 5:00 - 5:45 PM   | TAP/JAZZ/TUMBLING |
| TUESDAY   | 10:00 - 10:45 AM | BALLET/TAP        |
| WEDNESDAY | 4:00 - 4:45 PM   | HIP HOP           |
| WEDNESDAY | 5:00 - 5:45 PM   | TIGGER TUMBLING   |
| THURSDAY  | 5:00 - 5:45 PM   | HIP HOP/TUMBLING  |
| SATURDAY  | 9:00 - 9:45 AM   | BALLET            |
| SATURDAY  | 10:00 - 10:45AM  | TAP/JAZZ/TUMBLING |

**5 & 6**

*years*

### **BEGINNER DANCE**

|           |                  |               |
|-----------|------------------|---------------|
| MONDAY    | 6:00 - 6:50 PM   | ACRO/TUMBLING |
| TUESDAY   | 4:00 - 4:50 PM   | LYRICAL       |
| TUESDAY   | 5:00 - 5:50 PM   | BALLET        |
| WEDNESDAY | 4:00 - 4:50 PM   | TAP           |
| WEDNESDAY | 5:00 - 5:50 PM   | JAZZ          |
| THURSDAY  | 6:00 - 6:50 PM   | HIP HOP       |
| SATURDAY  | 11:00 - 11:50 AM | BALLET        |

**Boys**

*Only*

### **BOYS ONLY DANCE**

|           |                |               |
|-----------|----------------|---------------|
| MONDAY    | 6:00 - 6:50 PM | MINI BREAKERS |
| WEDNESDAY | 6:00 - 6:50 PM | BOYS ONLY     |

\*\*Boys are welcome to join any age appropriate dance class at GMZ!

**7 - 9**

*years*

### **BEGINNER / INTERMEDIATE DANCE**

|           |                |                      |
|-----------|----------------|----------------------|
| MONDAY    | 4:00 - 4:50 PM | TAP                  |
| WEDNESDAY | 6:00 - 6:50 PM | BALLET               |
| WEDNESDAY | 7:00 - 7:30 PM | JUMPS, LEAPS & TURNS |
| THURSDAY  | 4:00 - 4:50 PM | ACRO/TUMBLING        |

**9 - 12**

*years*

### **INTERMEDIATE DANCE**

|           |                |                       |
|-----------|----------------|-----------------------|
| MONDAY    | 4:00 - 4:50 PM | BALLET                |
| MONDAY    | 5:00 - 5:50 PM | JAZZ                  |
| MONDAY    | 6:00 - 6:30 PM | PRE-POINTE            |
| TUESDAY   | 4:00 - 4:50 PM | INTRO TO CONTEMPORARY |
| TUESDAY   | 6:30 - 7:20 PM | HIP HOP               |
| WEDNESDAY | 6:00 - 6:50 PM | ACRO/TUMBLING         |
| THURSDAY  | 4:00 - 4:50 PM | LYRICAL               |
| THURSDAY  | 5:00 - 5:50 PM | BALLET                |
| THURSDAY  | 6:30 - 7:00 PM | JUMPS, LEAPS & TURNS  |

**11+**

*years*

### **INTERMEDIATE / ADVANCED DANCE**

|           |                |               |
|-----------|----------------|---------------|
| MONDAY    | 7:00 - 7:50 PM | HIP HOP       |
| TUESDAY   | 5:00 - 5:50 PM | ACRO/TUMBLING |
| WEDNESDAY | 5:00 - 5:50 PM | POINTE        |

**13+**

*years*

### **ADVANCED DANCE**

|           |                |        |           |                |                      |
|-----------|----------------|--------|-----------|----------------|----------------------|
| MONDAY    | 4:00 - 4:50 PM | JAZZ   | WEDNESDAY | 3:30 - 4:00 PM | TAP                  |
| MONDAY    | 5:00 - 5:50 PM | BALLET | WEDNESDAY | 7:00 - 7:50 PM | LYRICAL              |
| WEDNESDAY | 4:00 - 4:50 PM | BALLET | THURSDAY  | 4:00 - 4:50 PM | CONTEMPORARY         |
| WEDNESDAY | 5:00 - 5:50 PM | POINTE | THURSDAY  | 7:00 - 7:30 PM | JUMPS, LEAPS & TURNS |



TEXT : 845 - 254 - 2990  
WWW.GINA-MARIEZ.COM

10 COMMERCIAL AVE  
HIGHLAND, NY 12528

*Sept. 2025 - June 2026*  
*Schedule*

*Free Trial*  
*Class!*



\*\* ON HOLD

**15m -**

*2.5 yrs*

**ROCKIN' TOTS**  
**(GROWN UP & ME)**

|           |                |
|-----------|----------------|
| TUESDAY   | 9:00 - 9:45 AM |
| WEDNESDAY | 5:00 - 5:45 PM |

**18+**

*years*

**ADULT**  
**DANCE**  
**CLASSES**

|           |          |               |
|-----------|----------|---------------|
| TUESDAY   | 11:00 AM | DANCE FITNESS |
| TUESDAY   | 8:00 PM  | HIP HOP       |
| WEDNESDAY | 7:00 PM  | TAP           |
| THURSDAY  | 7:00 PM  | BALLET        |