



400 NE Roberts Avenue

Gresham, Oregon 97030

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June 11, 2025

Dear Valued Patient,

After months of thought, I am writing to formally announce my retirement from primary care at Roberts Street Clinic effective August 15th, 2025.

This decision was not made lightly. Practicing medicine at Roberts Street Clinic has been one of the greatest privileges for me, and I am deeply grateful for the opportunity to serve our patients and this community and work with my staff and physician partners.

I am thankful for the trust placed in me by my patients and their families. These friendships have enriched me in countless ways and reminded me daily of why I chose this profession. I know this news may come as a disappointment, as I have built strong relationships with many of you over the years. Please know that your health and continuity of care remain our highest priorities during this transition.

What This Means For Your Care:

- All appointments scheduled with me prior to August 15, 2025, will proceed as planned.
- Starting August 15, 2025, I will no longer be providing medical care through Roberts Street Clinic. However, my colleague, Dr. Maness may be available to take you on as a new patient.
- Please be aware that appointment availability with Dr. Maness at the clinic is limited. Extended wait times for scheduling appointments should be expected.
- I strongly encourage you to consider establishing a plan for continued care with a new provider at another medical practice as soon as possible to ensure timely and uninterrupted access to healthcare services.
- If you choose to find a new provider, your complete medical records will be made available to your new provider upon your request and written authorization.

Next Steps:

1. If you are interested in establishing care with Dr. Maness at Roberts Street Clinic, please contact our office at 503-665-9144. Please understand that due to limited availability, there may be significant delays in scheduling appointments. To avoid potential delays in healthcare services, contact the office as soon as you are able.
2. We recommend beginning the process of finding a new primary care provider at another practice as soon as possible to ensure timely access to healthcare.
3. Should you choose a new provider outside of Roberts Street Clinic, please complete the included medical request form to transfer your medical records. **Roberts Street Clinic must receive written authorization from you to release your medical records to a new provider.**
4. **Prescriptions/Refill of Medications: *Please plan ahead!*** You will need to refill all medications before 8/15/2025. After 8/15/2025 we may be able to refill a prescription, but only once and for a 30-day supply. We encourage you to find a new provider as soon as possible, to avoid any issues with prescriptions.

Though I am stepping away from my clinical practice, I look forward to the next chapter in my life- more time with family, pursuing personal goals and eventually continuing to practice medicine within a different capacity.

Thank you for all your support, camaraderie, and the many memories we have shared. Thank you for allowing me to be part of your lives and I wish you continued health, happiness, and peace in the years to come.

Sincerely,

Matt Upshaw, DO