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NO USE OF STRAWS FOR 48 HOURS!

What to Expect:

- Some oozing for the first twenty-four (24) to forty-eight (48) hours is normal.
- Some swelling and discomfort may be present for two (2) or three (3) days.

Activities:

- Rest in a propped up, head elevated position. This will help minimize oozing and swelling.
- Postpone strenuous activities for five to seven (1-2) days after surgery.

Post-Operative Care of the Surgical Area:

- Should significant oozing persist, apply pressure by biting on folded gauze placed on the surgical site or hold it in place with a finger, if biting is not possible.
- ***Do not rinse, spit or suck through a straw on the day of surgery.*** After the first day frequent tooth brushing and rinsing with salt water, especially after meals, is very desirable and will help minimize post-operative complications.

Diet:

- Large amounts of liquids are desirable on the day of surgery. As a rule of thumb nothing harder than a scrambled egg or warmer than room temperature should be eaten on the day of surgery. Non-spicy foods as tolerated are acceptable after the first day.