











# October

**10/1-10/3**






<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Milk Pears Rice Chex	Milk Bananas Waffles	Milk Mandarin Oranges Toasted O's	Milk Bananas Whole grain Cereal Bar	Milk Pears Shredded Wheat Cereal
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Milk Chicken Alfredo Chicken Alfredo Sauce Peas Applesauce Whole Wheat Pasta	Milk Grilled Cheese Tortilla Tomato Soup Brown Rice Tropical Fruit	Milk Pasta Ground Beef Tomato Sauce Green Beans Applesauce	Milk Diced Hotdogs Baked Beans Peaches Corn Pasta Salad	Milk Beef Tacos Cheese Tortillas Diced Potatoes Pineapple
				
<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>
Grape Juice Pretzels	Apple Juice Graham crackers	HM Grapple Juice Animal Crackers	Apple Juice Saltines	HM Grapple Juice Cheese Crackers

**10/6 – 10/10 and 10/27 – 10/31**


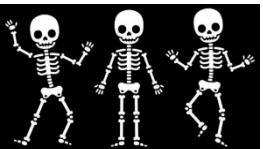

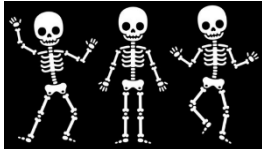

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Milk Pears Toasted O's	Milk Bananas Whole Grain Cereal Bars	Milk Peaches Corn Flakes	Milk Mandarin Oranges Oatmeal	Milk Peaches Shredded Wheat
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Milk Pizza Rollups Cheese Sweet Corn Tropical Fruit Tortillas	Milk Pasta Ground Beef Tomato Sauce Green Beans Applesauce	Milk Turkey Tater Tots Bananas Whole Wheat Bread	Milk Sloppy Joes Ground Beef Diced Potatoes Applesauce Bread	Milk Bean Burritos Tortillas Peas Cheese Pineapple
				
<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>
Apple Juice Cheese Crackers	HM Grapple Graham Crackers	Apple Juice Animal Crackers	HM Grapple Club Crackers	Grape Juice Snack Crackers

# October

10/13 – 10/17

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Milk Tropical Fruit Corn Flakes	Milk Bananas Whole Grain Breakfast Bar	Milk Peaches Krispy Rice Cereal	Milk Apples Waffles	Milk Pears Shredded Wheat
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Milk HM Beef Stroganoff Ground Beef Green Beans Applesauce Whole Wheat Pasta 	Milk Cream of Chicken Chicken Mixed Veggies Pineapple Rice 	Milk Beef Mac and Cheese Ground Beef Cheese Sweet Peas Pears Whole Wheat Pasta 	Milk Diced Hotdogs Baked Beans Mandarin Oranges Corn Whole Wheat Pasta Salad 	Milk Tacos Beef Tortillas Applesauce Cheese Peas 
<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>
Apple Juice Snack Crackers	HM Grapple Rice Chex	Apple Juice Saltines	HM Grapple Juice Animal Crackers	Apple Juice Cheese Crackers

10/20 – 10/24

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Milk Peaches Toasted Os	Milk Bananas Whole Grain Breakfast Bar	Milk Peaches Corn Flakes	Milk Bananas Cinnamon Biscuits	Milk Apples Shredded Wheat
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Milk Sloppy Joes Ground Beef Pears Green Beans Bread 	Milk Pizza Rollups Cheese Sweet Corn Applesauce Tortillas 	Milk Chicken and Gravy Brown Rice Diced Potatoes Pineapple 	Milk Turkey Sandwiches Tater tots Pears Bread 	Milk Chicken Tacos Chicken Mixed Veggies Mandarin Oranges Tortillas 
<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>	<b>Snack</b>
Grapple Juice Club Crackers	Apple Juice Pretzels	Grapple Juice Cheese Crackers	Apple Juice Thin Wheats	Apple Juice Snack Crackers