Chicken Stroganoff

Simmered with onions, mushrooms, and seasonings,

served in a sour cream sauce

SERVINGS PREP TIME 20 MINUTES COOK TIME 20 MINUTES



INGREDIENTS

1 1/2 to 2 lbs chicken breast 1 cup chicken broth or stock

8 oz mushrooms, sliced thin 1 cup sour cream

1/2 stick of butter Splash of white cooking wine

1/2 cup flour Flat wide noodles

2 tbs tomato paste

DIRECTIONS

In frying pan, brown mushrooms in butter. Remove mushrooms and set aside.

Drudge chicken through flour and lightly brown over medium heat for 10 minutes.

Add mushrooms, tomato paste, broth, sour cream and wine.

Let simmer over low heat for 20 minutes. Garnish with fresh parsley.

Serve with a flat wide noodle.

Recipe can be made with beef:

Substitute cubed beef for chicken and beef broth for chicken broth.

Mazzulos