

# WHAT IS KETAMINE-ASSISTED PSYCHOTHERAPY (KAP)?

KAP COMBINES KETAMINE MEDICATION WITH THERAPEUTIC  
SUPPORT TO HELP YOU:



PROCESS EMOTIONS



GAIN INSIGHT

SUPPORT HEALING FROM DEPRESSION, ANXIETY, AND TRAUMA

HOW IT WORKS:

MEDICATION IS TAKEN IN A SAFE, SUPERVISED SETTING  
GUIDED THERAPY HELPS INTEGRATE INSIGHTS  
SMALL GROUP FORMAT PROVIDES CONNECTION AND SUPPORT

NOTE:

MEDICAL EVALUATION REQUIRED (REFERRALS AVAILABLE)

SELF-PAY ONLY

KAP IS A RESEARCH-SUPPORTED APPROACH SHOWN TO ENHANCE  
EMOTIONAL GROWTH AND HEALING.

**MOORE LIFE  
COUNSELING**  
BECAUSE THERE'S MORE TO LIFE

CHERYL MOORE, LMHC.  
CERTIFIED KETAMINE ASSISTED THERAPIST  
515-240-1910  
CHERYL@MOORELIFECC.COM

