

DAILY ESSENTIALS

For Men



Serving Size: 1 packet

Servings Per Container: 60

Daily Essentials for Men is a powerful combination of three foundation nutritional formulas provided in convenient daily dose packets. This formula does not contain iron or copper making it the perfect foundation nutrition supplement for men.*

This Formula Provides Support for:

- Poor Dietary Nutrient Intake*
- Prostate Health*
- Cardiovascular Health*
- Detoxification Support*
- Nutrients Depleted By a Stressful Lifestyle*
- Targeted Nutrition Designed For Men*

Each Packet Contains:

2 - MultiVitamin for Men provides high quality comprehensive vitamins, minerals, amino acids and herbals, specifically designed to address the unique nutrient needs for male adolescents, adults and seniors.* MultiVitamin for Men features patented Albion TRAACS® amino acid chelates for optimal mineral absorption and is provided in hypoallergenic vegetable capsules.*

1 - Omega 600 provides 600 mg of ultra-pure, molecularly distilled, natural marine lipid concentrate sourced from fish caught in cold, deep sea waters and is USP (United States Pharmacopeia) verified.

1 - CoQ10-100, a patent pending, crystal-free CoQ10, offers the highest absorption and bioavailability.* CoQ10 is a component of the electron transport chain, participating in aerobic cellular respiration for generating energy. Most of the human body's energy is generated this way. CoQ10 is a vital part of a high quality foundation nutrition regime, as an extremely powerful antioxidant.*

One Pack Contains:

Vitamin A (75% [3,750 IU] natural mixed carotenoids, 25% [1,250 IU] retinyl palmitate)	5,000 IU
Vitamin C (as magnesium ascorbate, zinc ascorbate, potassium ascorbate, calcium ascorbate)	125 mg
Vitamin D-3 (as cholecalciferol)	200 IU
Vitamin E (as d-alpha tocopherol succinate)	80 IU
Thiamin (as thiamin mononitrate)	10 mg
Riboflavin (as riboflavin-5'-phosphate, riboflavin)	10 mg
Niacin (as niacin and niacinamide)	30 mg
Vitamin B-6 (as pyridoxal-5'-phosphate)	10 mg
Folate (as folic acid)	400 mcg
Vitamin B-12 (as methylcobalamin)	300 mcg
Biotin	500 mcg
Pantothenic Acid (as d-calcium pantothenate)	100 mg
Calcium (TRAACS® calcium glycinate chelate, DimaCal® di-calcium malate, calcium ascorbate)	50 mg
Phosphorus (as pyridoxal-5'-phosphate/riboflavin-5'-phosphate)	6 mg
Iodine (as potassium iodide)	50 mcg
Magnesium (TRAACS® magnesium glycinate chelate buffered, di-magnesium malate, magnesium ascorbate)	100 mg
Zinc (TRAACS® zinc glycinate chelate, zinc ascorbate)	7 mg
Selenium (as selenium complex)	50 mcg

Manganese (TRAACS® manganese glycinate chelate)	250 mcg
Chromium (TRAACS® chromium nicotinate glycinate chelate)	250 mcg
Molybdenum (TRAACS® molybdenum glycinate chelate)	25 mcg
Potassium (potassium citrate, potassium ascorbate)	49 mg
Pumpkin Seed Extract	25 mg
Saw Palmetto Berry Extract	25 mg
N-Acetyl L-Carnitine HCl	25 mg
N-Acetyl Cysteine (NAC)	25 mg
Choline (as choline bitartrate)	20 mg
Inositol	20 mg
Glycine	15 mg
L-Taurine	15 mg
Tribulus terrestris Fruit Extract	15 mg
L-Glutamic Acid	12 mg
L-Alanine	12 mg
Ginseng Root (Panax ginseng)	12 mg
L-Lysine (HCl)	10 mg
PABA (Para Amino Benzoic Acid)	10 mg
Rutin	8 mg
Hesperidin	8 mg
Quercetin	6 mg
R-Alpha Lipoic Acid	5 mg
Lutein	37 mcg
Natural Marine Lipid Concentrate	1.2 g
EPA (eicosapentaenoic acid)	318-360 mg
DHA (docosahexaenoic acid)	204-240 mg
Coenzyme Q10 (ubiquinone)	100 mg
Mixed Tocopherols	15 mg

Other Ingredients for MultiVitamin for Men: HPMC (vegetable capsule), rice flour and silica. **Omega 600:** Gelatin, glycerin, food glaze, enteric coating, mixed tocopherols, sodium alginate, acetylated monoglycerides, Polysorbate 80, sorbic acid. **CoQ10- 100:** Miglyol, natural food grade citrus oil, glycerin, purified water, red radish powder, carob extract concentrate, caramel liquid.

Albion, TRAACS, DimaCal and the **Albion Medallion** are registered trademarks of Albion International, Inc. Malates covered by U.S. Patent 6,706,904 and patents pending.

Free of: Milk, eggs, shellfish, tree nuts, peanuts, wheat.

Does not contain artificial colors or sweeteners.

Directions: Take one packet 1-2 times daily or as directed by your healthcare practitioner.

