

DIM PLUS

support for healthy estrogen metabolism in men and women*



Life's Medicine

Serving Size: 2 Capsules

Servings Per Container: 60

DIM Plus supports healthy estrogen metabolism for men and women.* Estrogen dominant conditions are associated with both environmental toxins mimicking estrogen and compromised metabolism of estrogens.* DIM (diindolylmethane), enhanced by curcumin and black pepper extract (BioPerine®), has been found to increase levels of “good” estrogens (2-hydroxyestrogens) while reducing levels of “bad” estrogens (16-hydroxyestrogens) and may result in a relief of symptoms associated with estrogen dominance.* DIM is an advanced metabolite of Indole-3-Carbinol, the indole found in cruciferous vegetables. Indoles support healthy estrogen metabolism and an optimal ratio of estrogen metabolites.* The BioPerine®/curcumin combination has demonstrated a dramatic improvement in the bioavailability, extent of absorption and serum concentration of the bioactive curcuminoids.*

Two Capsules Contain:

- Curcumin (from turmeric extract) 600 mg
- DIM (diindolylmethane) 150 mg
- BioPerine® (from piper nigrum/black pepper extract) 2 mg

Other Ingredients: HPMC (vegetable capsule), MCC (microcrystalline cellulose), rice flour.

Free of: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

BioPerine® is a registered trademark of Sabinsa Corp.

Directions: Take two capsules daily or as directed by your healthcare practitioner.

