



Van Abel's of Hollandtown Gluten Free Items

Oven Roasted Chicken (served on

separate plate) (available on
Saturdays and Sundays)

Plain Mashed Potatoes

Green Beans with bacon sauce

Corn

Cranberries

Bean Salad

Cole Slaw

Ham

Oven Roasted Beef *

Tenderloin Tip *

Hash Browns

Baked potato

Potato Salad

Baby Reds *

Chef Carved Turkey*

Rice Crispy Bars

**Items available by
reservation only and for
the entire group*

Broiled Cod

Broiled Scallops

Broiled Shrimp

Shrimp sauce

Barbecue Sauce

Cooked Baby Carrots*

Van Abel's Sour Cream

Tarter Sauce

Mashed Baby Reds*

Potato Chips*

Herb Chicken Breast*

Cheddar Cheese*

Plain Hotdog*

Plain Hamburger*

Plain Brat*

House lettuce Salad with

Any salad dressing

Short List of NO's

Broasted Chicken

Most Desserts

Dressing

Gravy

Chicken strips