

Preparation for Upper Endoscopy (EGD)

CALL OUR OFFICE IF YOU TAKE COUMADIN or other blood thinners, such as; Plavix, Effient, Xarelto, Pradaxa, Eliquis

Day of: If your appointment is in the morning:
 Nothing to eat or drink after midnight.

 If your appointment is in the afternoon:
 Nothing to eat or drink six hours prior to the test. You may
 Have a full liquid breakfast prior to this time. A full liquid
 Breakfast can include pudding, shakes, Ensure/Boost etc.

Regarding medications:
 If you take blood pressure medication, **DO** take them the
 morning of the test, with a small glass of water.
 If you are diabetic, **DO NOT** take insulin/diabetes tablets
 Within 24 hours of your procedure.

DO NOT COME ALONE. Someone must drive you and stay with you to receive results and drive you home. Someone should also remain with you the rest of the day.

Date: _____ Time: _____ Location: Please call office to confirm

IF YOU DO NOT RECEIVE A CALL FROM OUR OFFICE OR THE HOSPITAL WITHIN THE 3 DAYS PRIOR TO YOUR PROCEDURE, PLEASE CALL OUR OFFICE TO CONFIRM.