



222 S. Evergreen Rd.
Spokane Valley, WA. 99216

Dining Outside-In

Thurs., April 17th – Black Straw Tea & Kitchen (Dinner) Sign up by Tues. April 15th

Thurs., April 24th – Black Straw Tea & Kitchen (Lunch) Sign up by Tues. April 22nd

The Independent Living Private Dining Room will be set up for your dining experience. One menu will be at the front desk for you to look at. Once you have signed up in the Outing Book, under the “In-House” tab, you will be given your menu to order.

Activities will get your order on or the day before we pick up the food. Orders are limited to 5 residents, so sign up early.

Lunch will be served at 11:30 a.m., and dinner will be served at 5 p.m. All orders will include a complimentary beverage and dessert.

***If the first date is filled, go to the second date, but you can only sign up **once**.

April Art w/ Judy

Saturday, April 5th 3-4:15pm
“Combining Easy Watercolor”

Shapes and Zentangle ink designs. Great for beginning artists. Sign up by March 31st.

Saturday, April 26th 3-4:15pm
“Let’s Paint Like Fredia Kahlo,” the great

Mexican surrealist. Following simple step-by-step instructions, we will paint a colorful scene in Frida’s style. Sign up by April 20th

Both classes meet in the 3rd Floor Craft Room. Come a little early to get set up. All materials are supplied with no fees.

April 2025

ORCHARD BREEZE

Orchard Crest Retirement Community 509-928-2222
222 S. Evergreen Rd. Spokane Valley, WA. 99216

PICTURES WITH THE EASTER BUNNY

If you and/or your family would like to take pictures with the Easter Bunny, please come to the Independent Living Room on Saturday, April 19th, from 1:00 to 2:00 p.m. The Easter Bunny will be handing out treat bags to the kids. Please sign up at the front desk if you are going to bring any little ones. Please write the names and ages by April 12th.

MOTHER’S DAY TEA

Join us for our Annual Mother’s Day Tea on Saturday, May 3, 2025, from 12 to 1:30 p.m. in the Independent Living Dining Room. We will offer assorted teas, finger sandwiches, grape salad, mini cheesecakes, great door prizes, free pictures, and Entertainment with Mike Twichell. You MUST RSVP by 1 p.m. **April 21st to attend**; two guests per apartment.

BOX LUNCHES will be delivered to your apartment for those who eat lunch in the dining room on Saturday, May 3rd. The dining room will be closed for Mother’s Day Tea. If you eat lunch, you can trade your boxed lunch for dinner and pick it up to go @ 4:30 in the Dining Room.

SPRING BAZAAR is scheduled on Saturday, May 17th, from 11am – 2pm, in the Independent Living Dining Room.

Events:

Tuesday, April 1st – Catholic Communion @ 12:30, 3rd Floor Exercise Room.

Wednesday, April 2nd – Walker / Wheelchair Safety Check
Breaks, handle grips, and small minor adjustments are FREE of charge for most repairs. The times and locations are listed below:

Independent Living: 1:00pm, 3rd Floor Exercise Room. Sign up at the front desk in the Outing Book under the In-House tab.

Assisted Living: Following Independent Living, about 2:00pm, (there will be an announcement), 2nd Floor Activity Room. Sign up at the Nurses Station (AL Front Desk).

Wednesday, April 2nd – “Okanogan Highlands & History of Spokane County” w/ Historian Chet Caskey @ 1:30pm, 4th Floor Independent Living Theatre.

Thursday, April 3rd – Wooden Craft Class w/ Robyn @ 1:00pm, 3rd Floor Craft Room. The cost is \$25.00. Sign up by April 1st.

Friday, April 4th – Music w/ Ben @ 2pm in the Independent Dining Room.

Tuesday, April 8th – Grief Support Group led by Chaplin Paul Riegel of Horizon Hospice. This group may be helpful for all who have or are experiencing grief. It will be on the 4th Floor Independent Living Theatre at 1:00 p.m. All are welcome.

Thursday, April 10th – Chef’s Corner Meeting at 1:30 on the 4th Floor Independent in the Theatre.

Friday, April 11th – Music w/ Into the Drift @ 2pm in the Independent Living Dining Room.

Tuesday, April 15th – Catholic Mass w/ Father Mike @ 12:30 on the 3rd Floor Exercise Room.

Thursday, April 17th – Annual Rummage Sale, or Give it Away from 9-11am / 12:30-2pm, 4th Floor Independent Living Activity Room. If you have items that you would like to sell or give away, please sign up by 1pm in the Outing Book under the In-House tab by April 10th.

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Friday, April 18th – Hearing Clinic w/ Audiologist Jonell Block from 10:00am – 12:00pm, 4th Floor Independent Living Activity Room. You must sign up in the Outing Book under the In-House tab at the front desk.

Friday, April 18th – Monthly B-day Party w/ Diane Copeland @ 2:00pm in the Independent Living Dining Room.

Saturday, April 19th – Pictures w/ the Easter Bunny from 1-2:00pm in the Independent Living Room. Sign up by April 12th.

Monday, April 21st, is National Volunteer Appreciation Day! I am having a Social to honor ALL my volunteers throughout the year. I want to show my appreciation to you at 1:30 p.m. on the 4th Floor Independent Living Activity Room. If you would like to attend, please sign up at the Independent Living front desk in the Outing Book under the In-House tab by April 16th.

Wednesday, April 23rd – Spokane Valley Library Visit @ 3:15pm, 4th Floor Independent Living Activity Room.

Thursday, April 24th – Lutheran Communion @ 1pm, 3rd Floor Exercise Room.

Friday, April 25th – Music w/ Tom Cooper @ 2pm in the Independent Living Dining Room.

Outings

Friday, April 4th—Enjoy the atmosphere with a pot of shared bottomless tea, small sandwiches, sweet-tart, and tea cookies with your friends at the best tea spot the Valley has to offer, **Torra Tea**. The cost for the tea package is \$26.14. Loading is at 10:15 a.m. Walker/wheelchair accessible, Moderate walking. Sign up by March 28th.

Sunday, April 6th – There is indeed “beauty in the basalt” and the green wheat fields when you visit this small rural town for the **Sausage Feed**. This year’s menu includes old-fashioned German Sausage, mashed potatoes, green beans, sauerkraut, homemade applesauce, rolls, and a variety of desserts. Loading @ 10:30 am. Cost is \$18. Walker accessible. Excessive walking. Sign up by April 2nd.

Friday, April 11th—Spring is here! Join us for a private flowerpot class with the professionals from **Vanhoff’s Garden Center** in Coeur d’ Alene. Before class, we will have go to **Elmer’s Restaurant** for the Northwest’s favorite breakfast since 1960. The cost for the class is \$20.00.. Moderate walking. Walker accessible. Loading @ 9:15 a.m. Sign up by April 6th.

Saturday, April 12th—Men’s Breakfast Outing. Complimentary breakfast at Christ Fellowship Baptist Church. Loading is at 9 a.m. Walkers are accessible. Moderate walking. Marvin will be driving, so please do not use wheelchairs or scooters. Sign up by April 5th.

Monday, April 14th—Buddy Boy has been farming for over 40 years and has grown thousands of organic acres using age-old natural methods and a few modern twists. Along with vegetables and fruits, **Buddy Boy Farms** also grows cannabis on a small portion of its large, isolated organic farm. After the 45-minute farm tour, we will have dinner at **Longhorn BBQ** in Airway Heights. Loading @ 10 am. Excessive Walking. Walker accessible. Sign up by April 7th.

Wednesday, April 16th—We have had several requests to go **shopping at Costco**. If you would like to go, please sign up by Wednesday, April 9th, as space is limited. Loading will begin at 10:00 a.m.

Friday, April 25th. Residents will be on **their** own at **Northern Quest Casino** and must be on the bus at the designated time. Loading at 9:30 a.m. Walker / Wheelchair accessible. Excessive walking. Sign up by April 18th.

Sunday, April 27th – Masterworks 8: Let There Be Light! Loading @ 1 pm.

***The cost of any Outing, Craft Class, or Dining Outside-In charges will be billed to your monthly invoice.

April Weekend Movies

Below are the movies scheduled for the month. To view the movies playing over the weekend, please see the movie sheets in/outside the elevators.

The weekend movies will begin at 1:30 pm on Saturdays and Sundays. You may bring your own snacks & beverages; however, there are complimentary bags of popcorn & soda.

If you want to help select the weekend movies, write your suggestions down on the list in the “In-House” tab in the Outing Book.

April 5 – The Lost City
PG-13 2022 1h 52m

April 6 – Pride & Prejudice
PG 2005 2h 8m

April 12 – The Truman Show
PG 1998 1h 43m

April 13 – The Forge
PG 2024 2h 3m

April 19 – Mrs Doubtfire
PG-13 1993 2h 6m

April 20 – Lincoln
PG-13 2012 2h 31m

April 29 – The Straight Story
G 1999 1h 52m

April 30 – Davy Crockett
PG 1955 1h 34m

Happy Birthday

Sue Render2nd
Vonnice Nielson3rd
Karen Rogers8th
Graham DeLong9th
Bev Gustafson12th
Walt Bonsack14th
Bruce Hicken14th
Mary Johnson14th
Edna Lorenzen17th
Jim Harken18th
Daniel Stephenson19th
Cliff Janson25th
Joan Schwisow27th

Happy Anniversary

Gordon & Judy Warren (64 yrs).. 2nd
Johnny & Wilma Belcher(71yrs)...16th
Marvin & Laverne Koch (64 yrs)..29th

Welcome to Orchard Crest

Bob & Annie Higginson104
Dutch & Ruth Wagar121
Dave & Linda Blevin204
Robert & MaryEllen Salmon217
June Werley406
Dick & Betsy Standiford432

New Activity beginning April 2nd
CHAIR YOGA!!!

Chair yoga is a safe and accessible form of traditional yoga that can be done while seated. It offers a low-impact workout, making it easier on the body, especially for those with mobility challenges.

Chair yoga has the same benefits as regular yoga, including stress reduction, pain relief, and improved balance.

Try it. Join us every Wednesday, 12:30-1pm, 3rd Floor, Independent Living Exercise Room.