

Orchard Crest Retirement
222 S. Evergreen Rd.
Spokane Valley, WA 99216

Postage
Information

Your Mailing Address
Street Number and Name
City, State ZIP Code

Give a Big Welcome to Our New Dining
Director, Joel!

Joel Wolfley, a Spokane native, brings a wealth of culinary and nutrition experience to Orchard Crest. After graduating from John R. Rogers High School and earning a Culinary Arts degree from Spokane Community College, he worked in several local restaurants and even cooked on a crab vessel in the Bering Sea. He has two grown children who also call Spokane home, and a beloved dog named Stella who happily keeps him on his toes.

In 2001, Joel earned his degree in Nutrition from the University of Idaho and became a Registered Dietitian. He spent seven years as Director of Food and Nutrition at Deaconess Medical Center and over a decade with Thomas Cuisine, working in various locations across the country.

Joel recently returned to Spokane to be closer to family and is thrilled to join the Orchard Crest team. He looks forward to serving the community with great food and warm hospitality.

July Resident Birthdays

Marge Arnold.....	1st
Gwenn Wiggins.....	2nd
Darlene Judd.....	6th
Bob Higginson.....	8th
Lewis Reichert.....	18th
Linda Cutler.....	20th
Diana Zedlar.....	23rd
Leslie Funk.....	25th
Fern Fluke.....	26th
Shirley Carlson.....	27th
Lani Hopkins.....	28 th
Anniversaries:	
Harvey & Penny Zacher.....	7-1-61
Doug & Linda Burkhart.....	7-18-64



July 2025

ORCHARD BREEZE

Orchard Crest Retirement | 222 S. Evergreen Rd. Spokane Valley, WA
99216 | (509) 928-2222

July Activities & Events:

Tuesday, July 1 at 1:00 PM – Chats with Chet
Spokane’s Military Heroes – Join us in the Theater for inspiring stories from our local history.

Tuesday, July 1 at 4:00 PM – Wine & Cheese with the Aloha Hula Dancers
A lively performance and refreshments in the Independent Living Room—don't miss this festive afternoon!

Independence Day Celebration – Thursday, July 3 from 5:00–7:00 PM
Celebrate the holiday with complimentary hamburgers and hot dogs (*limit 2 guests per apartment*) and live music by *The Zonky Jazz Band* in the Pavilion. Please sign up ahead of time, so that we can have a good estimate for food, drinks, and seats. If you forget to sign-up last minute, just let the front desk know and we will accommodate you!

Thursday, July 17 at 6:30 PM – Summer Concert Series
A Taste of Jazz Band performs live in the Pavilion. Drinks and desserts will be served! Please sign-up, so that we can prepare a guest estimate accordingly!

Friday, July 18 at 2:00 PM – Monthly Birthday Party
Celebrate July birthdays with music by *Diane Copeland*, cake, and cheer in the Dining Room!

Monday, July 21 at 4:00 PM – Timeless Treats Baking Class
Join us in the Activity Room for a nostalgic and delicious baking session. Let’s create something sweet together!

Saturday, July 26th at 2:00 PM- Summer Choir Concert
Join us in the Independent Living Dining Room for an amazing performance put on by our choir.

Tuesday, July 29 at 2:00 PM – Blackjack is Back!
Join us in the Independent Living Game Room for an exciting round of blackjack. Please sign up in advance to reserve your seat.

- Grilling Month
- Family Reunion Month
- Share a Sunset with Someone You Love Month
- International Joke Day July 1
- Independence Day July 4
- World Chocolate Day July 7
- National Freezer Pop Day July 8
- National Ice Cream Day July 20
- International Self-Care Day July 24
- National Milk Chocolate Day July 28

Welcome to Orchard Crest!

- Susan K. (125)
- Lewis R. (430)
- DeeAnne S. (MC13)
- Garlan & Linda C. (425)
- Jerrene R. (MC35)
- Janet G. (119)
- John & Lyn T. (410)
- Lucy L. & Frank M. (419)
- Jerry & Jenifer L. (420)
- Gene Lackey (223)

Weekly & Recurring Activities:

Paint & Sip – Every Other Monday at 2:00 PM (Craft Room)
Relax, paint, and sip your favorite beverage with friends.

Crafting – Every Other Monday at 2:00 PM (Craft Room)
Get creative with new craft projects and shared supplies.

Wine & Cheese Social – Every Tuesday at 4:00 PM (Activity Room)
Enjoy good company, wine, and cheese each week (unless otherwise noted).

Live Music – Every Friday at 2:00 PM (Dining Room)
End your week with wonderful live music and a lively atmosphere.

Coloring Social – Thursdays at 6:30pm and Sundays at 3:30 PM (Craft Room)
Join fellow residents for relaxing coloring time. Supplies are provided. (Please note, this is not a staff-led activity. Sundays are led by our fellow resident, Judy)!

Tech Help – Most Thursdays & Fridays from 1:00–2:00 PM
Sign up at the front desk for a one-on-one room visit from the Activities Team to help with your phone, TV, printer, or tablet. Please expect a potential 5-minute wait time for your time slot. (Sign-up Sheets are in a binder at the Assisted Living front medical desk).

Spiritual Support:
Catholic Communion – Every Other Tuesday at 12:30 PM (Exercise Room)
Join for prayer and communion led by a local clergy member.

Lutheran Communion – Thursday, July 24 at 1:00 PM (Exercise Room)
A special service for our residents.

Church Service- Every Sunday at 9am (Exercise Room)

July Outings:

• **Garage Sale’ing Adventure (Sunday, July 13th at 9:30am, back in time before lunch ends)**
Join us for a fun-filled morning of treasure hunting as we explore local garage sales!

• **Liberty Lake Farmers Market (Saturday, July 19th at 9:30am, back in time before lunch ends)**
Enjoy a beautiful day at the Liberty Lake Farmers Market!

• **Ride & Dine at Silver Mountain with Rusty Jackson (Friday, July 25th at 3:30pm)**
We're heading to Silver Mountain for a scenic gondola ride followed by a delicious meal—all while enjoying live music from the talented Rusty Jackson.

• **Glass on Grass Corvette Show at Mirabeau Park (Saturday, July 26th at 9:30am back in time before lunch ends)**
Rev up your day with a trip to the Glass on Grass Corvette Show.

• **Lunch at Applebee’s (Sunday, July 27th at 11am)**
Let’s head out for a casual lunch at Applebee’s!

Community Involvement:

Activity Planning Meeting – Monday, July 7 at 4:00 PM (Activity Room)
Come share your ideas and help shape future activities!

Grief Support Group – Tuesday, July 8 at 1:00 PM (Theater)
A welcoming space to reflect, share, and support one another.

Town Hall – Thursday, July 10 at 1:30 PM (Theater)
Stay updated on community news and share your feedback with leadership.

Silk Flower Arrangement Class – Thursday, July 24 at 2:00 PM (Craft Room)
Create a beautiful silk flower display to brighten your home—no experience needed!

Art Class with Judy

Saturday, July 5 at 3:00pm-4:15pm: American Bald Eagle in Acrylic Paints

The Design is a pre-drawn template, but you could also draw your own design if you wish. Come have fun with this patriotic project.

Saturday, July 19 at 3:00pm: Stamping Greeting Cards

Come join the fun as we use rubber stamps and inks on cardstock.

As usual, please sign up ahead of the deadline for both classes. All levels of artists are welcome. All Materials are supplied. If you are able, please come a little early for set-up/instructions.

Updates:

- **We are excited to formally introduce our new Choir Director, Katie!**
Katie brings a rich background in music and a passion for working with others. Her energy and talent make her a wonderful addition to the Orchard Crest Choir. We’re thrilled to welcome her and look forward to the joy and harmony she’ll bring as she leads our choir into a new season!
- **Great news—our bus is getting a brand-new engine and transmission!** We're excited to share that it should be back on the road in just 2–3 weeks. Once it's returned, it will be running better than ever and ready to take us on all of our upcoming outings and adventures. Thank you for your patience—we can't wait to get rolling again!
- **Thank you to everyone who joined our recent Garden Committee Meeting!**
We had a fantastic turnout and truly appreciate the ideas and enthusiasm shared. Be on the lookout for some exciting updates and improvements in the garden! We’ll be working closely with our landscaping and maintenance to address concerns.
- **Costco Added to Shopping Day – Fourth Wednesday of the Month**
We’re adding Costco to the shopping route—be sure to sign up if you’d like to go!
- **Pool Update**
You may still see Swimmercise on the calendar—this is in hopeful anticipation that the pool will be ready soon. We will keep you updated and notify everyone as soon as it’s officially back open. Thank you for your patience and understanding!