

## Information and Consent: Sculptra® Aesthetic

Practice/Physician Name: George C. Peck, Jr., MD

Sculptra Aesthetic is a cosmetic product used to correct nasolabial folds and other facial wrinkles. It is important that you understand that Sculptra® Aesthetic is simply a collagen stimulator. The Sculptra® Aesthetic product itself is NOT providing the filling action...the Sculptra® Aesthetic product causes a reaction in the skin, which forms new collagen. The Sculptra® Aesthetic product itself is digested by the skin, but the new collagen layer which is left behind may last 2 or more years (results may vary). Sculptra® Aesthetic requires a SERIES of treatments to achieve adequate filling for most wrinkles. You may need anywhere from 2 to 4 treatments at 4 to 8 week intervals to achieve your best result.

Sculptra® Aesthetic is indicated for correction of shallow to deep nasolabial fold contour deficiencies and other facial wrinkles in which deep dermal grid pattern injection technique is appropriate.

What you can expect:

- 1) The doctor will take an abbreviated medical history from you before your first treatment. It is your duty to disclose to the doctor your complete medication list, and any pertinent medical history, particularly of bleeding disorders, previous cosmetic surgical procedures, keloid scar history, history of facial herpes, and use of aspirin, anti-inflammatory, anticoagulant, or immune suppressive therapies. **As with other injectables, stop all aspirin, ibuprofen/Motrin, Aleve, and Vitamin E (pills) for 1 week prior to treatment.**
- 2) Sculptra® Aesthetic is injected under the skin in the area to be treated (usually the face) using several injections per area. These injections are mildly painful. The treated areas will be mildly sore for up to 3 days after treatment.
- 3) Your skin will be deeply massaged by the doctor after treatment, and then ice packs applied for several minutes. This helps to minimize bruising. You may resume normal activity immediately.
- 4) Your skin may appear mildly red or swollen for 24 to 48 hours after the treatment. This is normal. There may be mild bruising of the skin, especially if treatment is around the eyes, which may last for up to 7 days. If swelling is severe, pain or bruising is increasing, or fever develops, call the doctor.
- 5) You will have puffiness (not severe) after the procedure. **This is simply the water used to carry the Sculptra® Aesthetic product into your skin, and most of this is reabsorbed within a couple of days.**
- 6) Treatment sessions are generally spaced 4 to 8 weeks apart. The volume of Sculptra® Aesthetic injected at each session is entirely dependent on each patient and their goal for correction. Single treatments every 2 years appear to "keep up" with the natural loss of tissue volume due to aging.
- 7) **The effect of Sculptra® Aesthetic is slow and gradual as your skin forms collagen around the product crystals. You will start to improvement with in 3 months. Please be patient!**

Possible adverse events:

- 1) Swelling and bruising, as noted above. Temporary numbness and tingling in the treated area or temporary partial facial muscle paralysis (from the lidocaine anesthetic), lasting less than 2 hours.
- 2) Infection at the injection sites. This would be very rare and treated with routine antibiotics.
- 3) Undesired cosmetic effect, such as unexpected appearance after treatment. These events can be limited by clear communication with the doctor about your specific treatment goals.
- 4) Small papules may form deep in the skin in the treated areas. They are usually NOT visually apparent and will most likely resolve without treatment. Post therapy massage will help reduce this risk.

**After each treatment, please avoid the sun for 48 hours and deeply massage the treated area for 5 days.**

Your signature below indicates that you have read the above and consent to Sculptra® Aesthetic treatment. If any information regarding Sculptra® Aesthetic becomes available which may affect your willingness to continue with treatments, you will be informed by the doctor. The full cost associated with Sculptra® Aesthetic administration falls entirely upon the patient. A copy of this signed consent form will be given to you.

Signature: \_\_\_\_\_ Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Witness Name: \_\_\_\_\_ Date: \_\_\_\_\_