



August 2026 Menu

Vegetarian and vegan options are available for all meals • All meals come with fresh seasonal fruit or berries • Menu is subject to change depending upon vendor availability

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
10		11		12		13		14	
Buttered Sourdough Toast, Sunbutter & Strawberry Jam		Cheddar Cheese & Chive Egg Bites		Blueberry Muffin		Apple Dippers with Sunbutter		Coconut-Agave Sweet Grits, toasted coconut & mango	
Tropical Fruits Smoothie, coconut yogurt & agave		Blueberry Scone, chicken apple sausage		Strawberry Chia Pudding Cup, fresh strawberries		French Toast Sticks, Maple Syrup		Corn Chex Cereal, fresh berries	
Baked Chicken Harissa, citrus-herb couscous, feta, avocado yogurt drizzle		Spaghetti, Marinara Sauce & Turkey Meatballs		Roasted Herb Salmon Filet, steamed jasmine rice & chimmichurri sauce		Peach BBQ Chicken, Cowboy Caviar with Corn & Beans, Corn Muffin		Vegetable Fried Rice with Scrambled Egg	
Watermelon Wedge, agave-lime yogurt drizzle & pumpkin seeds		Spiced Whole Wheat Oatmeal Raisin Bar, cheese cubes		Lemon-Blueberry Loaf, Whole Wheat Flour & Coconut Sugar		Naan Bread cheese pizza, marinara sauce & fresh mozzarella		Creamy Pickle Dip, crackers and kettle potato chips	
17		18		19		20		21	
Chia Pudding Cup, Mango & Toasted Coconut		Buttermilk Biscuit, Maple Butter		Greek Yogurt Parfait with granola		Rice Krispies with Dried Blueberries		Mixed Berry-Banana smoothie	
Maple-Brown Sugar Oatmeal		Peaches n' Cream Smoothie		Pinto Bean, Potato & Cheese Burrito		Spinach & Mozzarella Egg Bites		Mini Whole Wheat Blueberry Muffin	
Coconut-Thai Basil Chicken, steamed jasmine rice & green beans		Mexian Lasagna with ground turkey, corn tortillas, corn & black beans, broccoli		Loaded Baked Potatoes, chive sour cream, cheese & turkey bacon, green beans		Turkey Sloppy Joes Sliders, Sweet Potato Fries & Citrus carrots		Huli-Huli Chicken Thigh, Mac Salad & tropical fruit relish	
Cranberry-Apple Tuna Salad, Ritz Crackers		Citrus Vanilla Pound Cake with coconut sugar & whole wheat flour		Roasted Potatoes, Spanish Romesco Sauce & garlic aioli		Southwest Black Bean Dip, corn fritos/corn tortilla chips		Roasted Red Pepper Hummus, naan bread, cucumber & baby carrots	
24		25		26		27		28	
Freshly Baked Vegan Croissant		Cheesy Egg Bites with Chives		Greek Yogurt Parfait with granola & fresh fruit		Strawberry Banana smoothie		Pinto bean, potato & cheese breakfast burrito	
Cheddar cheese grits		Coconut Chia Pudding Cup, Mango & Fresh Blueberries		Avocado Sourdough Toast, everything bagel seasoning		Corn Flakes Cereal, fresh sliced banana		Cheesey Egg Bites	
Lime Cilantro Chicken, yellow rice, squash & zucchini, pico de gaio		4 Cheese Ravioli, Tomato-Basil Marinara Sauce, broccoli florets		Peruvian Chicken Thighs, Roasted Marble Potatoes, green aji sauce		Eggroll in a Bowl, ground turkey, hoisin sauce, roasted cabbage		Chile-Agave Chicken, squash & corn calibacitas, cilantro-lime yogurt	
Spinach-Artichoke Dip, ritz crackers		Banana Split Surprise!		Cheesey Brazilian Bread, guava paste		No Bake Banana Cream Pie Tartlets		Summertime Limeade Cupcakes, cheddar cheese cubes	
31		1		2		3		4	
Mini Bagel, Cream Cheese & turkey bacon		Cinnamon Apple Sauce, chic sausage		Tropical Fruits Smoothie with Greek Yogurt & Agave		Sunbutter & Berry Jam Sourdough Toast		Apple Dippers with Sun Butter	
Vanilla Coconut Yogurt Parfait, crunch granola & fresh fruit		Buttermilk Biscuit, Maple Butter		Strawberry-Rhubarb Oatmeal Crumb Bars		Roasted Tomato & Parmesan Cheese Egg Bites		French Toast Sticks, Maple Syrup	
Chicken Souvlaki, warm pita, couscous, tzatziki sauce		Sticky Garlic Chili Salmon, coconut rice & cabbage		Potato Gnocchi, Basil Pesto, roasted cherry tomatoes & ciligliene mozzarella		BBQ Turkey Meatloaf, yukon mashed potatoes, buttered corn		Jerk Chicken Thighs, Jasmine Rice & Beans, Peppers & Onions	
Oatmeal-Cornflake Delights		Whipped Vanilla Greek Yogurt Dip, whole wheat alphabet crackers		Chef Cindy's Peach Surprise!		Pimento Cheese Dip, ritz crackers & turkey pepperoni		Mini Turkey Corndogs, Ketchup	

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