



Morning Worship

February 1, 2026

Seeking to glorify God in all things through His son Jesus Christ.

Worship Service 10:30am

Metropolitan Baptist Church warmly welcomes our visitors today. If you are visiting with us, please fill out the card located in the pew/rack and place it in the offering plate so we can get to know you better.

Call to Gather	“Abba Father”	#81
Welcome / Announcements	Pastor Steve	
Church in Confession	Pastor Jack	
Call to Worship	John 6:51-58	
Communion Hymn	“Come to the Table”	#464
Communion Hymn	Pastor Jack/Deacons	#324
Congregational Songs of Praise	Praise Team	
Psalm Reading	Psalm 105	
Church in Prayer	Pastor Jack	
Offering /Offertory	Children Dismissed for Children’s Church	
Preparation Hymn	“This Is My Father’s World”	#143
Scripture	Romans 1:18-23	
Message	Saved From What?	Pastor Jack
Closing Song	Praise Team	
Benediction	Psalm 90:16-17	

For Your Convenience...
There is Nursery available for parents with small children.
Thanks to this week’s Volunteers - Myndi F., Josh & Marissa S.
Next Week’s Volunteers - February 8 - Kristen M., Heldur & Kathy H.
Children’s Church Volunteer Today - Patsy Souter & Emma B.
Thank you for silencing your cell phones during the Worship Service.
Quiet Bags are hanging in the library next to the video rack.

The Church in Prayer


NCA Pastors and Ministries of the Week
Ashley Baptist, Ashley, ND
Jason (Kris) Haas, Pastor

MBC Supported Missions

Brandon & Marci Jones - NAB Missionaries in Brazil - Brandon and Marci joined the NAB missionary team in Brazil in 2018. Brandon holds a PhD in Theological Studies and enjoys teaching theology and ethics at the seminary. Brandon also serves as director of Kairos Brazil. Marci handles promotions and media for the mission work at the seminary and with Kairos. They have three children: Daniel, Monica, and Olivia. Pray for God’s guidance and wisdom as they seek to expand into new partnerships; pray as well for Marci as she continues to work toward her master of Divinity degree.
For more information go to: nabonmission.org/missionaries/brandon-marci-jones

Perry Center - The purpose of the Perry Center is to minister the love of Jesus Christ to single women experiencing an unplanned pregnancy by providing for their physical, emotional and spiritual needs in a residential setting. The Perry Center is a quiet, reflective place with counselors experienced in helping to guide women in crisis pregnancy situations. The Perry Center is licensed annually by the ND DHS. Praise for the presentation from Nate Douglas during Missions Conference.

NAB Missionary of the Week



Paul & Tanya Gericke
NAB Missionaries in Romania
After more than a decade of living in Romania to help establish Camp Falcon Rock as a destination for students, churches, and leaders to be educated about spiritual, emotional, and physical health, Paul & Tanya completed their tenure as NAB missionaries at the end of January 2026. Paul will be continue helping with ministry transition for a while. Pray for their transition, as well as for the team in Romania, most of whom are Romanian nationals.
For more information go to: nabonmission.org/missionaries/paul-tanya-gericke

Youth News


Upcoming Youth Events

Sat., February 7th - Youth Group - Bowling & Pizza
Meet at Sunset Lanes in Moorhead - 6-8pm

February 22nd - Youth Group - 5-7:30pm
Location TBD

Watch your emails for details

MBC Family & Friends:
Please consider hosting a
Youth Group Supper
Sunday evenings, 5:00 - 7:30pm.
A schedule is posted on the
Youth Bulletin Board
for the opportunity to sign up.
Thank You!!



“Change to Make a Change”
The Youth Group Missions Donation Box is located in the back of the sanctuary. Drop your spare change or donations in the box to help us make a change in the world through missions; for future Youth Mission trips.
Every penny

Prayer & Praise Items

“First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people.”
I Timothy 2:1 ESV

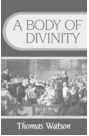
- Pray for **Cameroon** due to the civil unrest that continues. Pray for God to bring peace to the country.
- Pray for the **Russia-Ukraine** conflict. Pray for peace.
- Pray for **Israel**. God’s will be done. Pray for peace and rebuilding.
- Pray for the **leadership** of our country, state, and city. May they see their need for a Savior and seek Him!
- Continue to pray for salvation** for all those we know who need the Lord; family members, friends, co-workers, and neighbors.
- Continue in prayer for those in our church family, and others, facing health issues: **Morris Peterson, Arlene Franchuk, Sherry Buchholz, Gail Biby, Larry Crooks, Arlene Palm, Karen Parrott, Ron Parrott, Kevin Preston, Jacque Ulstad, Darlene Wahl, Linda Moser, Darlene Wahl, Bob Weier, Glenn Burrell, Steven Kieffer, and Joan Frey.** Pray for peace, comfort, continued strength, and healing in each of their circumstances.

MBC Church Family Praise

- Praise! **Karen Parrott** is doing well following hip replacement surgery on January 2nd. She was at home, with home healthcare nurse, PT and OT each visiting to encourage recovery. She felt blessed to have had such services during this time of year.
- Praise! **Austen Tryfyer, Tom & LoRae Rakoczy’s son-in-law,** is doing well and went back to work after experiencing irregular heartbeats recently.

Announcements

★ ★ *The 2026 Church Directories are available at the Resource Center* ★ ★



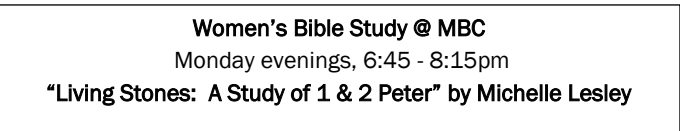
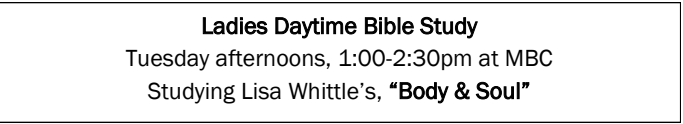
Men’s Reading Group
Monday evenings, beginning February 9th - 6:30pm @ MBC
reading through **Thomas Watson’s**
“A Body of Divinity”
Sign up is available at the Resource Center

There are still months available for **Caring Person 2026** - sending cards for Birthdays, Anniversaries, Member/Family of the Week, encouragement, etc.
If you have questions, ask Arlette Buegel, Camille Heuer, or Sue Mavis
Sign up is available at the Resource Center

Thank you, Church Family, for your prayers, your meals, your gift cards and your notes of encouragement. How very blessed I am for your thoughtfulness. I am feeling well & have progressed with Ron’s help and the help of home healthcare.
Thank You! **Karen Parrott**


Announcements Continued

Awana® **Leaders and/or Listeners Needed - see Janet Kirsch**



2026 Feed My Starving Children, FargoMobile Pack
February 22nd - 28th at the Red River Valley Fairgrounds
To Volunteer or Donate go to **<https://fargopack.org>**
which began December 11th

Please register yourselves; as a family, group or individual

The logo for Feed My Starving Children, featuring the text "FEED MY STARVING CHILDREN" in a bold, sans-serif font, with a stylized illustration of two children holding hands to the right.

Upcoming Events at Park Christian School:

- **Kindergarten Exploration Days** - Jan. 22nd, Feb. 19th, and March 10th - hands on events for incoming kindergarten students and their parents. 5-6 pm
- **Preview Days** - February 26, March 26, April 21, and May 7 - current 1st-11th graders can come shadow a student for the morning; 8:30-11:00 am
See postings on the entryway bulletin board for more details.

There are Registration Forms/Flyers from **Crystal Springs Baptist Camp** at the Resource Center for the following **2026 Winter Retreats:**

Arctic Blast - 4th & 5th Graders - **February 20th-21st**, reg. due 2/6

Crafting Retreat - **March 6th-8th** reg. due 2/20

Winter SOULstice - 6th - 8th Graders - **March 13th-15th**, reg. due 2/26

Taste the Heat, Feel the Heart - Come celebrate **Giving Hearts Day** as Jail Chaplains, Amistad Worldwide, Child Evangelism Fellowship, and FCA ND host the **10th Annual Battle of the Churches Chili Cook Off** on **Thurs. Feb. 12th**
5:00 - 7:30 PM at Bethel E Free Church
2702 30th Ave. S., Fargo
Live entertainment, kids games, and door prizes. Enjoy a FREE bowl of chili (hotdog meal available) at this open house event and support these four Christian ministries. Please join them for this fun evening.

Requests for **Summer Camp Scholarships for Crystal Springs Camp** need to be turned in to the CE Board by **Sunday, April 26th**. Forms are available from the church office and should be placed in the CE mailbox in a sealed envelope.

This Week

	<u>Today</u>
9:15 am	Fellowship
9:30 am	Sunday School
10:30 am	Morning Worship

Monday, February 2
6:45pm Ladies Bible Study

Tuesday, February 3
1pm Ladies Bible Study
6:30 pm O&E Board Meeting

Wednesday, February 4
6-6:25 pm Awana Check-in
6:25-7:40 pm Awana

Metropolitan Staff

Jack Bluel Senior Pastor
Steve Burrell Associate Pastor
Nancy Harsch Worship Coordinator
Neal & Erica Anderson Youth Coordinators
Sue Mavis Administrative Assistant
Sue's Office Hours: Tues.-Fri 8:30am-3:00pm

Attendance & Giving

Avg. Attendance for January	93
Amount Needed Weekly	\$5,820
January 18, 2026	\$0
Online week of 1-18-2026	\$20
January 25, 2026	\$5,996
Online week of 1-25-2026	\$1,193

**Are you continuing to read the MBC
Evangelism & Outreach Minutes?**

Watch your email,
weekly on Tuesday mornings,
for an inspiring, short thought to
motivate and enhance your witness.
“One Thing You Can’t Do In Heaven . . .”

Pastor Steve's part time office hours:
Tuesday - Thursday
9:00am - 1:30pm

Upcoming Events

February 2026

1 - Communion
3 - O & E Board Meeting
10 - Board Meetings
12 - MBC Prays
12 - Giving Hearts Day
20-21 - Arctic Blast Retreat @ CSBC

March 2025

1 - Communion
3 - O&E Board Meeting
6 - Awana Grand Prix
6-8 - Crafting Weekend @ CSBC
13-15 - Winter SOULstice @ CSBC
10 - Board Meetings
12 - MBC Prays
29 - Colloquium with Pastor Jack
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Morning Prayer - 9am - Chapel  
Next Meeting February 22, 2026

## Recognitions

## Birthdays

Jan Friez (Today)  
Miatta Taylor (Monday)  
Dan Meckle (Thursday)  
Waltraut Wolff (Thursday)  
Bethany Mehl (Friday)

### Family of the Week

Cal &amp; Jewel Wolhart

**Caring Person for February**  
Ruth Welbert

Ruth Wolman

## 2:42 Groups

| February      |         |          |
|---------------|---------|----------|
| Thurs. Feb. 5 | 6:00pm  | Wolff    |
| Sun. Feb. 22  | 12:30pm | Svaleson |



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*Romans 1:18-23*



*February 1, 2026*