



Morning Worship

August 9, 2026

Seeking to glorify God in all things through His son Jesus Christ.

Worship Service 10:30am

Metropolitan Baptist Church warmly welcomes our visitors today. If you are visiting with us, please fill out the card located in the pew/rack and place it in the offering plate so we can get to know you better.

Call to Gather	“Praise the Name of Jesus”	#22
Welcome / Announcements	Pastor Steve	
Evangelism Moments	Pastor Steve	
Church in Confession	Bill Savage	
Call to Worship	2 Samuel 22:2-3	
Congregational Songs of Praise	Praise Team	
Psalms Reading	Psalm 121	
Church in Prayer	Pastor Jack	
Offering /Offertory		
Preparation Hymn	“I Need Thee Every Hour”	#638
Scripture	Romans 7:13-25	
Message	The Turmoil Within	Pastor Jack
Closing Song		Praise Team
Benediction	Hebrews 4:14-16	

For Your Convenience...
There is Nursery available for parents with small children.
Thanks to this week’s Volunteers -Myndi F., Kathy H., Heldur H.
Next Week’s Volunteers -August 16-Arlette B., Janet M., Ellie M.
No Children’s Church for the Summer Months
Thank you for silencing your cell phones during the Worship Service.
Quiet Bags are hanging in the library next to the video rack.

The Church in Prayer

NCA Pastors and Ministries of the Week
First Baptist, Mercer, ND: Paul (Stella) Stout, Pastor

MBC Supported Missions

Shan Reed - NAB Missionary to Japan / Mobilization Director -

Shan began serving as a long-term missionary in Japan in 2001, working in church planting, evangelism, and women’s and youth ministries with the Japan Baptist Conference. She ended her time as an NAB missionary at the end of 2025, but she began a new role in September as the Mobilization Director, working with regional ministers, churches, and individuals to cultivate a culture of sacrificial sending and meaningful partnership in global missions.

Pray for Shan as she continues to visit supporting churches and shares about her new role, which still requires the financial support of partners.

For more information go to: nabonmission.org/missionaries/shan-reed

Cru (Todd & Kamaya Singer)- Cru offers spiritual guidance, resources and programs tailored for people from all cultures in every walk of life through many diverse outreaches. Todd and Kamaya joined CRU full time in 2011. They believe college students are at a place that is very vulnerable with so many things fighting for their hearts and minds...also believe that college is the perfect time to give them an opportunity to know Jesus. Currently they work with college students on campuses in and around Grand Forks.

NAB Missionary of the Week



Dr. Rick & Debbie Bardin
NAB Missionaries in Cameroon

Rick and Debbie have been serving as medical missionaries for nearly their entire careers, but they didn’t start serving at Mbingo Baptist Hospital in Bamenda, Cameroon, until 2010. Rick is a board-certified medical doctor in Internal Medicine and Pathology, and Debbie is a staff nurse. She takes great joy in praying with her patients and talking with them about Jesus. Pray the patients at Mbingo to be able to get to the hospital for the care they need and for the light of Christ be evident to all.

For more information go to: nabonmission.org/missionaries/dr-rick-debbie-bardin

Youth News

Upcoming Youth Events

Sunday, August 16th
Youth Group- 5-7:30pm @ The Anderson’s

SAVE THE DATE~MBC Youth Missions Trip Bazaar and Garage Sale
Friday, October 30 & Saturday, October 31
The Youth Group will be having a Garage Sale/Bazaar to raise funds for their upcoming Missions Trip in 2027. More details to come.

Prayer & Praise Items

“Rejoice in hope, be patient in tribulation, be constant in prayer.”
Romans 12:12 ESV

- Pray for **Cameroon** due to the civil unrest that continues. Pray for God to bring peace to the country.
- Pray for the **Russia-Ukraine** conflict. Pray for peace.
- Pray for **Israel, and the Middle East**. God’s will be done. Pray for peace.
- Pray for the **leadership** of our country, states, and cities. May they see their need for a Savior and seek Him!
- Continue to pray for salvation** for all those we know who need the Lord; family members, friends, co-workers, and neighbors.
- Pray for **Perry Kallis**. Pastor Steve and LeAnn’s brother-in-law, his brain cancer has returned and he has been given approximately 3-5 months to live. Pray for healing and for the family as they prepare for the future.
- Pray for **Cindy Savage** as she is at home recovering from knee surgery. Pray for comfort, healing, a quick recovery, and that the pain will be manageable.
- Pray for **Nancy Harsch** as she is at home recovering from hip surgery. Pray for comfort, healing, a quick recovery, and that the pain will be manageable.
- Pray for **Gardner McKeon and family** as they grieve the loss of Gardner’s mother Barb. Pray for comfort and peace as they walk through this loss. Also, for guidance on what the future looks like for his father Tom.

Continue in prayer for those in our church family, and others, facing health issues: **Morris Peterson, Arlene Franchuk, Sherry Buchholz, Gail Bibby, Janet Kirsch, Arlene Palm, Ron Parrott, Darlene Wahl, and Joan Frey.** Pray for peace, comfort, continued strength, and healing in each of, their circumstances.

Announcements

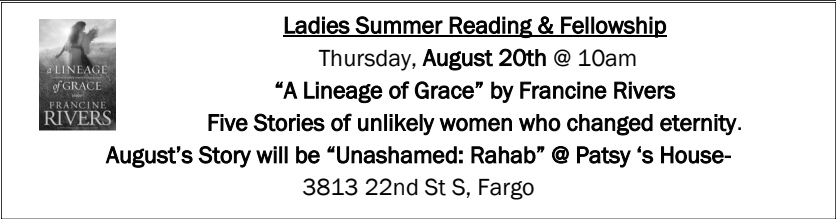


“Mondays in the Summer”
Men’s Reading Group
Monday, **August 10th** -6:30pm @ MBC
reading through **Thomas Watson’s**
“Heaven Taken by Storm”



“Conversational Evangelism Huddle”
Wednesday, August 19th
Food and Fellowship at 6:30pm
Gathering from 7:00-8:00 pm

Announcements Continued



 AWANA Registration
August 26th ~ 6:30 - 8 pm ~ MBC Gym
 The first night of AWANA ~ **September 2nd**
 6-6:25pm - Check-in
 6:25pm - Club Begins

Leaders and/or Listeners Needed - contact Janet Kirsch if you are interested in helping with AWANA.

Registration Forms available at the Resource Center



2:42 Groups

The new 2:42 groups will be starting in September. For anyone who is interested in hosting a group, please contact Pastor Steve. The group meets when you would like, where you would like, and can begin when you choose.

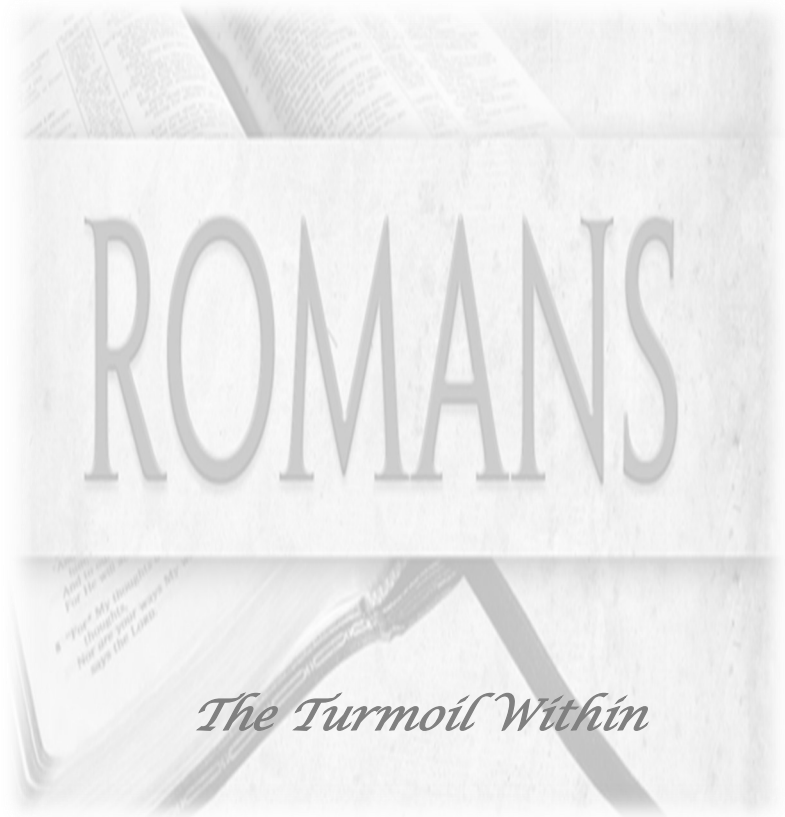
There will be a sign up sheet for the new groups next week in the foyer.

This Week

Avg. Attendance for August	75
Amount Needed Weekly	\$5,820
July 26, 2026	\$4,311
Online Week of 07-26-2026	\$1,020
August 2, 2026	\$6,237
Online Week of 08-02-2026	\$99

Upcoming Events

Patsy Souter



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