



Morning Worship

October 19, 2025

Seeking to glorify God in all things through His son Jesus Christ.

Worship Service 10:30am

Metropolitan Baptist Church warmly welcomes our visitors today. If you are visiting with us, please fill out the card located in the pew/rack and place it in the offering plate so we can get to know you better.

Call to Gather	“Rise Up, O Church of God”	#433
Welcome / Announcements	Pastor Steve	
Church in Confession	Bill Savage	
Call to Worship	Psalm 103:8-13	
Congregational Songs of Praise	Praise Team	
Psalm Reading	Psalm 91	
Church in Prayer	Pastor Jack	
Offering /Offertory	Children Dismissed for Children’s Church	
Preparation Hymn	“Revive Us Again”	#434
Scripture	Luke 5:15-16	
Message	Pastor Jack The Rhythm of Jesus	
Closing Song	Praise Team	
Benediction	Matthew 11:28-29	

For Your Convenience...
There is Nursery available for parents with small children.
Thanks to this week’s Volunteers - Nancy H., Jared & Kristen M.
Next Week’s Volunteers - October 26 - Myndi F., Abbie B., Myndi F.
Children’s Church Volunteer Today - Jennifer Kastl
Thank you for silencing your cell phones during the Worship Service.
Quiet Bags are hanging in the library next to the video rack.

The Church in Prayer

NCA Pastors and Ministries of the Week
NCA Meetings
Immanuel Baptist Church, Beulah, ND
October 25th

MBC Supported Missions
Shan Reed - NAB Missionary to Japan / Mobilization Director -
Shan began serving as a long-term missionary in Japan in 2001, working in church planting, evangelism, and women’s and youth ministries with the Japan Baptist Conference. She will be ending her timing as an NAB missionary at the end of this year, but she began a new role in September as the Mobilization Director, working with regional ministers, churches, and individuals to cultivate a culture of sacrificial sending and meaningful partnership in global missions.
Pray for Shan as she continues to visit supporting churches and shares about her new role, which still requires the financial support of partners.
For more information go to: nabonmission.org/missionaries/shan-reed

Cru (Todd & Kamaya Singer) - Cru offers spiritual guidance, resources and programs tailored for people from all cultures in every walk of life through many diverse out-reaches. Todd and Kamaya joined CRU full time in 2011. They believe college students are at a place that is very vulnerable with so many things fighting for their hearts and minds...also believe that college is the perfect time to give them an opportunity to know Jesus. Currently they work with college students on campuses in and around Grand Forks.

NAB Missionary of the Week
**Maureen Moody**
NAB Missionary to Cameroon
Maureen has served as a missionary to the people of Cameroon in a variety of capacities throughout the years, much of the time alongside her husband, Craig. Though they moved back to Canada last year, Maureen continues to serve remotely in the role of field director for Cameroon. Pray for Maureen as she tackles the role of field director from half a world away. Pray as well for the nation of Cameroon, as they held a presidential election on October 12 while still in the midst of a multi-year conflict.
For more information go to: nabonmission.org/missionaries/maureen-moody

Youth News

MBC Family & Friends:
Please consider hosting a
Youth Group Supper
Sunday evenings, 5:00 - 7:30pm.
Or . . . To provide a **course for the**
Christmas Progressive Dinner - Dec. 13th
A schedule is posted on the
Youth Bulletin Board
for the opportunity to sign up.
Thank You!!



~ Upcoming Youth Events ~

October 26th - 5:00 - 7:30pm - at Church

Watch your emails for details



“Change to Make a Change” The Youth Group Missions Donation Box is located in the back of the sanctuary. Drop your spare change or donations in the box to help us make a change in the world through missions; for future Youth Mission trips.
Every penny helps!! **Thank You!! MBC Youth Group**

Prayer & Praise Items

“Continue steadfastly in prayer, being watchful in it with thanksgiving.”
Colossians 4:2 ESV

- Pray for **Cameroon** due to the civil unrest that continues. Pray for God to bring peace to the country.
- Pray for the **Russia-Ukraine** conflict. Pray for peace.
- Pray for **Israel**. God’s will be done. Pray for peace and rebuilding.
- Pray for the **leadership** of our country, state, and city. May they see their need for a Savior and seek Him!
- Continue to pray for salvation** for all those we know who need the Lord; family members, friends, co-workers, and neighbors.
- Continue in prayer for those in our church family, and others, facing health issues: **Morris Peterson, Arlene Franchuk, Sherry Buchholz, Gail Biby, Larry Crooks, Arlene Palm, Karen Parrott, Ron Parrott, Kevin Preston, Jacque Ulstad, Darlene Wahl, Waltraut Wolff, Elmer Ackerman, Tammy Bluel, Glenn Burrell, Steven Kleffer, and Joan Frey.** Pray for peace, comfort, continued strength, and healing in each of their circumstances.
- Continue in prayer for those affected by recent tragedies: **flooding in Texas, hurricanes on the east coast, school shootings, the police shootings in Pennsylvania, and Charlie Kirk’s assassination.**
- Pray for the **MBC’s Fall Activities**: AWANA, Sunday School classes, Bible Studies, Holiday Food For Families . . .
MBC Church Family Praise
- Praise** for the release of the hostages in the Middle East!

Announcements

October - Pastor Appreciation Month has been set aside for congregation members to prayerfully reflect on the many blessings bestowed on them including the spiritual guidance, godly leadership, inspiration, and encouragement provided by their pastoral staff and their families. Please take an opportunity this month to show your appreciation to each of your dedicated Pastoral Staff: Pastors Jack and Steve. *From Your Deacon Board*

1 Tim 5:17 (NKJV) *Let the elders who rule well be counted worthy of double honor, especially those who labor in the word and doctrine.*

“Mondays in the Summer”
Men’s Reading Group
Monday, October 20th - 6:30pm
reading through J.I. Packer’s book, **“A Quest For Godliness.”**
Chapter 15



Monday Evening Ladies Bible Study
6:45-8:15pm - Bible Study based on the book
“Job : A Story of Unlikely Joy” by Lisa Harper

Tuesday Afternoon Ladies Bible Study
Tuesdays, 1:00-2:30pm at MBC
Studying Margaret Feinberg’s **“The God You Need to Know”**

