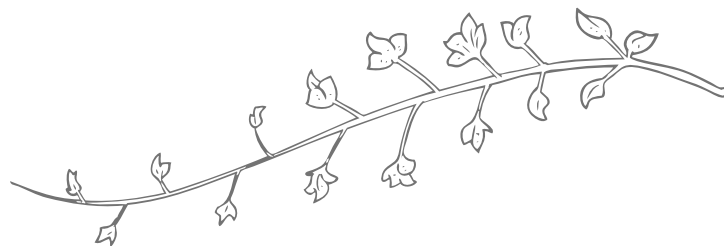


Executive Training Menu

Country Rhodes Catering





PREMIUM LUNCH MENUS

Mediterranean

Mains:

Lamb Gyro
Mediterranean Chicken
Falafel

Vessels:

Naan
Pita Chips

Sides & Toppings:

House Garbanzo Bean Hummus
Roasted Red Pepper Hummus
Quinoa Salad
Tossed Salad (w/dressings)
Tzatziki
Pickled Red Onions
Sliced Tomatoes
Sliced Cucumbers

Dessert:

Lemon Cream Cake

Mexican

Mains:

Beef Birria
Pollo Asado
Pork Carnitas

Vessels:

Tortillas
Tortilla Chips
Cilantro Lime Rice

Sides & Toppings:

Queso
Pico
Corn Pico
Black Beans
Shredded Lettuce
Guacamole
Sour Cream
Limes
Fresh Cilantro

Dessert:

Cinnamon Sugar Churro
w/Cream Cheese Filling

Asian

Mains:

Korean Beef Bulgogi
Salt & Pepper Chicken

Vessels:

White Rice
Kimchi Fried Rice

Sides & Toppings:

Korean Slaw
Edamame
Beef Spring Rolls
Veggie Spring Rolls
Teriyaki Broccoli
Korean BBQ Sauce

Dessert:

Dubai-Style Chocolate Torte



BREAKFAST MENUS

All Breakfast Menus include:

Fruit Medley

Assorted Pastries

Apple, Orange, & Cranberry Juice

Menu #1:

Scrambled Eggs

Thick-Cut Bacon

Vegan Meatless Patty

Seasoned Home Fries

Menu #2:

Scrambled Eggs

Hand Battered Chicken

Belgian Waffles

Sliced Kielbasa Sausage

Vegan Meatless Patty

Menu #3:

Quiche Lorraine

Quiche Florentine

Oatmeal Station:

Oatmeal

2%, Almond, & Oat Milk

Brown Sugar

Walnuts

Cranberries

Almond Butter

Peanut Butter

Yogurt Station:

Strawberry Yogurt

Greek Plain Yogurt

Diced Strawberries

Blueberries

Honey Oat Granola

Mini Chocolate Chips

Sliced Almonds

Honey



HORS d'OEUVRES MENUS

Menu #1:

Appetizers:

Sweet Chili Grilled Chicken Bites

Hot Honey Cheese Balls

Dill Pickle and Cream Cheese Bombs

Falafel

Fresh:

Veggie Cups

Fruit Kabobs

Sweets:

Cheesecake Bites

Mini Cake Bites

Menu #2:

Appetizers:

Boneless Chicken Wings w/Dipping Sauces

Hot Honey Cheese Balls

Cheddar Sour Cream & Chive Potato Bites

Falafel

Fresh:

Veggie Cups

Fruit Kabobs

Sweets:

Cheesecake Bites

Mini Cake Bites

Coffee Bar Tiers

Tier 1	Tier 2	Tier 3
Drinks: Medium Roast Coffee Decaf Coffee Iced Water Hot Water Tea Bags (Earl Grey, Green) Creamers: 2% Milk, Oat Milk Half 'n' Half, French Vanilla Creamer Syrups: Salted Caramel, SF French Vanilla Flavorings: Honey Matcha Sugar Packets (Granulated, Sugar in the Raw, Splenda Sweet'n Low) Garnishes: Whipped Cream Lemon Slices	Drinks: Medium Roast Coffee Decaf Coffee Iced Coffee Iced Water Unsweet Iced Tea Hot Water Tea Bags (Earl Grey, Green, Chai, Lemon/Ginger, Peppermint, English Breakfast) Creamers: 2% Milk, Almond Milk, Oat Milk, French Vanilla Creamer, Half 'n' Half Syrups: Salted Caramel, Hazelnut, SF French Vanilla, Brown Sugar, Toasted Marshmallow Flavorings: Honey Matcha Sugar Packets (Granulated, Sugar in the Raw, Splenda Sweet'n Low) Garnishes: Whipped Cream Cinnamon & Nutmeg Lemon Slices Cold Foam (Sweet & Creamy, Caramel Macchiato) Sauces (Caramel, White Chocolate, Dark Chocolate)	Drinks: Medium & Dark Roast Coffee Decaf Coffee Iced Coffee Iced Water Unsweet Iced Tea Hot Water Hot Chocolate Packets Tea Bags (Earl Grey, Green, Chai, Lemon/Ginger, Peppermint, English Breakfast) Creamers: 2% Milk, Almond Milk, Oat Milk, French Vanilla Creamer, Half 'n' Half, Seasonal Creamer Syrups: Salted Caramel, Hazelnut, SF French Vanilla, Brown Sugar, Toasted Marshmallow, Seasonal Syrup Flavorings: Honey Matcha Sugar Packets (Granulated, Sugar in the Raw, Splenda Sweet'n Low) Garnishes: Whipped Cream Cinnamon & Nutmeg Mini Marshmallows Lemon Slices Cold Foam (Sweet & Creamy, Caramel Macchiato, Seasonal) Sauces (Caramel, White Chocolate, Dark Chocolate) Snacks: Biscotti Shortbread



SNACK BAR MENU

Breakfast:

Assorted Muffins
Assorted Danishes
Assorted Scones
Bagels
Donut Holes
Coffee Cake
Granola Bars
Greek & Strawberry Yogurt Cups
Açaí Bowls

High Protein:

Smoked Salmon Bites
Curated Charcuterie Platter
Charcuterie Cups
Premium Energy Bars
Fresh Sushi Rolls
Peanut Butter Protein Balls

Sweet:

Fresh Fruit Cups
Fresh Fruit Tray
Cheesecake Bites
Mini Cake Bites
Shortcake Cookies
Coconut Macaroons
Gourmet Chocolate Truffles
Cookies

Savory:

Artisan Cheese Board
Hot Honey Cheese Balls
Dill Pickle and Cream Cheese Bombs
Falafel
Trail Mix
Mixed Nuts
Snack Bag Chips
Popcorn
Pretzels